

Track & Field Bible

2021 Edition

2021 DI OHSAA State 4 X 100 Relay Champions

Orlando Wyatt, Tyreeq Sanders, GiBran Payne, Koy Beasley



Photo by Geoff Blankenship for *The Enquirer*

La Salle fielded its first Track & Field team in 1963. For 58 years, no 4 X 100 Relay team had ever qualified to the state finals. The foursome pictured above is the first.

By qualifying to state, they became the 17th event which qualified to state for the Lancers. They go now in La Salle lore as the ones who gave the Lancers this historic feat. Thanks to this group of Orlando Wyatt, Tyreeq Sanders, GiBran Payne, and Koy Beasley, La Salle has now qualified to state in all 17 track and field events since 1963 when La Salle fielded its first Track & Field team.

Here is the list of the first Lancers to qualify to State in each event:

4 x 800 Relay, 1993, Dean Fulmer, Mike Thoman, Scott Sievering, Doug Bockenstette

110 Hurdles (39"), 2011, Rodriquez Coleman

100 Dash, 1988, Lee Heath

4 x 200 Relay, 2011, Devon Steagall, Antonio Nelson, Jaleel Hytchye, Rodriquez Coleman

1600 Run, 1987, Dave Gunn

4 x 100 Relay, 2021, Orlando Wyatt, Tyreeq Sanders, GiBran Payne, Koy Beasley

400 Dash, 1996, Johnny Ditullio

300 Hurdles (36"), 2011, Rodriquez Coleman

800 Run, 1998, Chris Hoeffer

200 Dash, 2007, Devier Posey

3200 Run, 1986, Dan Fulmer

4 x 400 Relay, 2011, Devon Steagall, Jaleel Hytchye, Rodriquez Coleman, Ethan Bokeno

Discus Throw, 1984, Jerry Slageter

Shot Put, 1989, Mike Berwanger

Pole Vault, 1989, Mike Albrinck

High Jump, 1994. Tommy Dodd

Long Jump, 2001, Scott Hudepohl

Ode to Coach Toby Dirr

George “Toby” Dirr was a founding father of La Salle track and field. He was an assistant coach under Ron Rieman from 1963-1965 before he became the head coach for the two years I ran varsity in 1966 and 1967. Here are some of my memories of Coach Dirr during his two year stretch as my head coach.

My senior year an issue of my eligibility came up and I was crushed because I thought I would not be able to compete my senior year. Coach Dirr found a way to take care of it and I ended up being able to compete thanks to Coach Dirr. Toby would do anything to help you with any issue that came up.

We had a lot of dual and tri meets, and Toby spent his own money to buy ribbons for us when we got back to school the next day after the meet. He had blue, red, and white ribbons. I still have some of them today. Toby always had ideas to make an individual feel important.

My senior year, I got second at the district meet and got a silver medal which Toby took to Effler Jewelers in Mt. Healthy and had it engraved with my name, event and time. The next day at school teammates were wondering what it looked like and I was wearing it around my neck, so I showed them; and they laughed saying that the medal was my God. Actually, it was Toby I was honoring. There was nothing Toby wouldn’t do for those who came into contact with him.

My junior year, we had some decent distance runners and both the varsity and reserves were second at the league cross country meet that year. I ran on some medley relays at the Harrison Relays and we got medals in two of them. The next practice, Toby came out the side door just as we were starting our warmup lap around the school and bellowed, “let’s have some of you medal winners up front”. Toby was always trying to recognize and call attention to us when we achieved something.

After an opening warmup lap and calisthenics as a group, Toby would talk to the whole team before we broke up into event groups. Once he asked me what my time was in the 440 yard dash as a freshman, I said 69 seconds. I was running relay splits in the low 50s at that time. Toby thought the improvement was impressive, so he told George Ginn who was coaching the freshmen at the time about it and Coach Ginn told the freshmen how not to get discouraged, that you could get better with hard work using me as an example. Toby was always on the alert to call out guys on the team who could inspire teammates to do more to get better.

We would have a lot of dual and tri meets which we went to right after school. One time Toby set up a tri meet at Greenhills with Boone County at night. He organized a meal for us right after school. On the bus Toby said he didn’t want to hear a peep out of us on the way to the meet. I never rode on a bus to a meet that was absolutely total silence. After the meet, Toby jumped on the bus and shouted, “Greenhills had you beat in the distance and Boone County had you beat in the sprints, but you won it on a team effort”. “Let’s hear it for the Lancers” After the silence of the tomb on the way to the meet, we were whooping it up on the way back. Toby was a master at inspiring people to give their best effort.

Toby’s sense of humor was legendary. You could never tell if he was serious or joking. At our inaugural meeting for the track season, someone asked Toby about the straightaway cinder track that was installed on the west side of the field. Toby claimed that we had the GCL championships for that season. Every year, they were held at Roger Bacon on their cinder track. We were stunned and didn’t realize at first Toby was kidding. Then that contagious smile lit up his face and we knew he was at his usual best as a jokester.

Toby Dirr may have left us to earn his just reward, but his legacy will never die. His footsteps will continue to echo in our hearts in the years ahead as we treasure the memories of the time we were privileged to be with him.

Ode to Coach Frank Russo

It was the summer of 1983 and Frank Russo was interviewing at La Salle high school for the position of head cross country coach. A recent graduate of Ohio State University, he had sent out feelers to schools about teaching/coaching and La Salle had called him in for an interview. The interview seemed to go well but Frank was given the standard answer about contacting him later with a decision. Frank proceeded to the parking lot. The powers that be at La Salle realized that a candidate like Russo didn't come along every day and decided based on his background to make a move before someone else could. Russo had made the top seven in cross country at Ohio State all four years he was there and was elected captain of the team his senior year. In 1978, he had finished fourth at the Ohio high school state championships leading the Colerain team to its first ever state title in any sport. The decision had been made and Frank Russo would drive what he would later refer to as the Big Red Express. The AD at the time, Bob Kruger, would refer to Frank as the Knute Rockne of Track and Field. Russo would become head track & field coach in 1985 and La Salle was on its way to becoming a city, state, and even national power in both cross country and track and field.

To show the enormity of what Coach Russo accomplished, you have to look at what La Salle Track & Field was when he arrived on the scene. Here are all the La Salle coaches, their number of years as head coach and their winning percentages: Ron Rieman (3), 32%, George Dirr (2), 6%, David Fairchild (2), 41%, Norbert Buller (3), 43%, Ken Barlag (8), 61%, Mike Page (3), 65%, Dan Flynn (2), 49%, **FRANK RUSSO (34), 87%.**

The success La Salle achieved under Russo's guidance was not only unimaginable in La Salle's history but unparalleled in league history. After the GCLS was formed in 1992, the mighty Lancers won more titles than all the other schools combined. Before Russo, seven coaches won one GCL championship, with Russo they won twenty. Before Russo there were no district, city, regional, or state titles while Russo would lead them to eighteen district wins, twelve city titles, three regional championships, one state runner-up and two state championships in track and field. In cross country before Russo, La Salle had not won a single championship. Under Russo's leadership they won eight league and city titles, eleven district championships, seven regional titles, five state runner-ups, and two state championships.

Now that Frank Russo has moved on to other challenges, it is long overdue to memorialize everything he did at La Salle high school in both cross country and track and field. He will go down as the greatest coach ever at La Salle in any sport. In his last year at La Salle, he was justifiably inducted into the State Hall of Fame and goes down for what he accomplished at La Salle as one of the greatest coaches not only in the history of La Salle but also the entire state of Ohio.

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TRACK & FIELD TEAM RECORDS

<u>Year</u>	<u>Coach</u>	<u>Meet Record</u>	<u>GCL Finish</u>	<u>District Finish</u>	<u>Regional Finish</u>	<u>State Finish</u>
1963	Ron Rieman	30-32	Third	Fifteenth	--	--
1964	Ron Rieman	13-52	Fourth	Seventeenth	--	--
1965	Ron Rieman	27-64	Fifth	Eighteenth	--	--
1966	George Dirr	40-46-1	Fourth	Twelfth	--	--
1967	George Dirr	27-56	Sixth	Seventh	--	--
1968	David Fairchild	45-58-2	Fifth	Seventh	--	--
1969	David Fairchild	52-77-2	Sixth	Fourteenth	--	--
1970	Norb Buller	63-41	Seventh	Tenth	34th	59th
1971	Norb Buller	41-32-2	Third	Fifth	20th	59th
1972	Norb Buller	9-75	Sixth	Ninth	42nd	--
1973	Ken Barlag	23-22-1	Fourth	Third	32nd	--
1974	Ken Barlag	53-21	Third	Third	40th	--
1975	Ken Barlag	66-18	Fourth	Second	23rd	64th
1976	Ken Barlag	64-13-1	Second	Fifth	25th	51st
1977	Ken Barlag	39-73	Fifth	Ninth	41st	--
1978	Ken Barlag	38-14	Fourth	Fifth	39th	--
1979	Ken Barlag	20-30	Fourth	Second	31st	59th
1980	Mike Page	55-14	FIRST	Second	16th	41st
1981	Mike Page	43-23-1	Fourth	Sixth	39th	--
1982	Mike Page	46-40	Fifth	Sixth	37th	--
1983	Dan Flynn	37-37	Fifth	Ninth	35th	--
1984	Dan Flynn	32-33-1	Sixth	Sixth	12th	58th
1985	Frank Russo	39-48-1	Fourth	Seventh	35th	--
1986	Frank Russo	56-19-1	Third	Eighth	19th	44th
1987	Frank Russo	84-39-1	Second	Third	13th	57th
1988	Frank Russo	64-21	Second	Third	24th	21st
1989	Frank Russo	156-58-2	Fourth	Sixth	7th	40th
1990	Frank Russo	66-55-3	Fourth	Fifth	29th	--
1991	Frank Russo	132-55-3	Second	Fourth	19th	11th
1992	Frank Russo	108 - 0	FIRST	FIRST	5th	56th
1993	Frank Russo	172 - 1	FIRST	FIRST	FIRST	9th
1994	Frank Russo	166 - 6	FIRST	FIRST	FIRST	FIRST
1995	Frank Russo	101 - 1	FIRST	FIRST	2nd	3rd
1996	Frank Russo	93 - 5	FIRST	Second	3rd	59th
1997	Frank Russo	158 - 35-5	FIRST	Second	20th	60th
1998	Frank Russo	138 - 19	FIRST	FIRST	8th	62nd
1999	Frank Russo	111 - 15	FIRST	FIRST	12th	52nd
2000	Frank Russo	105 - 11	FIRST	FIRST	4th	4th
2001	Frank Russo	111 - 10	Second	Second	7th	5th
2002	Frank Russo	154 - 8	FIRST	FIRST	3rd	4 th
2003	Frank Russo	119 - 28	Third	FIRST	11 th	24th
2004	Frank Russo	120 - 16	Fourth	Second	7 th	10th
2005	Frank Russo	90 - 17	Second	Third	14 th	68 th
2006	Frank Russo	101 - 4	FIRST	FIRST	3 rd	37 th
2007	Frank Russo	136 - 2	FIRST	FIRST	2 nd	18 th
2008	Frank Russo	124 - 1	FIRST	FIRST	FIRST	2 nd
2009	Frank Russo	97 - 7	Second	Third	11 th	27 th
2010	Frank Russo	132 - 3	FIRST	FIRST	3 rd	33 rd
2011	Frank Russo	142 - 6	FIRST	FIRST	2 nd	FIRST
2012	Frank Russo	137 - 24 - 1	FIRST	Second	8 th	71st
2013	Frank Russo	93 - 11	FIRST	FIRST	9 th	63 rd
2014	Frank Russo	125 - 30	Third	Second	31 st	--
2015	Frank Russo	97 - 12	FIRST	FIRST	19 th	77 th

TRACK & FIELD TEAM RECORDS

<u>Year</u>	<u>Coach</u>	<u>Meet Record</u>	<u>GCL Finish</u>	<u>District Finish</u>	<u>Regional Finish</u>	<u>State Finish</u>
2016	Frank Russo	113 - 1	FIRST	FIRST	6 th	30 th
2017	Frank Russo	104-7	FIRST	FIRST	15 th	52 nd
2018	Frank Russo	74-8	Third	Second	18 th	45 th
2019	Eric Vehr	103-7	FIRST	FIRST	15 th	--
2020	No season due to pandemic					
2021	Eric Vehr	73-23	Fourth	Fifth	12 th	16th

COACHES' MEET RECORDS-BEST FINISHES

<u>Years</u>	<u>Coach</u>	<u>Record</u>	<u>GCL</u>	<u>District</u>	<u>Regional</u>	<u>State</u>
1963-1965	Ron Rieman	70-148-0	Third	15 th	--	--
1966-1967	George Dirr	7-102-1	Fourth	7 th	--	--
1968-1969	Dave Fairchild	97-135-4	Fifth	7 th	--	--
1970-1972	Norb Boller	113-148-2	Third	5 th	20 th	59 th
1973-1979	Ken Barlag	303-191-2	Second	2 nd	23 rd	51 st
1980-1982	Mike Page	144-77-1	FIRST	2 nd	16 th	41 st
1983-1984	Dan Flynn	69-70-1	Fifth	6 th	12 th	58 th
1985-2018	Frank Russo	3826-577-17	FIRST	FIRST	FIRST	FIRST
2019-2021	Eric Vehr	176-30	FIRST	FIRST	12 th	79 th

VARSITY TEAM PLACES

La Rosa's Invitational

<u>Year</u>	<u>Place</u>	<u>Points</u>
1991	First	147
1992	First	121
1993	First	143
1994	First	169
1995	First	147
1996	First	179
1997	First	155
1998	Third	91½
1999	First	168
2000	First	143
2001	First	168
2002	First	152
2003	Second	101
2004	Second	106
2005	First	135
2007	First	203
2008	First	180
2009	First	224
2005	2 nd	92
2010	First	208
2011	First	217½
2012	First	215
2013	First	189
2014	First	252
2016	First	200

Eastern Relays

2011	Seventh	32½
2012	18 th	16
2014	13 th	20
2016	28 th	10

Legends Classic

2010	First	201
2011	First	184
2012	Third	106
2013	First	107
2014	Suspended (weather)	
2015	First	202
2016	Second	133½
2017	Third	137
2019	First	110
2021	Second	89

Lebanon Warrior Relays

2007	Second	70
2011	First	107

Harrison Invitational

1998	1 st	114
1999	1 st	146
2008	1 st	118
2010	1 st	210
2015	1 st	158
2016	1 st	136
2018	1 st	108
2019	1 st	112
2021	8 th	40¾

VARSITY TEAM PLACES

Coaches Classic Qualifier

2007	First	214
2008	First	210½
2009	Cancelled	
2010	First	167
2011	First	194
2012	First	165
2013	First	142.5
2014	First	128
2015	Suspended (after 6 Events)	
2016	First	117
2017	First	87½

Coaches Classic Finals

2007	First	110½
2008	First	82½
2009	Eleventh	Suspended
2010	Third	58½
2011	First	87
2012	Third	72
2013	Third	63
2014	Ninth	23
2015	Twelfth	26
2016	First	32
2017	First	99
2018	Second	47 (13 events)
2019	Second	79½

Buckeye Running Co. Senior Sendoff

2015	First	199½
2017	First	320½

Winton Woods Warrior Invitational

2015	First	209
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Hilliard Davidson Inv.

2006	3 rd	93
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Kentucky Relays

2014	Third	50
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Mt. Healthy Owls Classic

2012	Second	109
2013	Ninth	35

Early Bird Meet

2005	First	115
2006	First	153
2007	First	214½
2008	First	180
2009	First	185

Fairfield Invitational

2008	1st	151
2009	2 nd	105
2010	1 st	173
2011	1 st	212
2012	1st	215
2013	1 st	190

Skyline Open

2016	4 th	78½
2017	2 nd	128
2018	4 th	78½
2019	2 nd	126½
2021	3 rd	70

Lakota West Invitational

2017	3 rd	133
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Ross Invitational

2017	First	92 (8 events)
2019	First	109
2021	Third	81

VARSITY TEAM PLACES

Gold Medal Invitational

<u>Year</u>	<u>Place</u>	<u>Points</u>
2001	First	149½
2002	First	204
2003	Third	96½
2004	Second	128
2005	Second	103½
2007	First	165½
2008	First	256
2009	First	186½

Colerain Invitational

1972	Sixth	10½
1976	Second	71
1977	Sixth	28
1979	Ninth	29
1980	Sixth	51 1/6
1982	Fourth	46
1986	Second	68
1987	First	109½
1988	First	83 1/3
1989	Fifth	57 2/3
1990	Second	88
1991	First	123
1992	First	76
1993	First	134
1994	First	116½
1995	First	189
1996	First	131
1997	First	141
1999	First	82½
2000	First	125
2001	First	95
2002	First	138
2003	Second	90
2004	Fourth	81
2005	First	103½
2006	First	119½
2007	First	184
2014	Second	117
2015	First	149
2016	First	172
2017	First	193
2018	First	143
2019	First	172
2021	Second	131

Lockland Nite Relays

1963	Fourth	16
1964	Seventh	12
1981	Seventh	37
1982	Fifth	43
1983	Fourth	43
1984	Third	86
1986	Third	47
1987	Second	79
1988	Sixth	48
1989	Fourth	58
1990	Fourth	49
1991	First	98
1993	First	102
1995	First	128
2006	First	125

Roosevelt Memorial Invitational

1987	Fifth	43
1991	Seventh	38
1992	First	79½
1993	First	107
1994	First	97
1995	First	113
1996	Fourth	70
1997	Second	81
1998	Tenth	29½
2000	Eighth	40
2001	Fifth	51½
2002	Fourth	55
2003	Sixth	37.20
2004	Third	70
2005	Seventh	46½
2006	Third	69
2007	Second	82
2008	Second	84
2009	Second	95½
2010	First	142
2011	First	151
2012	Second	103
2014	Fifth	88
2015	Second	116
2016	First	133½
2017	Third	145
2018	Second	172

VARSITY TEAM PLACES

GCL Championships

Year	Place	Points
1963	Third	46 1/3
1964	Fourth	32
1965	Fifth	15
1966	Fourth	21
1967	Sixth	20
1968	Fifth	28
1969	Sixth	18
1970	Seventh	22
1971	Third	58
1972	Sixth	2
1973	Fourth	37½
1974	Third	42
1975	Fourth	35
1976	Second	61
1977	Fifth	24
1978	Fourth	45
1979	Fourth	71
1980	First	120½
1981	Fourth	70
1982	Fifth	56
1983	Fifth	50
1984	Sixth	44
1985	Fourth	54
1986	Third	100
1987	Second	140
1988	Second	109½
1989	Fourth	83 1/3
1990	Fourth	62½
1991	Second	108
1992	First	147
1993	First	135
1994	First	128
1995	First	152
1996	First	145
1997	First	86
1998	First	72
1999	First	77
2000	First	77
2001	Second	62
2002	First	88
2003	Third	53
2004	Fourth	35
2005	Second	73
2006	First	114
2007	First	109
2008	First	85
2009	Second	65½
2010	First	106
2011	First	108
2012	First	84

District Championships

Year	Place	Points
1963	Fifteenth	0
1964	Seventeenth	0
1965	Eighteenth	0
1966	Twelfth	5
1967	Seventh	12
1968	Seventh	15
1969	Fourteenth	4
1970	Tenth	22
1971	Fifth	41
1972	Ninth	5
1973	Third	56
1974	Third	69 1/3
1975	Second	82
1976	Fifth	34½
1977	Ninth	21
1978	Fifth	43
1979	Seventh	36
1980	Second	62
1981	Sixth	32
1982	Sixth	33
1983	Ninth	16½
1984	Sixth	38
1985	Seventh	29
1986	Eighth	25
1987	Third	50
1988	Third	62
1989	Sixth	35
1990	Fifth	32½
1991	Fourth	42
1992	First	74
1993	First	101
1994	First	89½
1995	First	115
1996	Second	96
1997	Second	77
1998	First	71
1999	First	119
2000	First	89
2001	Second	87
2002	First	145
2003	First	100½
2004	Second	85
2005	Third	85½
2006	First	155½
2007	First	148
2008	First	129
2009	Third	101
2010	First	170
2011	First	156
2012	Second	93

VARSITY TEAM PLACES

GCL Championships

Year	Place	Points
2013	First	85
2014	Third	61.5
2015	First	100
2016	First	99
2017	First	102½
2018	Third	66
2019	First	87
2021	Fourth	27

District Championships

Year	Place	Points
2013	First	104
2014	Second	81
2015	First	122
2016	First	117
2017	First	121
2018	Second	123
2019	First	111
2021	Fifth	64

Regional Championships

Year	Qualifiers	Place	Points
1963	Meet not held		
1964	Meet not held		
1965	0	--	--
1966	2	--	0
1967	3	--	--
1968	4	--	--
1969	1	--	0
1970	2 + 1 relay	Thirty-fourth	4
1971	6	Twentieth	4
1972	1	Forty-second	0
1973	4 + 2 relays	Thirty-second	2
1974	6 + 2 relays	Fortieth	0
1975	10 + 2 relays	Twenty-third	7
1976	3 + 1 relay	Twenty-fifth	6
1977	2	Forty-first	0
1978	5	Thirty-ninth	0
1979	5 + 1 relay	Thirty-first	4
1980	4 + 2 relays	Eleventh	12
1981	3	Thirty-ninth	0
1982	2 + 2 relays	Thirty-seventh	1
1983	1 + 1 relay	Thirty-fifth	0
1984	3 + 1 relay	Twelfth	12
1985	3 + 1 relay	Thirty-fifth	1
1986	2	Nineteenth	10
1987	4 + 1 relay	Thirteenth	13
1988	5 + 1 relay	Twenty-fourth	6
1989	3	Seventh	22
1990	2 + 1 relay	Twenty-ninth	2
1991	5 + 1 relay	Nineteenth	11
1992	6 + 2 relays	Fifth	28
1993	8 + 1 relay	First	74
1994	5 + 1 relay	First	55 1/6
1995	10 + 2 relays	Second	44
1996	11 + 3 relays	Third	28
1997	8 + 2 relays	Twentieth	11
1998	7 + 2 relays	Eighth	24
1999	10 + 1 relay	Seventh	24½
2000	8 + 1 relay	Fourth	45
2001	9 + 1 relay	Seventh	31
2002	14 + 2 relays	Third	53

State Championships

Year	Qualifiers	Place	Points
1963	0	--	--
1964	0	--	--
1965	0	--	--
1966	0	--	--
1967	0	--	--
1968	0	--	--
1969	0	--	--
1970	1	Fifty-ninth	0
1971	1	Fifty-ninth	0
1972	0	--	--
1973	0	--	--
1974	0	--	--
1975	1 relay	Sixty-fourth	0
1976	1	Fifty-first	1
1977	0	--	--
1978	0	--	--
1979	1	Fifty-ninth	0
1980	1	Fortieth	2
1981	0	--	--
1982	0	--	--
1983	0	--	--
1984	2	Fifth-eighth	0
1985	0	--	--
1986	1	Forty-fourth	1
1987	2	Fifty-seventh	1
1988	1	Twenty-first	8
1989	2	Fortieth	4
1990	0	--	--
1991	1	Eleventh	10
1992	3	Fifty-sixth	1
1993	5 + 1 relay	Ninth	18
1994	3 + 1 relay	First	26 1/5
1995	3	Third	27
1996	3 + 1 relay	Fifty-ninth	1
1997	2	Sixtieth	0
1998	3	Sixty-third	0
1999	3	Fifty-seventh	3½
2000	4 + 1 relay	Fourth	20
2001	4	Fifth	22
2002	3 + 1 relay	Fourth	25

VARSITY TEAM PLACES

Regional Championships

<u>Year</u>	<u>Qualifiers</u>	<u>Place</u>	<u>Points</u>
2003	10 + 1 relay	Eleventh	20
2004	7 + 1 relay	Seventh	28
2005	6 + 1 relay	Fourteenth	17
2006	13 + 4 relays	Third	51
2007	16 + 2 relays	Second	60
2008	13 + 2 relays	First	64
2009	8 + 1 relay	Twenty-fourth	6
2010	16 + 4 relays	Third	61½
2011	15 + 3 relays	Second	65
2012	9 + 1 relay	Eighth	29½
2013	9 + 2 relays	Ninth	20
2014	6 + 2 relays	Thirty-first	4
2015	11 + 3 relays	Nineteenth	14
2016	12 + 1 relay	Sixth	30
2017	11 + 2 relays	Fifteenth	19½
2018	14 + 3 relays	Eighteenth	13
2019	8 + 3 relays	Fifteenth	16
2021	3 + 2 relays	Twelfth	15

State Championships

<u>Year</u>	<u>Qualifiers</u>	<u>Place</u>	<u>Points</u>
2003	1 + 1 relay	Twenty-fourth	9
2004	3	Tenth	15
2005	1	Sixty-eighth	1
2006	3 + 1 relay	Thirty-seventh	6
2007	7	Eighteenth	10
2008	6	Second	41
2009	1	Twenty-seventh	8
2010	5 + 1 relay	Thirty-third	6
2011	5 + 3 relays	First	36
2012	2	Seventy-first	0
2013	1	Sixth-third	0
2014	0	--	--
2015	2	Seventy-seventh	0
2016	2 + 1 relay	Sixty-sixth	0
2017	1	Fifty-second	4
2018	1	Forth-fifth	3
2019	2	Seventyeighth	0
2021	2 relays	Sixteenth	10

GCL TRACK & FIELD INDIVIDUAL CHAMPIONS

Year	Name	Event	1981	Steve Kaiser	220 Yard Dash
1963	Ed Mayer	Shot put	1981	Steve Kaiser	440 Yard Dash
1963	Lou Marquet	Mile Run	1982	Dave Jester	300 Meter Hurdles
1963	Mike Kramer	220 Yard Dash	1984	Keith Reganhard	300 Meter Hurdles
1963	Greg Tedesco	Mile Relay	1984	Jerry Slageter	Discus
1963	Rick Davis	Mile Relay	1985	Bill Feuchter	800 Meter Run
1963	Jim Kesse	Mile Relay	1985	Jim Herrmann	Pole Vault
1963	Paul Arszman	Mile Relay	1986	Frank Angst	Discus
1964	Frank Weisgerber	100 Yard Dash	1986	Dan Fulmer	1600 Meter Run
1964	Jim Catanzaro	Pole Vault	1986	Dan Fulmer	800 Meter Run
1965	Bob Marquet	Pole Vault	1986	Dan Fulmer	3200 Meter Run
1967	Joe Smith	Pole Vault	1987	Lee Heath	100 Meter Dash
1968	Joe Smith	Pole Vault	1987	Lee Heath	200 Meter Dash
1971	John Hasselbeck	High Jump	1987	Paul Arlinghaus	Pole Vault
1971	Mike Martin	Two Mile Run	1987	Keith Jester	800 Meter Run
1973	Bob Jennings	100 Yard Dash	1987	Keith Jester	3200 Meter Relay
1973	Bob Jennings	220 Yard Dash	1987	Scott Fearn	3200 Meter Relay
1973	Joe Jester	440 Yard Dash	1987	Chris Lienhart	3200 Meter Relay
1974	Bob Jennings	100 Yard Dash	1987	Rob Roellig	3200 Meter Relay
1974	Bob Jennings	220 Yard Dash	1987	Dan Fulmer	1600 Meter Run
1974	Bob Jennings	High Jump	1987	Dan Fulmer	3200 Meter Run
1975	Kelly Cramer	440 Yard Dash	1988	Paul Arlinghaus	Pole Vault
1975	Mike Schneider	Shot Put	1988	Lee Heath	100 Meter Dash
1975	Kelly Cramer	Mile Relay	1988	Chris Lienhart	1600 Meter Run
1975	Bill Holt	Mile Relay	1988	Mike Berwanger	Discus
1975	Mark Brown	Mile Relay	1989	Mike Berwanger	Shot Put
1975	Tom Wirth	Mile Relay	1989	Mike Ruckles	100 Meter Dash
1976	Dan O'Hern	Pole Vault	1990	Ty Douthard	Long Jump
1976	Mike Jester	440 Yard Dash	1991	Mark Arlinghaus	Pole Vault
1976	Mark Brown	880 Yard Relay	1991	Bret Schnieber	110 Meter Hurdles
1976	George Walton	880 Yard Relay	1991	Bret Schnieber	300 Meter Hurdles
1976	Steve Brown	880 Yard Relay	1992	Mark Fischer	Discus
1976	Jerry Bonvallain	880 Yard Relay	1992	Tommy Dodd	High Jump
1976	Joe Schwecke	Mile Relay	1992	Ty Douthard	Long Jump
1976	Kelly Cramer	Mile Relay	1992	John Cipriani	1600 Meter Relay
1976	Mike Jester	Mile Relay	1992	Ty Douthard	1600 Meter Relay
1976	Mark Kehl	Mile Relay	1992	Mike Thoman	1600 Meter Relay
1979	Eric Huey	Mile Run	1992	Todd Efekman	1600 Meter Relay
1979	Eric Huey	880 Yard Run	1992	Scott Sievering	3200 Meter Relay
1979	Eric Huey	Two Mile Run	1992	Mike Thoman	3200 Meter Relay
1979	Dennis Ruhe	440 Yard Relay	1992	John Cipriani	3200 Meter Relay
1979	Jim Payne	440 Yard Relay	1992	Noel Enneking	3200 Meter Relay
1979	Bob Horton	440 Yard Relay	1992	Mike Thoman	800 Meter Run
1979	Jerry Hargis	440 Yard Relay	1993	Bryan Bosse	Pole Vault
1980	Steve Kaiser	100 Meter Dash	1993	Jim Gibson	Discus
1980	Steve Kaiser	220 Yard Dash	1993	Doug Bockenstette	1600 Meter Run
1980	Eric Huey	Mile Run	1993	Doug Bockenstette	800 Meter Run
1980	Eric Huey	880 Yard Run	1993	Mike Thoman	400 Meter Dash
1980	Eric Huey	Two Mile Run	1993	Drew Ostendorf	3200 Meter Relay
1980	Tom Brown	Long Jump	1993	Mike Thoman	3200 Meter Relay
1980	Tom Braun	300 Meter Hurdles	1993	Dean Fulmer	3200 Meter Relay
1980	Steve Kaiser	440 Yard Relay	1993	Brian Roller	3200 Meter Relay
1980	Tom Braun	440 Yard Relay	1993	Freddie Kendell	Long Jump
1980	Jim Payne	440 Yard Relay	1993	Tommy Dodd	High Jump
1980	Dennis Ruhe	440 Yard Relay	1993	Mark Fischer	Shot Put
1981	Tom Braun	120 Yard Hurdles	1993	Dean Fulmer	3200 Meter Run
1981	Tom Braun	300 Meter Hurdles			

GCL TRACK & FIELD INDIVIDUAL CHAMPIONS

Year	Name	Event	2001	Allen Bader	1600 Meter Run
1994	Doug Bockenstette	1600 Meter Run	2001	Scott Hudepohl	300 Meter Hurdles
1994	Doug Bockenstette	800 Meter Run	2001	Pat Rischmann	3200 Meter Run
1994	Doug Bockenstette	3200 Meter Run	2002	Scott Hudepohl	110 Meter Hurdles
1994	Doug Bockenstette	3200 Meter Relay	2002	Allen Bader	1600 Meter Run
1994	Scott Sievering	3200 Meter Relay	2002	Scott Hudepohl	300 Meter Hurdles
1994	Dean Fulmer	3200 Meter Relay	2002	Allen Bader	800 Meter Run
1994	Brian Roller	3200 Meter Relay	2002	Allen Bader	3200 Meter Run
1994	Tommy Dodd	High Jump	2002	Scott Huedpohl	Long Jump
1994	Tim Berwanger	Discus	2002	Allen Bader	3200 Meter Relay
1994	Drew Ostendorf	1600 Meter Relay	2002	Bill Keckeis	3200 Meter Relay
1994	Mike Ditullio	1600 Meter Relay	2002	Dan Mink	3200 Meter Relay
1994	Todd Efkeman	1600 Meter Relay	2002	Eric Mayhaus	3200 Meter Relay
1994	Josh Hopkins	1600 Meter Relay	2003	Eric Mayhaus	1600 Meter Run
1995	Ryan Reardon	110 Meter Hurdles	2003	Eric Mayhaus	3200 Meter Run
1995	Ryan Reardon	300 Meter Hurdles	2003	Dareen Mansoor	High Jump
1995	Tim Berwanger	Shot Put	2005	Isaac Green	800 Meter Relay
1995	Tim Berwanger	Discus	2005	Leandra Walker	800 Meter Relay
1995	Wiz White	100 Meter Run	2005	Julian Posey	800 Meter Relay
1995	Dean Fulmer	1600 Meter Run	2005	Eric Morton	800 Meter Relay
1995	Dean Fulmer	3200 Meter Run	2005	Julian Posey	400 Meter Dash
1995	Drew Ostendorf	3200 Meter Relay	2005	Eric Morton	200 Meter Dash
1995	Dean Fulmer	3200 Meter Relay	2005	Patrick Tenbrink	Pole Vault
1995	Johnny Ditullio	3200 Meter Relay	2005	Julian Posey	1600 Meter Relay
1995	Brian Roller	3200 Meter Relay	2005	Tim Gall	1600 Meter Relay
1995	Drew Ostendorf	400 Meter Run	2005	Jim Thinnes	1600 Meter Relay
1995	Drew Ostendorf	1600 Meter Relay	2006	Garrett Scalia	110 Meter Hurdles
1995	Brendan Schnieber	1600 Meter Relay	2006	Isaac Green	800 Meter Relay
1995	Mark Witteride	1600 Meter Relay	2006	Devier Posey	800 Meter Relay
1995	Mike Ditullio	1600 Meter Relay	2006	Julian Posey	800 Meter Relay
1995	Freddie Kendall	Long Jump	2006	Vince Harris	800 Meter Relay
1995	Joe Doerger	Pole Vault	2006	Kyle Lang	1600 Meter Run
1996	Roman Welter	Shot Put	2006	Julian Posey	400 Meter Dash
1996	Jason Angst	Discus	2006	Garrett Scalia	300 Meter Hurdles
1996	Wiz White	100 Meter Dash	2006	Julian Posey	200 Meter Dash
1996	Johnny Ditullio	400 Meter Dash	2006	Jake Nusekabel	3200 Meter Run
1997	Jon Houchen	110 Meter Hurdles	2006	Patrick Tenbrink	Pole Vault
1997	Johnny Ditullio	400 Meter Dash	2006	Isaac Green	High Jump
1997	Bill Thoman	300 Meter Hurdles	2006	Chandler Burden	Shot Put
1997	Joe Nelson	Long Jump	2006	Garrett Celek	Discus
1998	Steve Padgett	1600 Meter Run	2007	Isaac Green	800 Meter Relay
1998	Brian Phelps	Discus	2007	Devier Posey	800 Meter Relay
1998	Dennis Fieglien	Long Jump	2007	Nate Jones	800 Meter Relay
1998	Steve Padgett	3200 Meter Run	2007	Kendall Ownes	800 Meter Relay
1999	Steve Esterkamp	High Jump	2007	Isaac Green	400 Meter Relay
1999	Steve Hamilton	110 Meter Hurdles	2007	Nate Jones	400 Meter Relay
1999	Steve Hamilton	300 Meter Hurdles	2007	Ryan Volz	400 Meter Relay
1999	Dennis Fieglien	200 Meter Dash	2007	Kendall Owens	400 Meter Relay
1999	Dennis Fieglien	400 Meter Relay	2007	Devier Posey	400 Meter Dash
1999	Jason Thomas	400 Meter Relay	2007	Devier Posey	200 Meter Dash
1999	Christian Botts	400 Meter Relay	2007	Jake Nusekabel	3200 Meter Run
1999	Robbie Liston	400 Meter Relay	2007	Chandler Burden	Shot Put
2000	Steve Padgett	1600 Meter Run	2007	Chandler Burden	Discus
2000	Matt Knueven	300 Meter Hurdles	2007	Isaac Green	Long Jump
2000	Steve Padgett	3200 Meter Run	2007	Andy Dittgen	Pole Vault
2001	Scott Hudepohl	Long Jump	2007	Mitchell Heusmann	3200 Meter Relay

GCL TRACK & FIELD CHAMPIONS

2007	Kyle Lang	3200 Meter Relay	2012	Adam Franklin	4 X 200 Relay
2007	Ricky Lupp	3200 Meter Relay	2012	Jaleel Hytchye	4 X 200 Relay
2007	Corey Spriggs	3200 Meter Relay	2012	Antonio Nelson	4 X 200 Relay
2007	Kendall Owens	100 Meter Dash	2012	Tim Bell	High Jump
2008	Kendall Owens	100 Meter Dash	2012	Tim Bell	Long Jump
2008	Devier Posey	400 Meter Dash	2012	Linden Ayoki	Discus
2008	Devier Posey	200 Meter Dash	2013	Tim Bell	100 Meter Dash
2008	Chandler Burden	Shot Put	2013	Tyler Harmon	200 Meter Dash
2008	Chandler Burden	Discus	2013	Jonathan Campbell	110 Meter Hurdles
2008	Devier Posey	1600 Meter Relay	2013	Myron Hampton	4 X 100 Relay
2008	Cameron Cole	1600 Meter Relay	2013	Jonathan Campbell	4 X 100 Relay
2008	Mike Deyhle	1600 Meter Relay	2013	Adam Franklin	4 X 100 Relay
2008	Bruce Malcom	1600 Meter Relay	2013	Tim Bell	4 X 100 Relay
2009	Daniel Scott	800 Meter Relay	2013	Jeremy Larkin	4 X 200 Relay
2009	Antonio Nelson	800 Meter Relay	2013	Jaleel Hytchye	4 X 200 Relay
2009	Rodriquez Coleman	800 Meter Relay	2013	Adam Franklin	4 X 200 Relay
2009	Chris Fisbeck	800 Meter Relay	2013	Tyler Harmon	4 X 200 Relay
2009	Cameron Cole	400 Meter Dash	2013	Alex Murray	Pole Vault
2009	Linden Ayoki	Discus	2013	Tim Bell	Long Jump
2009	Josh Dangel	Pole Vault	2014	Tyler Harmon	100 Meter Dash
2010	Travis Hawes	4 X 800 Meter Relay	2014	Tyler Harmon	200 Meter Dash
2010	Ethan Bokeno	4 X 800 Meter Relay	2014	Tyler Harmon	400 Meter Dash
2010	Alex Thiery	4 X 800 Meter Relay	2015	Jordan Thompson	Shot Put
2010	Kevin Kluesener	4 X 800 Meter Relay	2015	Luke Doerger	Discus Throw
2010	Chris Fisbeck	Long Jump	2015	Avery Larkin	Long Jump
2010	Ray Claytor	High Jump	2015	Darius Heis	High Jump
2010	Andrew Silber	Pole Vault	2015	Jalen Haslen	4 X 800 Relay
2010	Rodriquez Coleman	110 Meter Hurdles	2015	Brad Anneken	4 X 800 Relay
2010	Travis Hawes	1600 Meter Run	2015	Frank Pierce	4 X 800 Relay
2010	Ethan Bokeno	800 Meter Run	2015	Michael Campbell	4 X 800 Relay
2010	Travis Hawes	3200 Meter Run	2015	Darius Heis	110 Meter Hurdles
2011	Linden Ayoki	Discus	2015	Adam Franklin	100 Meter Dash
2011	Andrew Silber	Pole Vault	2015	Isaiah Andrews	4 X 100 Relay
2011	Ethan Bokeno	4 X 800 Meter Relay	2015	Keitonio Mathes	4 X 100 Relay
2011	Alex Thiery	4 X 800 Meter Relay	2015	Christian Turner	4 X 100 Relay
2011	Kevin Kluesener	4 X 800 Meter Relay	2015	Hakhim Drammeh	4 X 100 Relay
2011	Travis Hawes	4 X 800 Meter Relay	2015	Adam Franklin	200 Meter Dash
2011	Rodriguez Coleman	110 Meter Hurdles	2016	Luke Doerger	Discus
2011	Cam Pankey	4 X 200 Meter Relay	2016	Cameron Willis	High Jump
2011	Jaleel Hytchye	4 X 200 Meter Relay	2016	Quinn Ealy	110 Meter Hurdles
2011	Antonio Nelson	4 X 200 Meter Relay	2016	Frank Pierce	1600 Meter Run
2011	Rodriguez Coleman	4 X 200 Meter Relay	2016	Quinn Ealy	300 Meter Hurdles
2011	Jaleel Hytchye	400 Meter Dash	2016	Jalen Hasan	800 Meter Run
2011	Rodriguez Coleman	300 Meter Hurdles	2016	Tyler Richardson	200 Meter Dash
2011	Ethan Bokeno	800 Meter Run	2016	Jaylen Hasan	4 X 800 Meter Relay
2012	Jaleel Hytchye	100 Meter Dash	2016	Brad Anneken	4 X 800 Meter Relay
2012	Jaleel Hytchye	200 Meter Dash	2016	Nick Wuestefeld	4 X 800 Meter Relay
2012	Jaleel Hytchye	400 Meter Dash	2016	Frank Pierce	4 X 800 Meter Relay
2012	Devon Steagall	4 X 100 Relay	2016	Isaiah Andrews	4 X 100 Meter Relay
2012	Myron Hampton	4 X 100 Relay	2016	Tyler Richardson	4 X 100 Meter Relay
2012	Adam Franklin	4 X 100 Relay	2016	Jeremy Larkin	4 X 100 Meter Relay
2012	Antonio Nelson	4 X 100 Relay	2016	Jarrell White	4 X 100 Meter Relay
2012	Tim Bell	4 X 200 Relay			

GCL TRACK & FIELD INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Name</u>	<u>Event</u>			
2017	Cameron Willis	Long Jump	2018	Cameron Willis	High Jump
2017	Cameron Willis	High Jump	2018	Dillon Vidourek	Pole Vault
2017	Josh Vidourek	Pole Vault	2018	Cameron Willis	400 Meter Dash
2017	Tyler Richardson	100 Meter Dash	2018	David Williams	4 X 400 Meter Relay
2017	Andrew Bushman	1600 Meter Run	2018	Austin Stuckey	4 X 400 Meter Relay
2017	Jaylen Hasan	400 Meter Dash	2018	Chase Willis	4 X 400 Meter Relay
2017	Quinn Ealy	300 Meter Hurdles	2018	Quinn Ealy	4 X 400 Meter Relay
2017	Tyler Richardson	200 Meter Dash	2019	Orlando Wyatt	200 Meter Dash
2017	Logan Montgover	4 X 800 Relay	2019	Darryl Hubbard	300 Meter Hurdles
2017	David Williams	4 X 800 Relay	2019	Cameron Behanan	High Jump
2017	Andrew Bushman	4 X 800 Relay	2019	Orlando Wyatt	4 X 200 Relay
2017	Jaylen Hasan	4 X 800 Relay	2019	Devanta Smith	4 X 200 Relay
2017	Logan Montgover	4 X 400 Relay	2019	Kevin Howard	4 X 200 Relay
2017	David Williams	4 X 400 Relay	2019	Neko Williams	4 X 200 Relay
2017	Quinn Ealy	4 X 400 Relay	2021	Justin Lovette	High Jump
2017	Jaylen Hasan	4 X 400 Relay			

SECTIONAL TRACK & FIELD INDIVIDUAL CHAMPION

1971	Mike Martin	Mile Run	1974	Bob Jennings	220 Yard Dash
1971	Tom Marquet	Pole Vault	1975	Mark Brown	880 Yard Relay
1973	Dave LaFary	Shot Put	1975	Jerry Bonvallain	880 Yard Relay
1973	Joe Jester	440 Yard Dash	1975	Tom Wirth	880 Yard Relay
1973	Stan Wellbrock	Mile Relay	1975	Dale Schibi	880 Yard Relay
1973	Joe Jester	Mile Relay	1975	Mike Schneider	Shot Put
1973	Mike Page	Mile Relay	1978	Eric Huey	Two Mile
1973	Gary Schwartz	Mile Relay	1980	Eric Huey	1600 Meter Run
			1980	Eric Huey	3200 Meter Run

DISTRICT TRACK & FIELD INDIVIDUAL CHAMPIONS

1968	Joe Smith	Pole Vault	2002	Eric Mayhaus	3200 Meter Relay
1983	Rob Pfeiffer	3200 Meter Relay	2002	Allen Bader	3200 Meter Relay
1983	Dan Jester	3200 Meter Relay	2002	Allen Bader	1600 Meter Run
1983	Steve Findley	3200 Meter Relay	2002	Allen Bader	3200 Meter Run
1983	Bill Feuchter	3200 Meter Relay	2002	Scott Hudepohl	Long Jump
1984	Jerry Slageter	Discus	2003	Eric Mayhaus	1600 Meter Run
1984	Darryl Eddings	Long Jump	2003	Eric Mayhaus	3200 Meter Run
1985	Bill Feuchter	800 Meter Run	2003	Eric Mayhaus	3200 Meter Relay
1988	Lee Heath	100 Meter Dash	2003	Dan Mink	3200 Meter Relay
1988	Lee Heath	200 Meter Dash	2003	Bill Keckeis	3200 Meter Relay
1988	Mike Albrinck	Pole Vault	2003	Jason Beck	3200 Meter Relay
1989	Mike Albrinck	Pole Vault	2004	Bill Keckeis	1600 Meter Run
1989	Mike Berwanger	Discus	2004	Mike Chia	Pole Vault
1991	Mark Arlinghaus	Pole Vault	2005	Eric Morton	400 Meter Dash
1992	Jim Gibson	Shot Put	2005	Patrick Tenbrink	Pole Vault
1992	Mark Fischer	Discus	2006	Julian Posey	200 Meter Dash
1993	Bryan Bosse	Pole Vault	2006	Julian Posey	400 Meter Dash
1993	Jim Gibson	Discus	2006	Kyle Lang	1600 Meter Run
1993	Mark Fischer	Shot Put	2006	Jake Nusekabel	3200 Meter Run
1993	Dean Fulmer	3200 Meter Relay	2006	Isaac Green	400 Meter Relay
1993	Scott Sievering	3200 Meter Relay	2006	LeMar Robinson	400 Meter Relay
1993	Doug Bockenstette	3200 Meter Relay	2006	Kendall Owens	400 Meter Relay
1993	Mike Thoman	3200 Meter Relay	2006	Vince Harris	400 Meter Relay
1994	Tim Berwanger	Shot Put	2006	Isaac Green	800 Meter Relay
1994	Tim Berwanger	Discus	2006	Vince Harris	800 Meter Relay
1994	Doug Bockenstette	1600 Meter Run	2006	Devier Posey	800 Meter Relay
1994	Doug Bockenstette	3200 Meter Relay	2006	Julian Posey	800 Meter Relay
1994	Dean Fulmer	3200 Meter Run	2006	Patrick Tenbrink	Pole Vault
1994	Dean Fulmer	3200 Meter Relay	2006	Isaac Green	Long Jump
1994	Brian Roller	3200 Meter Relay	2006	Garrett Celek	Discus
1994	Scott Sievering	3200 Meter Relay	2007	Devier Posey	200 Meter Dash
1995	Tim Berwanger	Shot Put	2007	Devier Posey	400 Meter Dash
1995	Tim Berwanger	Discus	2007	Isaac Green	800 Meter Relay
1995	Alex Jones	Pole Vault	2007	Andre Cole	800 Meter Relay
1995	Dean Fulmer	3200 Meter Run	2007	Devier Posey	800 Meter Relay
1996	Wiz White	100 Meter Dash	2007	Kendall Owens	800 Meter Relay
1996	Alex Jones	Pole Vault	2007	Andy Dittgen	Pole Vault
1997	Paul Thaler	Shot Put	2007	Isaac Green	Long Jump
1997	Jason Angst	Discus	2007	Chandler Burden	Discus
1997	Jason Dangel	Pole Vault	2008	Chandler Burden	Shot Put
1998	Chris Hoeffer	800 Meter Run	2008	Chandler Burden	Discus
1999	Brian Pierson	Pole Vault	2008	Devier Posey	200 Meter Dash
1999	Steve Esterkamp	High Jump	2008	Devier Posey	400 Meter Dash
1999	Christian Beck	400 Meter Run	2008	Kendall Owens	100 Meter Dash
1999	Dennis Fieglien	200 Meter Dash	2009	Travis Hawes	1600 Meter Run
2000	Steve Padgett	3200 Meter Run	2009	Josh Dangel	Pole Vault
2000	Brian Pierson	Pole Vault	2010	Cameron Cole	4 X 400 meter relay
2000	Steve Padgett	3200 Meter Relay	2010	Chris Fisbeck	4 X 400 meter relay
2000	Allen Bader	3200 Meter Relay	2010	Jesse Back	Discus
2000	Nala Voeum	3200 Meter Relay	2010	Ray Claytor	High Jump
2000	Joe Lutz	3200 Meter Relay	2010	Andrew Silber	Pole Vault
2001	Dan Albrinck	Pole Vault	2010	Ethan Bokeno	800 meter run
2001	Allen Bader	3200 Meter Run	2010	Daniel Scott	4 X 400 meter relay
2002	Dan Mink	3200 Meter Relay	2010	Jaleel Hytchye	4 X 400 meter relay
2002	Jason Beck	3200 Meter Relay			

DISTRICT TRACK & FIELD INDIVIDUAL CHAMPIONS

2011	Travis Hawes	4 X 800 Meter Relay	2017	Logan Montgomery	4 X 400 Relay
2011	Rodriguez Coleman	110 Meter Hurdles	2017	Quinn Ealy	4 X 400 Relay
2011	Rodriguez Coleman	300 Meter Hurdles	2017	David Williams	4 X 400 Relay
2011	Ethan Bokeno	800 Meter Run	2017	Jaylen Hasan	4 X 400 Relay
2011	Linden Ayoki	Discus	2017	Alex Vidourek	Pole Vault
2011	Tim Bell	High Jump	2018	David Williams	4 X 800 Relay
2011	Tyler Vidourek	Pole Vault	2018	Tyler Williams	4 X 800 Relay
2012	Jaleel Hytchye	100 Meter Dash	2018	Joe Marshall	4 X 800 Relay
2012	Tim Bell	High Jump	2018	Nick Vogt	4 X 800 Relay
2013	Tim Bell	Long Jump	2018	Cameron Willis	400 Meter Dash
2013	Adam Franklin	4 X 200 Relay	2018	Cameron Willis	High Jump
2013	Tim Bell	4 X 200 Relay	2019	Darryl Hubbard	110 Meter Hurdles
2013	Tyler Harmon	4 X 200 Relay	2019	Darryl Hubbard	300 Meter Hurdles
2013	Jeremy Larkin	4 X 200 Relay	2019	Orlando Wyatt	4 X 200 Relay
2014	Zach Allaben	Discus	2019	Devanta Smith	4 X 200 Relay
2015	Jordan Thompson	Discus	2019	Kevin Howard	4 X 200 Relay
2015	Jordan Thompson	Shot Put	2019	Neko Williams	4 X 200 Relay
2016	Jaylen Hasan	4 X 800 Relay	2019	Jabari Neal-Jackson	Shot Put
2016	Brad Anneken	4 X 800 Relay	2021	Justin Lovette	High Jump
2016	Nick Wuestefeld	4 X 800 Relay	2021	B.J. Ross	4 X 100 Relay
2016	Frank Pierce	4 X 800 Relay	2021	GiBran Payne	4 X 100 Relay
2016	Frank Pierce	1600 Meter Run	2021	Tyreeq Sanders	4 X 100 Relay
2016	Jaylen Hasan	800 Meter Run	2021	Koy Beasley	4 X 100 Relay
2017	Logan Montgomery	4 X 800 Relay	2021	GiBran Payne	4 X 200 Relay
2017	Jaylen Hasan	4 X 800 Relay	2021	Tyreeq Sanders	4 X 200 Relay
2017	Andrew Bushman	4 X 800 Relay	2021	B. J. Ross	4 X 200 Relay
2017	David Williams	4 X 800 Relay	2021	Timiko Jackson	4 X 200 Relay
2017	Jaylen Hasan	800 Meter Run			

REGIONAL TRACK & FIELD INDIVIDUAL CHAMPIONS

1986	Dan Fulmer	3200 Meter Run	2000	Kelly Tenbrink	Pole Vault
1989	Mike Berwanger	Discus	2000	Steve Padgett	3200 Meter Run
1991	Mark Arlinghaus	Pole Vault	2002	Dan Mink	3200 Meter Relay
1992	Jim Gibson	Discus	2002	Bill Keckeis	3200 Meter Relay
1993	Jim Gibson	Discus	2002	Eric Mayhaus	3200 Meter Relay
1993	Mark Fischer	Shot Put	2002	Allen Bader	3200 Meter Relay
1993	Bryan Bosse	Pole Vault	2002	Allen Bader	1600 Meter Run
1993	Doug Bockenstette	3200 Meter Relay	2002	Allen Bader	3200 Meter Run
1993	Dean Fulmer	3200 Meter Relay	2003	Eric Mayhaus	3200 Meter Run
1993	Scott Sievering	3200 Meter Relay	2004	Mike Chia	Pole Vault
1993	Mike Thoman	3200 Meter Relay	2008	Devier Posey	100 Meter Dash
1994	Tim Berwanger	Discus	2008	Devier Posey	400 Meter Dash
1994	Doug Bockenstette	1600 Meter Run	2008	Devier Posey	200 Meter Dash
1994	Doug Bockenstette	3200 Meter Run	2008	Chandler Burden	Discus
1994	Doug Bockenstette	3200 Meter Relay	2008	Chandler Burden	Shot Put
1994	Dean Fulmer	3200 Meter Relay	2010	Andrew Silber	Pole Vault
1994	Scott Sievering	3200 Meter Relay	2011	Kevin Kluesener	4 X 800 Relay
1994	Brian Roller	3200 Meter Relay	2011	Alex Thiery	4 X 800 Relay
1995	Tim Berwanger	Shot Put	2011	Ethan Bokeno	4 X 800 Relay
1995	Tim Berwanger	Discus	2011	Travis Hawes	4 X 800 Relay
1995	Dean Fulmer	3200 Meter Run	2011	Ethan Bokeno	800 Meter Run
			2012	Jaleel Hytchye	200 Meter Dash

STATE TRACK & FIELD INDIVIDUAL CHAMPIONS

1991	Mark Arlinghaus	Pole Vault	14'6"	2008	Chandler Burden	Discus	187'6"
1993	Bryan Bosse	Pole Vault	14'9"	2011	Travis Hawes	4 X 800 Relay	7:46.74
1994	Doug Bockenstette	1600 Meter Run	4:10.14	2011	Jaleel Hytchye	4 X 800 Relay	7:46.74
1994	Doug Bockenstette	3200 Meter Run	9:07.50	2011	Kevin Kluesener	4 X 800 Relay	7:46.74
1995	Dean Fulmer	1600 Meter Run	4:15.33	2011	Ethan Bokeno	4 X 800 Relay	7:46.74
2000	Steve Padgett	3200 Meter Run	9:00.97	2021	Orlando Wyatt Jr,	4 X 100 Relay	41.64
2002	Allen Bader	1600 Meter Run	4:18.06	2021	GiBran Payne	4 X 100 Relay	41.64
2004	Mike Chia	Pole Vault	14'9"	2021	Tyreeq Sanders	4 X 100 Relay	41.64
2008	Devier Posey	400 Meter Dash	47.41	2021	Koy Beasley	4 X 100 Relay	41.64
2008	Chandler Burden	Shot Put	61'2½"				

STATE TRACK & FIELD QUALIFIERS & STATE PLACERS

1970	Mike Martin	Two Mile Run	--	1994	Doug Bockenstette	3200 Meter Run	1st
1971	Mike Martin	Mile Run	--	1994	Tommy Dodd	High Jump	6th
1975	Mark Brown	Mile Relay	--	1994	Tim Berwanger	Shot Put	--
1975	Tom Wirth	Mile Relay	--	1994	Tim Berwanger	Discus	--
1975	Bill Holt	Mile Relay	--	1995	Tim Berwanger	Shot Put	6th
1975	Kelly Cramer	Mile Relay	--	1995	Tim Berwanger	Discus	2nd
1976	Jay Huey	Two Mile Run	6th	1995	Alex Jones	Pole Vault	--
1979	Eric Huey	Two Mile Run	--	1995	Dean Fulmer	1600 Meter Run	1st
1980	Eric Huey	Mile Run	--	1995	Dean Fulmer	3200 Meter Run	2 nd
1980	Eric Huey	Two Mile Run	5th	1996	Alex Jones	Pole Vault	6th
1984	Jerry Slageter	Discus	--	1996	Johnny Ditullio	400 Meter Dash--	
1984	Keith Reganhard	300 M. Hurdles	--	1996	Wiz White	100 Meter Dash	--
1986	Dan Fulmer	3200 Meter Run	6th	1996	Johnny Ditullio	3200 M. Relay	--
1987	Dan Fulmer	3200 Meter Run	6th	1996	Derrick Jackson	3200 M. Relay	--
1987	Dave Gunn	1600 Meter Run	--	1996	Mike Harmeyer	3200 M. Relay	--
1988	Lee Heath	100 Meter Dash	2nd	1996	Chris Hoeffer	3200 M. Relay	--
1989	Mike Albrinck	Pole Vault	--	1997	Jason Angst	Discus	--
1989	Mike Berwanger	Shot Put	--	1997	Johnny Ditullio	400 Meter Dash--	
1989	Mike Berwanger	Discus	4th	1998	Geoff Ziegler	Shot Put	--
1991	Mark Arlinghaus	Pole Vault	1st	1998	Chris Hoeffer	800 Meter Run	-
1992	Jim Gibson	Shot Put	--	1998	Derrick Butler	3200 Meter Run	--
1992	Jim Gibson	Discus	6th	1999	Steve Esterkamp	High Jump	7th
1992	Mark Fischer	Discus	--	1999	Brian Pierson	Pole Vault	7th
1992	Dave Padgett	3200 Meter Run	--	1999	Geoff Ziegler	Shot Put	--
1993	Mark Fischer	Shot Put	5th	2000	Steve Padgett	3200 M. Relay	5th
1993	Bryan Bosse	Pole Vault	1st	2000	Joe Lutz	3200 M. Relay	5th
1993	Mark Fischer	Discus	--	2000	Nala Voeum	3200 M. Relay	5th
1993	Jim Gibson	Shot Put	--	2000	Allen Bader	3200 M. Relay	5th
1993	Jim Gibson	Discus	--	2000	Kelly Tenbrink	Pole Vault	8th
1993	Doug Bockenstette	1600 Meter Run	3rd	2000	Brian Pierson	Pole Vault	--
1993	Doug Bockenstette	3200 Meter Run	--	2000	Steve Padgett	1600 Meter Run	--
1993	Doug Bockenstette	3200 M. Relay	--	2000	Allen Bader	1600 Meter Run	4th
1993	Dean Fulmer	3200 Meter Run	--	2000	Steve Padgett	3200 Meter Run	1st
1993	Dean Fulmer	3200 M. Relay	--	2001	Dan Albrinck	Pole Vault	3rd
1993	Mike Thoman	3200 M. Relay	--	2001	Scott Hudepohl	Long Jump	7th
1993	Scott Sievering	3200 M. Relay	--	2001	Allen Bader	1600 Meter Run	2nd
1994	Scott Sievering	3200 M. Relay	4th	2001	Pat Rischmann	3200 Meter Run	3rd
1994	Brian Roller	3200 M. Relay	4th	2002	Dan Mink	3200 Meter Relay	4th
1994	Dean Fulmer	3200 M. Relay	4th	2002	Jason Beck	3200 Meter Relay	4th
1994	Dean Fulmer	3200 Meter Run	5th	2002	Eric Mayhaus	3200 Meter Relay	4th
1994	Doug Bockenstette	3200 M. Relay	4th	2002	Allen Bader	3200 Meter Relay	4th
1994	Doug Bockenstette	1600 Meter Run	1 st	2002	Allen Bader	1600 Meter Run	1st

STATE TRACK & FIELD QUALIFIERS & STATE PLACERS

2002	Jason Beck	1600 Meter Run	--	2111	Andrew Silber	Pole Vault	7 th
2002	Allen Bader	3200 Meter Run	3rd	2011	Travis Hawes	3200 Meter Relay	1 st
2002	Scott Hudepohl	Long Jump	5 th	2011	Jaleel Hytchye	3200 Meter Relay	1 st
2003	Dan Mink	3200 Meter Relay	6 th	2011	Kevin Kluesener	3200 Meter Relay	1 st
2003	Bill Keckeis	3200 Meter Relay	6 th	2011	Ethan Bokeno	3200 Meter Relay	1 st
2003	Kyle Dragon	3200 Meter Relay	6 th	2011	Rodriguez Coleman	110 Meter Hurdles	6 th
2007	Ricky Lupp	1600 Meter Run	--	2011	Devon Steagall	800 Meter Relay	5 th
2003	Eric Mayhaus	3200 Meter Run	3 rd	2011	Antonio Nelson	800 Meter Relay	5 th
2003	Eric Mayhaus	3200 Meter Relay	6 th	2011	Jaleel Hytchye	800 Meter Relay	5 th
2004	Mike Chia	Pole Vault	1 st	2011	Rodriguez Coleman	800 Meter Relay	5 th
2004	Bill Keckeis	1600 Meter Run	4 th	2011	Travis Hawes	1600 Meter Run	--
2004	Kyle Dragon	3200 Meter Run	--	2011	Rodriguez Coleman	300 Meter Hurdles	3 rd
2005	Patrick Tenbrink	Pole Vault	8 th	2011	Ethan Bokeno	800 Meter Run	2 nd
2006	Patrick Tenbrink	Pole Vault	3 rd	2011	Devon Steagall	1600 Meter Relay	6 th
2006	Mitchell Huesman	1600 Meter Run	--	2011	Jaleel Hytchye	1600 Meter Relay	6 th
2006	Kyle Lang	1600 Meter Run	--	2011	Rodriguez Coleman	1600 Meter Relay	6 th
2006	Kyle Lang	3200 Meter Relay	--	2011	Ethan Bokeno	1600 Meter Relay	6 th
2006	Corey Spriggs	3200 Meter Relay	--	2012	Jaleel Hytchye	100 Meter Dash	--
2006	Mitchell Huesman	3200 Meter Relay	--	2012	Jaleel Hytchye	200 Meter Dash	--
2006	Jake Nusekabel	3200 Meter Relay	--	2013	Alex Murray	Pole Vault	--
2007	Mitchell Huesmann	1600 Meter Run	--	2015	Jordan Thompson	Shot Put	--
2007	Jake Nusekabel	3200 Meter Run	5 th	2015	Jordan Thompson	Discus	--
2007	Chandler Burden	Discus	--	2016	Jaylen Hasan	3200 Meter Relay	--
2007	Chandler Burden	Shot Put	7 th	2016	Brad Anneken	3200 Meter Relay	--
2007	Devier Posey	200 Meter Dash	5 th	2016	Nick Wuestefeld	3200 Meter Relay	--
2007	Devier Posey	400 Meter Dash	--	2016	Frank Pierce	3200 Meter Relay	--
2008	Devier Posey	100 Meter Dash	4 th	2016	Jaylen Hasan	800 Meter Run	--
2008	Kendall Owens	100 Meter Dash	8 th	2016	Luke Doerger	Discus	--
2008	Devier Posey	400 Meter Dash	1 st	2017	Jaylen Hasan	800 Meter Run	5 th
2008	Devier Posey	200 Meter Dash	4 th	2018	Cameron Willis	High Jump	6 th
2008	Chandler Burden	Discus	1 st	2019	Darryl Hubbard	110 Hurdles	--
2008	Chandler Burden	Shot Put	1 st	2019	Jabari Neal-Jackson	Shot Put	--
2009	Josh Dangel	Pole Vault	2 nd	2021	Timiko Jackson	800 Meter Relay	--
2010	Ethan Bokeno	3200 Meter Relay	6 th	2021	B. J. Ross	800 Meter Relay	--
2010	Travis Hawes	3200 Meter Relay	6 th	2021	Tyreeq Sanders	800 Meter Relay	--
2010	Alex Thiery	3200 Meter Relay	6 th	2021	Orlando Wyatt Jr.	800 Meter Relay	--
2010	Kevin Kluesener	3200 Meter Relay	6 th	2021	Koy Beasley	400 Meter Relay	1 st
2010	Rodriquez Coleman	110 Meter Hurdles	7 th	2021	GiBran Payne	400 Meter Relay	1 st
2010	Travis Hawes	1600 Meter Run	--	2021	Tyreeq Sanders	400 Meter Relay	1 st
2010	Ethan Bokeno	800 Meter Run	--	2021	Orlando Wyatt Jr.	400 Meter Relay	1 st
2010	Andrew Silber	Pole Vault	8 th				

La Salle's City Rankings in the Final Coaches' Poll

1973	Not Ranked	1989	Ninth	2005	Fifth
1974	Not Ranked	1990	Eighth	2006	First
1975	Tenth	1991	Third	2007	First
1976	Fifth	1992	Second	2008	First
1977	Not Ranked	1993	First	2009	Third
1978	Ninth	1994	First	2010	Second
1979	Not Ranked	1995	First	2011	First
1980	First	1996	First	2012	Second
1981	Tenth	1997	First	2013	Second
1982	Not Ranked	1998	First	2014	Fifth
1983	Not Ranked	1999	First	2015	Second
1984	Not Ranked	2000	First	2016	Third
1985	Not Ranked	2001	Third	2017	Third
1986	Not Ranked	2002	Second	2018	Fifth
1987	Third	2003	Third	2019	Second
1988	Fourth	2004	Sixth	2021	Not Ranked

Invitational/Relay Team Championships

Best of the West Inv.	1980
Coaches Classic Prelims	2007, 2008, 2010, 2011, 2012, 2013, 2014, 2016, 2017
Coaches Classic Finals	2007, 2008, 2011, 2016 2017
Colerain Invitational	1987, 1988, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1999, 2000, 2001, 2002, 2005, 2006, 2007, 2015, 2016, 2017, 2018, 2019
Early Bird Invitational	2005, 2006, 2007, 2008, 2009
Fairfield Invitational	2008, 2010, 2011, 2012, 2013
Fairfield Relays	1976, 1978, 1988, 1989, 1990, 1992
Forest Park Invitational	1974
Forest Park Relays	1976
GCL Relays	1991, 1992, 1993, 1995, 1997, 1999, 2002
Gold Medal Inv.	2001, 2002, 2007, 2008, 2009
Greenhills Metric Meet	1976, 1978
Harrison Invitational	1998, 1999, 2010, 2015, 2016, 2018, 2019
La Rosa's Classic Inv.	1991, 1992, 1993, 1994, 1995, 1996, 1997, 1999, 2000, 2001, 2002, 2005, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2016
Legends Classic	2010, 2011, 2013, 2015, 2019
Lockland Nite Relays	1991, 1993, 1995, 2006
Princeton Invitational	1999, 2000, 2002
Princeton Vikings Relays	2002
Raymond S. Mote Relays	1996
Roosevelt Memorial Inv.	1992, 1993, 1994, 1995, 2010, 2011, 2016
Ross Invitational	2017, 2019
Senior Sendoff	2015, 2017
Skyline Invitational	2016
Talawanda Relays	1986
Turpin Relays	1997, 1998
Wayne Warriors Inv.	1997
Winton Woods	2015
Worthington Invitational	1996

TRACK & FIELD TEAM CHAMPIONSHIPS

GCL (S)	DISTRICT	CITY	REGIONAL	STATE
1980	1992	1993	1993	1994
1992	1993	1994	1994	2011
1993	1994	1995		2008
1994	1995	1996		
1995	1998	1997		
1996	1999	1998		
1997	2000	1999		
1998	2002	2000		
1999	2003	2006		
2000	2006	2007		
2002	2007	2008		
2006	2008	2011		
2007	2010			
2008	2111			
2010	2013			
2011	2015			
2012	2016			
2013	2017			
2015	2019			
2016				
2017				
2019				

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110 Meter High Hurdles

1.	14.35	2010	Rodriquez Coleman	REG (p)	1.	21.51	2013	Jaleel Hytchye	LLC 1st.
2.	14.64	2019	Darryl Hubbard	REG 4th	2.	21.74	2008	Devier Posey	REG (p)
3.	14.5	1999	Steve Hamilton	GCL (p)	3.	21.76	2014	Tyler Harmon	LRC 1st
4.	14.7	2002	Scott Hudepohl	DIS 2nd	4.	21.98	2017	Tyler Richardson	COL 1st
5.	14.84	2014	Darius Heis	GCL (p)	5.	22.15	2013	Adam Franklin	GCL(p)
6.	14.88	2013	Jonathan Campbell	CCP 2nd	6.	22.0	2008	Kendall Owens	LGM 2nd
7.	15.03	2018	Quinn Ealy	GCL 2nd	7.	22.34	2021	Orlando Wyatt	PSI 1st
8.	14.8	2000	Matt Knueven	GCL 3rd	8.	22.1	1988	Lee Heath	DIS 1st
9.	14.8	2009	Ricky Steele	GMI 1st	10.	22.34	2019	Orlando Wyatt Jr.	DIS 3rd
10.	14.9	1995	Ryan Reardon	GCL 1st	11.	22.2	2006	Timiko Jackson	COL 1st
	14.9	1981	Tom Braun	VSR		22.2	2009	Julian Posey	GCL 1st
12.	15.06	2010	Dwight Hill	GCL 3rd	13.	22.3	1981	Ryan Volz	LRC 1st
13.	15.0	1994	Fred Kendall	DIS 4th		22.3	1998	Steve Kaiser	CHR 1st
	15.0	1997	Jon Houchen	GCL 1st	15.	22.55	2019	Dennis Fieglien	GCL 2nd
15.	15.1	1997	Bill Thoman	GCL 2nd	16.	22.58	2018	Devanta Smith	RSS 1st
	15.1	1999	Joel Bokelmann	GCL (p)	17.	22.59	2010	Cameron Willis	GCL 4th
	15.1	2002	Mike Braun	GCL (p)	18.	22.4	2005	Antonio Nelson	LRC 3rd
18.	15.3	1991	Matt Reardon	GCL 3rd		22.4	2008	Eric Morton	DIS (s)
	15.3	2000	Rob Lindeman	GCL 5th	20.	22.8	1997	Cameron Cole	GCL 3rd
20.	15.40	2011	Cameron Jones	GCL (p)	21.	22.7	1994	John Ditullio	GCL 2nd
21.	15.4	1999	Tim Gentil	HAR JV		22.7	1996	Jason Ditullio	LQM 1st
22.	15.59	2015	Kevin Ferguson	GCL 3rd		22.7	2001	Ryan Watson	GCL 2nd
23.	15.6	1988	Jim Ravenna	COL 5th		22.7	2009	Scott Hudepohl	COL (p)
	15.6	1991	Bret Schneiber	GCL 1st	25.	22.9	1995	Chris Fisbeck	LRC 2nd
						22.9	2006	Wiz White	GCL (p)
						22.9		Vince Harris	CLO 3-28

100 Meter Dash

1.	10.69	2008	Devier Posey	REG(p)5th
2.	10.73	1988	Lee Heath	STA 2nd
	10.73	2013	Jaleel Hytchye	CCP 1st
4.	10.5	2007	Kendall Owens	LRC 1st
5.	10.6	1998	Dennis Fieglien	GCL 2nd
6.	10.86	2008	Kendall Owens	DIS 1st
	10.86	2017	Tyler Richardson	ROS 3rd
8.	10.90	2013	Tim Bell	CCP 4th
9.	10.95	2017	Tresean Smith	DIS(p)2nd
	10.95	2021	Koy Beasley	DIS 2nd
11.	11.01	2010	Cameron Cole	HAR 1st
12.	10.8	2009	Ryan Volz	LRC 1st
13.	11.09	1996	Wiz White	REG 3rd
	11.09	2016	Jeremy Larkin	SSO 1st
15.	11.11	2010	Antonio Nelson	LRC 2nd
16.	11.12	2019	Kevin Howard	COL 3rd
	11.12	2021	Koy Beasley	RSS JV
18.	11.14	2013	Adam Franklin	DDI 2nd
19.	11.16	2014	Tyler Harmon	LRC 3 rd
20.	11.21	2019	Javante Smith	COL 5th
21.	11.23	2018	Neko Williams	LAS 1st
22.	11.24	2021	Gi'Bran Payne	GCL 6th
	11.0	1980	Steve Kaiser	GCL 1st
	11.0	2000	Matt Knueven	GCL 3rd
	11.0	2006	Vince Harris	GCL 4th

300 Meter Intermediate Hurdles

1.	38.46	2011	Rodriguez Coleman	REG 2nd
2.	39.1	2002	Scott Hudepohl	GCL 1st
3.	39.2	2000	Matt Knueven	GCL 1st
4.	39.37	2010	Chris Fisbeck	GCL 2nd
5.	39.62	2018	Quinn Ealy	GCL 2nd
	39.62	2019	Darryl Hubbard	GCL 1st
7.	39.74	2013	Jonathan Campbell	REG(p)
8.	39.93	2006	Garett Scalia	REG 6th
9.	40.66	2009	Dwight Hill	DIS 5th
10.	40.1	1991	Bret Schnieber	GCL 1st
11.	40.2	1997	Bill Thoman	GCL 1 st
12.	40.3	1997	Jon Houchen	GCL 2nd
13.	40.4	1999	Steve Hamilton	GCL 1st
14.	40.55	2015	Darius Heis	DIS 4th
15.	40.56	2113	Tyler Harmon	CCF 3rd
16.	40.5	2002	Mike Braun	GCL 2nd
17.	40.6	1995	Ryan Reardon	GCL 1st
18.	40.72	2011	Cameron Jones	REG pre.
19.	40.90	2015	Kevin Ferguson	GCL 3rd
20.	41.16	2007	Andre Cole	DIS 6th.
21.	41.4	1994	Josh Hopkins	GCL 2nd
	41.4	1999	Joel Bokelman	GCL (p)
23.	41.71	2009	Ricky Steele	ROS (p)
24.	41.7	1989	John Dirksing	GCL 6 th
25.	42.05	2018	Tim Blair	GCL 3 rd

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400 Meter Dash

1.	47.41	2008	Devier Posey	STA 1st
2.	48.71	2012	Jaleel Hytchye	GCL 1st
3.	48.99	2006	Julian Posey	REG 5th
4.	49.68	2017	Jaylen Hasan	GCL 1st
5.	49.6	2008	Cameron Cole	GCL 2nd
6.	49.99	2005	Eric Morton	REG 6th
7.	50.05	1997	Johnny Ditullio	REG 4th
8.	50.14	2018	Cameron Willis	GCL 1st
9.	50.34	2014	Tyler Harmon	GCL 1st
10.	50.44	2014	Adam Franklin	DIS 3rd
11.	50.4	1993	Mike Thoman	GCL 1st
12.	50.86	2021	Joe Marshall	DIS 3rd
13.	50.7	1995	Drew Ostendorf	GCL 1st
	50.7	1999	Christian Beck	DIS 1st
15.	50.8	1994	Mike Ditullio	DIS 4th
16.	51.22	2018	Chase Willis	GCL 4th
17.	51.2	2003	Dan Mink	GCL 2nd
18.	51.4	1996	Ryan Watson	GCL 4th
19.	51.75	2013	Jason Bell	GCL 3rd
	51.75	2016	Logan Montgomery	DIS (p)
21.	51.7	1992	Ty Douthard	GCL 3rd
	51.7	1998	Chris Ryan	GCL (p)
23.	51.8	2000	Nala Voeum	GCL 3rd
24.	52.1	2004	Tim Gall	DIS 6 th
25.	52.28	2018	McAdrian Martin	GCL JV

800 Meter Run

1.	1:52.43	2011	Ethan Bokeno	STA 2nd
2.	1:53.2	1998	Chris Hoeffer	DIS 1 st
3.	1:54.04	2017	Jaylen Hasan	STA 5th
4.	1:56.1	1994	Doug Bockenstette	GCL 1st
5.	1:56.37	2011	Jaleel Hytchye	DIS 2nd
6.	1:57.5	1993	Mike Thoman	DIS 2nd
	1:57.5	2004	Bill Keckesis	GCL 3rd
8.	1:58.04	2010	Travis Hawes	LRC 1st
9.	1:58.0	2002	Eric Mayhaus	DIS 2nd
10.	1:58.2	1985	Bill Feuchter	DIS 1st
11.	1:58.41	2017	Logan Montgomery	DIS 2nd
12.	1:58.4	1981	Dan Jester	SEC 3rd
	1:58.4	2002	Allen Bader	GCL 1st
14.	1:58.58	2007	Corey Spriggs	DIS 3rd
15.	1:58.9	1994	Scott Sievering	GCL 3rd
	1:58.9	2002	Bill Keckesis	DIS 6th
17.	1:59.56	2011	Alex Thiery	GCL 2nd
18.	1:59.5	2000	Steve Padgett	COL 3rd
19.	1:59.6	1991	Rob Heckler	GCL 2nd
20.	1:59.9	2003	Jason Beck	GCL 4th
21.	2:00.2	2005	Tim Gall	GCL 3rd
	2:00.2	2007	Mitchell Huesman	LRC 1st
23.	2:00.3	1995	Johnny Ditullio	GCL 2 nd
24.	2:00.56	2018	David Williams	GCL 2nd
25.	2:00.90	2019	Tyler Williams	DIS 5th

1600 Meter Run

1.	4:10.14	1994	Doug Bockenstette	STA 1st
2.	4:11.36	2000	Steve Padgett	REG 3rd
3.	4:13.84	2000	Allen Bader	REG 4th
4.	4:15.33	1995	Dean Fulmer	STA 1st
5.	4:16.87	2004	Bill Keckesis	REG 3rd
6.	4:17.0	2003	Eric Mayhaus	GCL 1st
7.	4:19.49	2007	Mitchell Huesman	REG 2nd
8.	4:19.86	2007	Ricky Lupp	REG 4th
9.	4:20.0	1986	Dan Fulmer	DIS 2nd
10.	4:21.35	2002	Jason Beck	REG 3rd
11.	4:22.12	2010	Travis Hawes	REG 2nd
12.	4:22.1	1991	Rob Heckler	GCL 2nd
13.	4:22.3	2004	Kyle Dragan	COL 1st
14.	4:22.97	1994	Scott Sievering	REG 5th
15.	4:23.0	1999	Derrick Butler	GCL 3rd
16.	4:23.1	2005	Dan Heister	GCL 4th
17.	4:23.3	1987	Dave Gunn	DIS 3rd
18.	4:23.99	2006	Kyle Lang	ROS 5th
19.	4:24.55	2019	Nick Vogt	RRM 13th
20.	4:24.9	1989	Mike Hudepohl	GCL 2nd
21.	4:25.31	2016	Frank Pierce	REG 5th
22.	4:26.43	2011	Kevin Kluesener	REG 6th
23.	4:26.5	1980	Eric Huey	SEC 1st
24.	4:27.1	1995	Brian Roller	DIS 5th
	4:27.1	1988	Chris Lienhart	GCL 1 st

3200 Meter Run

1.	8:54.90	2000	Steve Padgett	GWI 3rd
2.	9:03.25	1994	Doug Bockenstette	MMC1st
3.	9:05.33	2002	Allen Bader	ROS 3rd
4.	9:16.84	2007	Jake Nueskabel	STA 5th
5.	9:19.12	2003	Eric Mayhaus	STA 3rd
6.	9:22.4	1995	Dean Fulmer	ROS 1st
7.	9:24.3	2001	Pat Rischmann	GCL 1st
8.	9:26.5	1980	Eric Huey	STA 6th
9.	9:28.51	2004	Kyle Dragan	REG 4th
10.	9:28.71	2006	Kyle Lang	BDC 2nd
11.	9:29.85	1987	Dan Fulmer	REG 2nd
12.	9:30.07	1998	Derrick Butler	REG 3rd
13.	9:35.9	1992	Dave Padgett	DIS 3rd
14.	9:36.6	2005	Dan Heister	DIS 2nd
15.	9:39.40	2015	Michael Campbell	EAS 39th
16.	9:40.93	2007	Ricky Lupp	ROS 4th
17.	9:44.2	1990	Rob Heckler	DIS 2nd
18.	9:44.5	2009	Travis Hawes	LRC 1st
19.	9:44.8	2002	Kyle Dragon	LRC 2nd
20.	9:48.0	2006	Corey Spriggs	BDC DNP
21.	9:48.1	2005	Greg Bader	GCL 3rd
22.	9:49.39	2019	Nick Vogt	HAR 1st
23.	9:49.75	2011	Jacob McNamara	DIS 3rd
24.	9:49.9	2004	Paul Calardo	DIS 6th
25.	9:50.3	1988	Rick Vogeles	DIS 3rd

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400 Meter Relay (4 X 100m)

1.	41.64	2021	Orlando Wyatt Jr, GiBran Payne, Tyreeq Sanders, Koy Beasley	STA	1 st
2,	42.18	2021	B. J. Ross, GiBran Payne, Tyreeq Sanders, Koy Beasley	DIS	1st
3.	42.60	2013	Adam Franklin, Jaleel Hytchye, Jonathan Campbell, Tim Bell	LRC	1st
4.	42.91	2010	Daniel Scott, Cameron Cole, Tyrin Nelson, Antonio Nelson	REG	Prelims
5.	43.04	2013	Myron Hampton, Jeffrey Larkin, Adam Franklin, Tim Bell	DIS	Prelims
6.	43.21	2013	Myron Hampton, Jonathan Campbell, Adam Franklin, Tim Bell	GCL	1st
7	43.30	2006	Isaac Green, LeMar Robinson, Devier Posey, Vince Harris	DIS	1st
8.	43.31	2012	Devon Steagall, Tim Bell, Adam Franklin, Antonio Nelson	LRC	1st
9.	43.58	2015	Isaiah Andrews, Keitonio Mathes, Christian Turner, Hakhim Drammeh	DIS	3rd
	43.58	2017	Juan Martin, Tyler Richardson, Ethan Campbell, Tresean Smith	GCL	2nd
11.	43.63	2008	Mike Deyhle, Cameron Cole, Devier Posey, Kendall Owens	ROS	8th
12.	43.6	1996	Ryan Watson, Jason Thomas, Joe Nelson, Wiz White	DIS	3rd
	43.6	2007	Isaac Green, Nate Jones, Ryan Volz, Kendall Owens	GCL	1st
14.	43.70	2012	Devon Steagall, Myron Hampton, Tim Bell, Antonio Nelson	EAS	5th
15.	43.74	2016	Isaiah Andrews, Tyler Richardson, Jeremy Larkin, Jarrell White	GCL	1st
16.	43.7	1999	Andy Jones, Robbie Liston, Christian Botts, Dennis Fieglien	REG	Prelims
17.	43.82	2012	Devon Steagall, Myron Hampton , Adam Franklin, Antonio Nelson	DIS	Prelims
18.	43.8	2008	Ryan Volz, Mike Deyhle, LaMar Robinson, Kendall Owens	LGM	1st
19.	43.9	2008	Diamante Brown, Mike Deyhle, LaMar Robinson, Kendall Owens	GCL	2nd
20.	44.0	1999	Christian Botts, Dennis Fieglien, Robbie Liston, Jason Thomas	GCL	1st
	44.0	2007	Robbie Lohbeck, Nate Jones, LaMar Robinson, Kendall Owens	LGM	2nd
22.	44.16	2018	Devonta Smith, Sam Hildebrand, Orlando Wyatt, Neko Williams	DIS	Prelims
23.	44.17	2011	Cameron Jones, Cam Pankey, Tim Bell, Antonio Nelson	GCL	2nd
24.	44.21	2010	Daniel Scott, Cam Pankey, Jaleel Hytchye, Antonio Nelson	SCC	6th
	44.21	2012	Devon Steagall, Jason Bell, Adam Franklin, Antonio Nelson	MHI	5th

800 Meter Relay(4 X 200m)

1.	1:28.17	2012	Devon Steagall, , Tim Bell, Antonio Nelson, Jaleel Hytchye	DIS	Prelims
2.	1:28.32	2021	Orlando Wyatt Jr. Tyreeq Sanders, B. J. Ross, Tamiko Jackson	REG	Prelims
3.	1:28.36	2011	Devon Steagall,Antonio Nelson,Jaleel Hytchye,Rodriguez Coleman	STA	Prelims
4.	1:28.55	2011	Jaleel Hytchye, Antonio Nelson, Tim Bell, Rodriguez Coleman	DIS	2nd
5.	1:28.72	2019	Orlando Wyatt Jr., Devonta Smith, Kevin Howard, Neko Williams	DIS	Prelims
6.	1:28.83	2007	Isaac Green, Devier Posey, Andre Cole, Kendall Owens	REG	Prelims
7.	1:29.10	2006	Isaac Green, Devier Posey, Julian Posey, Vince Harris	REG	5th
8.	1:29.13	2013	Adam Franklin, Tyler Harmon, Tim Bell, Jaleel Hytchye	LRC	1st
9.	1:29.31	2013	Adam Franklin, Tim Bell, Tyler Harmon, Jeremy Larkin	DIS	1st
10.	1:29.3	2007	Isaac Green, Devier Posey, Josh Albers, Kendall Owens	COL	1 st
11.	1:29.50	2007	Isaac Green, Devier Posey, Nate Jones, Kendall Owens	ROS	7th
12.	1:29.66	2012	Tim Bell, Adam Franklin, Jaleel Hytchye, Antonio Nelson	GCL	1st
13.	1:30.19	2014	Adam Franklin, Tyler Harmon, Christian Turner, Pierre Hunter	DIS	3rd
14	1:30.21	2008	Cameron Cole, Devier Posey, Andre Cole, Mike Deyhle	SCC	(p)
15.	1:30.27	2010	Daniel Scott, Rodriguez Coleman, Antonio Nelson, Chris Fisbeck	GCL	2nd
16.	1:30.37	2013	Jeremy Larkin, Jaleel Hytchye, Adam Franklin, Tim Bell	GCL	1st
17.	1:30.42	2012	Devon Steagall, Tyler Harmon, Antonio Nelson, Jaleel Hytchye	MHI	2nd
18.	1:30.60	2011	Cam Pankey, Jaleel Hytchye, Antonio Nelson, Rodriguez Coleman	GCL	1st
19.	1:30.78	2018	Devonta Smith, Sam Hildebrand, Orlando Wyatt, Neko Williams	GCL	2nd
20.	1:30.80	2008	Cameron Cole, Mike Deyhle, Devier Posey, Kendall Owens	FFI	1st
21.	1:31.31	2017	Cameron Willis, Kevin Swift, Ethan Campbell, Tyler Richardson	GCL	2nd
22	1:31.35	2016	Isaiah Andrews, Cameron Willis, Ross Wullenweber, CJ Singletton	SSO	2nd
23.	1:31.3	2005	Julian Posey, Isaac Green, Garrett Scalia, Eric Morton	DIS	(p)
24.	1:31.43	2009	Cameron Cole, Antonio Nelson, Rodriguez Coleman, Chris Fisbeck	DIS	5th
	1:31.4	2005	Isaac Green, Leandra Walker, Julian Posey, Eric Morton	GCL	1st

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1600 Meter Relay (4 X 400m)

1.	3:20.35	2011	Devon Steagall, Jaleel Hytchye, Rodriguez Coleman, Ethan Bokeno	STA	Prelims
2.	3:22.1	2008	Cameron Cole, Bruce Malcom, Mike Deyhle, Devier Posey	GCL	1st
3.	3:22.69	2006	Devier Posey, Kyle Lang, Adam Licht, Julian Posey	REG	5th
4.	3:23.33	2010	Daniel Scott, Jaleel Hytchye, Cameron Cle, Chris Fisbeck	REG	5th
5.	3:25.16	2008	Cameron Cole, Ryan Watts, Bruce Malcom, Devier Posey	REG	Prelims
6.	3:25.34	2018	David Williams, Chase Willis, Austin Stuckey, Cameron Willis	REG	7th
7.	3:25.35	2017	Logan Montgovery, Quinn Ealy, David Williams, Jaylen Hasan	DIS	1st
8.	3:25.3	1992	Mike Thoman, John Cipriani, Ty Douthard, Mike Reardon	DIS	3rd
9.	3:25.6	1998	Chris Ryan, Chris Hoeffer, Andy Jones, Dennis Fieglien	DIS	2nd
10.	3:25.7	1997	Chris Ryan, Bill Thoman, Jon Houchen, John Ditullio	DIS	3rd
11.	3:25.84	2006	Devier Posey, Kyle Lang, Garrett Scalia, Julian Posey	REG	Pre.
12.	3:26.2	1995	Drew Ostendorf, John Ditullio, Branda n Schnieber, Mike Ditullio	DIS	3rd
13.	3:26.5	2006	Devier Posey, Julian Posey, Adam Licht, Mitchell Huesdan	DIS	3rd
14.	3:26.6	1994	Mike Ditullio, Drew Ostendorf, Todd Efekman, Josh Hopkins	GCL	1st
15.	3:27.33	2018	David Williams, Austin Stuckey, Chase Williams, Quinn Ealy	GCL	1st
16.	3:27.6	2006	Devier Posey, Garrett Scalia, T. Harris, Julian Posey	COL	2 nd
17.	3:27.8	1991	Ty Douthard, Mike Thoman, John Cipriani, Bret Schnieber	DIS	4th
18.	3:27.8	2005	Julian Posey, Tim Gall, Jim Thinnies, Eric Morton	GCL	1st
19.	3:27.90	2011	Travis Hawes, Jaleel Hytchye, Jaylene Hytchey, Ethan Bokeno	DIS	Prelims
20.	3:28.0	1996	Bill Thoman, Chris Ryan, John Ditullio, Reggie Watson	DIS	4th
21.	3:28.5	1996	Bill Thoman, John Ditullio, Derrick Jackson, Ryan Watson	REG	Semis
22.	3:28.6	1998	Chris Ryan, Andy Jones, Robbie Liston, Chris Hoeffer	GCL	2nd
	3:28.6	1983	Dave Jester, Bill Feuchter, Rob Pfeifer, Dan Jester	EHR	4-30
	3:28.6	1997	Chris Ryan, Bill Thoman, Robbie Liston, John Ditullio	DIS	Prelims
	3:28.6	1999	Nala Voeum, Robbie Liston, Vince Lasita, Christian Beck	GCL	2nd

3200 Meter Relay (4 X 800)

1.	7:46.74	2011	Travis Hawes, Jaleel Hytchye, Kevin Kluesener, Ethan Bokeno	STA	1st
2.	7:49.06	2003	Dan Mink, Bill Keckeis, Jason Beck, Eric Mayhaus	STA	6th
3.	7:50.19	2002	Dan Mink, Jason Beck, Eric Mayhaus, Allen Bader	STA	4th
4.	7:51.31	2011	Ethan Bokeno, , Alex Thiery, Kevin Kluesener, Travis Hawes	GCL	1ST
5.	7:52.7	1994	Scott Sievering, Dean Fulmer, Brian Roller, Doug Bockenstette	STA	4th
6.	7:55.3	2003	Dan Mink, Kyle Dragan, Bill Keckeis, Eric Mayhaus	GCL	2nd
7.	7:58.10	2002	Allen Bader, Bill Keckeis, Dan Mink, Eric Mayhaus	REG	1st
8.	7:59.32	2016	Jaylen Hasan, Brad Anneken, Nick Wuestefeld, Frank Pierce	STA	12th
9.	7:59.4	2007	Mitchell Heusman, Corey Spriggs, Ricky Lupp, Kyle Lang	GCL	1st
10.	8:00.06	2006	Mitchell Heusman, Corey Spriggs, Jake Nusekabel, Kyle Lang	REG	4th
11.	8:00.12	2017	Logan Montgomery, David Williams, Andrew Bushman, Jaylen Hasan	GCL	1st
12.	8:02.00	2004	Bill Keckeis, Ben Devoe, Tim Gall, Kyle Dragan	REG	6th
13.	8:02.53	2000	Steve Padgett, Joe Lutz, Nala Voeum, Allen Bader	REG	2nd
14.	8:03.49	2001	Allen Bader, Eric Mayhaus, Jason Beck, Garrett Grogan	REG	5th
15.	8:04.78	2015	Jalen Hasen, Brad Anneken, Frank Pierce, Michael Campbell	GCL	1st
16.	8:05.6	1993	Scott Sievering, Mike Thoman, Doug Bockenstette, Dean Fulmer	REG	1st
17.	8:05.76	1998	Steve Padgett, Joe Lutz, Derrick Butler, Chris Hoeffer	REG	5th
18.	8:06.4	1992	John Cipriani, Mike Thoman, Scott Sievering, Noel Enneking	GCL	1st
19.	8:06.7	2000	Allen Bader, Christian Beck, Nala Voeum, Steve Padgett	COL	1st
20.	8:08.50	2015	Brad Anneken, Frank Pierce, Simon Weyer, Jalen Hasen	DIS	2nd
21.	8:08.53	1985	Bill Feuchter, Dan Fulmer, Kevin Honold, Jerry Kombrinck	REG	6th
22.	8:08.8	1996	Mike Harmeyer, Derrick Jackson, Chris Hoeffer, John Ditullio	ROS	1st
23.	8:08.9	1993	Mike Thoman, Dean Fulmer, Drew Ostendorf, Brian Roller	GCL	1st
24.	8:09.0	2000	Allen Bader, Joe Beck, Vince Lasita, Steve Padgett	GCR	2nd
25.	8:09.2	1995	Drew Ostendorf, John Ditullio, Brian Roller, Dean Fulmer	GCL	1st

BIG RED EXPRESS RIDERS

Pole Vault

1.	15'6"	2009
2.	15'1"	2006
3.	15'0"	2000
	15'0"	2001
	15'0"	2010
6.	14'9"	1993
	14'9"	2004
8.	14'6"	1991
	14'6"	1995
	14'6"	2000
	14'6"	2007
12.	14'0"	1989
	14'0"	2001
	14'0"	2012
	14'0"	2013
	14'0"	2017
17.	13'9"	2006
	13'9"	2011
	13'9"	2018
20.	13'7"	1968
21.	13'6"	1995
	13'6"	1997
	13'6"	2003
	13'6"	2018

High Jump

1.	6'9"	1999
2.	6'6"	1994
	6'6"	2002
	6'6"	2004
	6'6"	2017
6.	6'5"	2010
7.	6'4"	1979
	6'4"	2004
	6'4"	2012
	6'4"	2021
11.	6'3"	1972
12.	6'2"	1999
	6'2"	1998
	6'2"	1989
	6'2"	1977
	6'2"	2002
	6'2"	2004
	6'2"	2007
	6'2"	2008
	6'2"	2019
21.	6'1"	2004
	6'1"	2011
23.	6'0"	1967
	6'0"	1982
	6'0"	1986
	6'0"	1988
	6'0"	1992
	6'0"	1995
	6'0"	1995
	6'0"	2004
	6'0"	2005
	6'0"	2005
	6'0"	2015
	6'0"	2015

Long Jump

1.	23'11 $\frac{3}{4}$ "	2014
2.	22'8 $\frac{1}{2}$ "	2002
3.	22'3 $\frac{1}{2}$ "	2013
4.	22'1"	2018
5.	22' $\frac{1}{2}$ "	1984
6.	21'11 $\frac{3}{4}$ "	2007
7.	21'10 $\frac{3}{4}$ "	2021
8.	21'9"	2015
9.	21'7 $\frac{1}{2}$ "	1995
10.	21'6 $\frac{1}{2}$ "	2021
11.	21'5"	1990
12.	21'4 $\frac{1}{4}$ "	2014
13.	21'3 $\frac{3}{4}$ "	1997
14.	21'1 $\frac{3}{4}$ "	2010
15.	21' $\frac{1}{2}$ "	1984
	21' $\frac{1}{2}$ "	1970
17.	21'0"	1974
18.	20'11 $\frac{1}{2}$ "	1980
19.	20'11"	1998
20.	20'11"	2003
21.	20'9 $\frac{3}{4}$ "	2015
22.	20'9 $\frac{1}{4}$ "	1999
23.	20'8 $\frac{1}{2}$ "	2017
24.	20'7 $\frac{1}{2}$ "	2011
25.	20'5 $\frac{3}{4}$ "	1978

Shot Put

1.	61'2 $\frac{1}{2}$ "	2008
2.	58'10 $\frac{1}{2}$ "	1995
3.	58'5 $\frac{1}{4}$ "	2015
4.	56'10 $\frac{1}{2}$ "	1969
5.	56'9"	1993
6.	55'5 $\frac{1}{2}$ "	2019
7.	55'5 $\frac{1}{4}$ "	1989
8.	55'1 $\frac{3}{4}$ "	1998
9.	54'8 $\frac{1}{2}$ "	1993
10.	54'2"	1997
11.	54'1"	1976
12.	53'6"	1968
13.	52'6 $\frac{1}{4}$ "	1973
14.	52'5 $\frac{3}{4}$ "	1996
15.	52'1 $\frac{1}{2}$ "	1978
16.	51'10 $\frac{1}{2}$ "	1967
17.	51'7 $\frac{1}{2}$ "	1996
18.	51'6"	2003
19.	51'1 $\frac{1}{2}$ "	2001
20.	51'1 $\frac{1}{4}$ "	2011
21.	50'8"	2007
22.	50'6 $\frac{1}{2}$ "	1966
	50'6 $\frac{1}{2}$ "	1985
24.	50'4 $\frac{1}{4}$ "	2001
25.	50'3"	2018

DIS 2nd
GCL 1st
REG 5th
HAR 1st
DIS 1st
DIS 1st
ROS 3rd
LRC 1st
GCL 1st
BES 1st
VSR
BES 1st
CHR 1st
GCL 1st
GCL 1st
DIS 7th
SSO 3rd
GCL 5th
DIS 8th
LRC 3rd
CHR 2nd

Chandler Burden STA 1st
Tim Berwanger GCL 1st
Jordan Thompson DIS 1st
Jerry Siemer GCL 2nd
Mark Fischer REG 1st
Jabari Neal-Jackson DIS 1st
Mike Berwanger REG 3rd
Geoff Ziegler REG 3rd
Jim Gibson LRC 1st
Paul Thaler DIS 1st
Mike Schneider BES 1st
Kevin Tumey GCL 2nd
Dave Lafary GCL 2nd
Mike Staubach DIS 2nd
Jim Lavalle DIS 3rd
Ralph Dehner GCL 3rd
Roman Welter DIS 3rd
Brent Celek COL 4th
Matt Jackson WPI 1st
Jesse Back SCC 5th
Josh Lutts GCL 2nd
John Bosse GCL 2nd
Greg Hancock DIS 4th
Andrew Limke WPI 1st
Jabani Neal-Jackson DIS 4th

BIG RED EXPRESS RIDERS

“An All Time Top 25 Career Best Ranking of La Salle’s Track & Field Athletes”

Discus Throw

1.	192'4"	2008	Chandler Burden	REG 1st	13.	154'4"	2014	Zach Allaben	DIS 1st
2.	175'6"	1995	Tim Berwanger	STA 2nd	14.	154'0"	2008	Ryan Brodbeck	REG 6th
3.	170'9"	1993	Jim Gibson	REG 1st	15.	153'4"	2006	Garrett Celek	DIS 1st
4.	169'0"	1989	Mike Berwanger	GOL 1st	16.	149'4"	1984	Jerry Slageter	DIS 1st
5.	168'8"	1993	Mark Fischer	COL 1st	17.	148'7"	1975	Tom Foertsch	REG 5th
6.	162'7"	1986	Frank Angst	DIS 2nd	18.	148'6"	2015	Luke Doerger	DIS 3rd
7.	162'6"	2011	Jesse Back	CCP 1st	19.	146'2"	2004	Ryan Stanchek	COL 4th
8.	161'5"	2016	Luke Doerger	REG 2nd	20.	145'9"	2010	Kyle Herth	SCC 2nd
8.	159'6"	2011	Linden Ayoki	HAR 2nd	21.	144'3"	2001	Andy Limle	GCL 2nd
9.	158'3"	1976	Mike Schneider	GCL 2nd	22.	143'10"	2009	Jesse Back	DIS 2nd
10.	155'11"	1997	Jason Angst	STA 8th	23.	143'9"	1999	Rob Keller	HAR 2nd
11.	155'10"	2015	Jordan Thompson	DIS 1st	24.	143'1"	1973	Dave LaFary	BES 3rd
12.	154'10"	1998	Brian Phelps	GCL 1st	25.	142'6"	1999	Eric Barney	GCL 3rd

Times expressed to the hundredth of a second are fully automatic times (FAT) while those to the tenth are not.

The following is the code used for meets in the Big Red Express Riders. Places indicated with a date mean the place is unknown.

BES	Best of the West Invitational	LQM	La Salle Quadrangular Meet
BDC	Bulldog Classic	LRC	La Rosa's Track & Field Classic
BW3	BW3 Invitational	LWO	Lakota West Open
CCI	Covington Catholic JV Invitational	LWR	Lebanon Warrier Relays
CCP	Coaches Classic Prelims	MHI	Mt. Healthy Invitational
CCT	Covington Catholic Triangular Meet	MMC	Midwest Meet of Champions
CDM	Colerain Dual Meet	NSC	National Scholastic Outdoor Championships
CHR	Forest Park Chargers Invitational	PCR	Princeton Come and Run
COL	Colerain Vince Mercure Invitational	PDM	Princeton Dual Meet
CLO	Colerain Open	PSI	Princeton Spurlock Inv.
DAY	Edwin C. Moses Dayton Relays	PVI	Princeton Vikings Invitational
DDI	Dawn DeHart Invitational	RBD	Roger Bacon Dual Meet
DIS	S.W. Ohio District Championships	REG	S.W. Ohio Regional Championships
EAS	Eastern Relays	RRM	Rod Russell Mason Invitational
EBI	Early Bird Invitational	ROS	Roosevelt Don Mitchell Invitational
FFI	Fairfield Invitational	RSR	Reserve School Record
FIR	Fairfeild Inidian Relays	RSS	Ross Inv.
GCL	Greater Catholic League Championships	SCC	S.W. Ohio Coaches Classic
GCR	Greater Catholic League Relays	SEC	S.W. Ohio Sectional Championships
GOL	Sycamore Golden Baton Relays	SSO	Senior Send Off
GMM	Greenhills Metric Meet	STR	SWOTC All Star Meet
GMI	Gold Medal Invitational	STA	Ohio H.S. State Championships
GWI	Golden West Invitational	STM	Sycamore Triangular Meet
HAR	Harrison Invitational	T5I	Take 5 Invitational
HDI	Hilliard Davison Wildcat Invitational	TUR	Turpin Relays
HBG	Heart of the Bluegrass	VOL	Volunteer Track & Field Classic
MDM	Moeller Dual Meet	VSR	Varsity School Record
LAS	La Salle Freshman/JV Invitational	WAT	Walnut Hills Triangular Meet
LBB	La Salle Track & Field Banquet Booklet	WHT	Western Hills Triangular Meet
LLC	La Salle Legends Classic	WOR	Columbus Worthington Invitational
LLM	Lima Invitational	WPI	Wildcat Premier Invitational
LOC	Lockland Nite Relays	WWI	Winton Woods Warrior Invitational
LGM	La Salle Gold Medal Invitational		

La Rosa's Classic Honor Roll

"A Top Ten Ranking of La Salle's Scorers at the La Rosa's Classic (1991-2014)

3200 Meter Relay

1.	8:03.0	2003	2nd
2.	8:12.0	2002	1st
3.	8:15.6	1992	1st
4.	8:20.5	1997	1st
5.	8:23	2007	2nd
6.	8:24.0	1998	1st
7.	8:26	2005	1st
8.	8:28.0	1999	1st
9.	8:31.0	2000	2nd
	8:31.0	1993	1st

800m Relay

6.	1:34.0	2005
7.	1:35.5	2004
8.	1:35.7	2008

400m Relay

1.	42.60	2013	1st
2.	43.31	2012	1st
3.	43.71	2010	2nd
4.	44.7	2007	4th
5.	44.80	2014	3rd
6.	44.9	2008	2nd
7.	45.00	2011	2nd
8.	45.2	1997	5th
9.	45.6	1998	4th
	45.6	2000	4th
	45.6	2005	4th

400m Dash

1.	49.6	2007	Devier Posey	1st
2.	49.81	2012	Jaleel Hytchye	1st
3.	50.50	2010	Cameron Cole	1st
4.	50.9	2005	Eric Morton	1 st
5.	51.1	2005	Julian Posey	2nd
6.	51.2	1993	Mike Thoman	1 st
7.	51.4	1997	John Ditullio	2nd
8.	52.07	2014	Tyler Harmon	1sr
9.	52.3	1998	Andy Jones	2nd
10.	52.5	1992	Ty Douthard	4th

300m Hurdles

1.	39.6	2002	Scott Hudepohl	3rd
2.	39.92	2010	Chris Fisbeck	1st
3.	40.6	2000	Matt Knueven	1st
	40.6	1991	Bret Schnieber	1 st
5.	40.9	2009	Chris Fisbeck	1st
6.	41.08	2010	Dwight Hill	2nd
7.	41.2	1994	Josh Hopkins	1st
8.	41.39	2011	Rodriguez Coleman	1st
9.	41.3	1997	Bill Thoman	3rd
10.	41.92	2013	Tyler Harmon	1st

800m Run

1.	1:58.04	2010	Travis Hawes	1 st
2.	1:58.37	2010	Ethan Bokeno	2nd
3.	2:00.0	1992	Mike Thoman	2nd
4.	2:00.2	2007	Mitchell Heusmann	1st
5.	2:00.3	2002	Allen Bader	1 st
6.	2:01.2	2003	Bill Keckies	2nd
7.	2:01.6	1993	Doug Bockenstette	1st
8.	2:01.7	2001	Allen Bader	1st
9.	2:01.84	2011	Jaleel Hytchye	3rd
10.	2:01.9	2003	Jason Beck	3rd

1600m Run

1.	4:18.4	2002	Allen Bader	1 st
2.	4:22.1	2001	Allen Bader	1 st
3.	4:22.8	2004	Bill Keckies	1st
4.	4:23.5	1993	Doug Bockenstette	1 st
5.	4:23.9	1995	Dean Fulmer	1 st
6.	4:24.61	2011	Travis Hawes	1st
7.	4:24.7	1992	Doug Bockenstette	3rd
8.	4:26.0	2000	Steve Padgett	1st
9.	4:26.7	2004	Kyle Dragan	3rd
10.	4:27.1	2002	Eric Mayhaus	3rd

800m Relay

1.	1:29.13	2013
2.	1:29.9	2007
3.	1:31.85	2010
4.	1:31.87	2011
5.	1:32.5	2009

La Rosa's Classic Honor Roll

"A Top Ten Ranking of La Salle's Scorers at the La Rosa's Classic (1991-2014)

200m Dash

1.	21.76	2014	Tyler Harmon	1st
2.	22.04	2012	Jaleel Hytche	1st
3.	22.0	2007	Devier Posey	1 st
4.	22.1	2008	Devier Posey	1st
5.	22.2	2009	Ryan Volz	st
6.	22.3	2007	Kendall Owens	2nd
7	22.4	1999	Dennis Fieglien	nd
8	22.59	2010	Antonio Nelson	3rd
9.	22.7	2005	Eric Morton	1st
	22.7	2009	Chris Fisbeck	2nd

3200m Run

1.	9:24.2	2007	Jake Nusekabel	1st
2.	9:35.4	2001	Pat Rischmann	1 st
3.	9:37.9	1995	Dean Fulmer	1 st
	9:37.9	2003	Eric Mayhaus	1st
5.	9:43.4	1994	Dean Fulmer	1 st
6.	9:44.0	2002	Kyle Dragon	2nd
7.	9:44.5	2009	Travis Hawes	1st
8.	9:45.0	1998	Steve Padgett	1st
9.	9:45.2	1992	Doug Bockenstette	2nd
10.	9:46.3	2003	Kyle Dragon	3rd

1600m Relay

1.	3:23.7	2008	1st
2.	3:30.5	1992	2nd
3.	3:30.9	2003	3rd
4.	3:31.19	2010	2nd
5.	3:33.2	1998	2nd
6.	3:33.3	2005	3rd
7.	3:33.6	1993	1 st
8.	3:34.3	1995	1st
	3:34.3	1997	1 st
10.	3:34.81	2011	1st

High Jump

1.	6'6"	2004	Darren Mansoor	1st
2.	6'5"	2010	Ray Claytor	1st
3.	6'4"	2004	Robbie Lohbeck	2nd
	6'4"	2009	Ryan Watts	1st
	6'4"	2012	Tim Bell	1st
6.	6'3"	2002	Chris Petit	1 st
7.	6'2"	1994	Tommy Dodd	2nd
8.	6'0"	1998	Bill Blessing	5th
	6'0"	1999	Vince LeSita	2nd
	6'0"	2003	Darren Monsoor	4th
	6'0"	2005	Jason Anevski	2nd
	6'0"	2005	Alex Vehr	3 rd
	6'0"	2008	Ryan Watts	1 st
	6'0"	2011	Rodriguez Coleman	3rd
	6'0"	2008	Ray Claytor	1 st

Pole Vault

1.	14'7"	1993	Bryan Bosse	1 st
2.	14'6"	2001	Dan Albrinck	1st
3.	14'0"	2002	Aaron Dangel	1st
	14'0"	2004	Brian Pierson	1st
	14'0"	2009	Mike Chia	st
	14'0"	2011	Josh Dangel	1st
8.	13'9"	1991	Andrew Silber	1st
	13'9"	2007	Mark Arlinghaus	1st
	13'9"	2012	Dittgen	1st
	13'9"	2012	Ben Vidourex	1 st
	13'9"	2012	Alex Murray	2nd

Long Jump

1.	21'3 $\frac{3}{4}$ "	1997	Joe Nelson	1 st
2.	21'1 $\frac{1}{2}$ "	1991	Ty Douthard	1 st
3.	21'0"	2001	Scott Hudepohl	1 st
4.	20'11 $\frac{1}{2}$ "	2012	Tim Bell	2nd
5.	20'8"	2007	Isaac Green	3rd
	20'8"	2010	Chris Fisbeck	3rd
	20'8"	2013	Jeffrey Larkin	2nd
8.	20'7 $\frac{1}{2}$ "	2011	Rodriguez Coleman	3rd
	20'2"	2002	Scott Hudepohl	1st
	19'10"	2012	Antonio Nelson	4th

Shot Put

1.	54'10 $\frac{1}{2}$ "	2008	Chandler Burden	1st
2.	54'8 $\frac{1}{2}$ "	1993	Jim Gibson	1 st
3.	52'9"	2007	Chandler Burden	1st
4.	52'3"	1992	Jim Gibson	1 st
5.	52'1"	1998	Geoff Ziegler	2nd
6.	51'10 $\frac{1}{2}$ "	1995	Tim Berwanger	1 st
7.	51'8"	2001	Matt Jackson	1st
8.	51'5"	1997	Paul Thaler	1st
9.	51'1"	1999	Geoff Ziegler	1st
10.	50'2 $\frac{3}{4}$ "	1994	Tim Berwanger	1st

Discus

1.	166'9 $\frac{1}{2}$ "	1993	Jim Gibson	1 st
2.	157'5"	2008	Chandler Burden	1st
3.	155'6"	1994	Tim Berwanger	1 st
4.	151'2"	1995	Tim Berwanger	1 st
5.	149'7"	2012	Linden Ayoki	2nd
6.	147'0"	2007	Chandler Burden	1st
7.	144'9"	1991	Jim Gibson	1st
8.	141'11"	1997	Jason Angst	2nd
9.	140'2"	2004	Ryan Stanchek	3rd
10.	140'0"	2013	Zach Allaban	1st

ROOSEVELT MEMORIAL INVITATIONAL HONOR ROLL

"A top ten ranking of all La Salle scorers at the Roosevelt Memorial Invitational in Dayton, OH

Shot Put

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	<u>Place</u>
1.	56'1"	1995	Tim Berwanger	1st
2.	54'10½"	1993	Mark Fischer	1st
3.	54'8"	2008	Chandler Burden	3rd
4.	53'8"	1993	Jim Gibson	3rd
5.	51'4"	1994	Tim Berwanger	2nd
6.	51'2"	1997	Paul Thaler	1st
7.	50'9¾"	1996	Roman Welter	2nd
8.	50'7"	2006	Chandler Burden	4th
9.	50'5"	2015	Jordan Thompson	1st
10.	50'¼"	1992	Jim Gibson	3rd

Discus

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	<u>Place</u>
1.	166'6"	2008	Chandler Burden	1st
2.	163'7"	1995	Tim Berwanger	1st
3.	162'10"	1993	Mark Fischer	1st
4.	160'8"	1993	Jim Gibson	2nd.
5.	160'7"	2007	Chandler Burden	1st
6.	156'10"	2011	Linden Ayoki	1st
7.	153'0"	1994	Tim Berwanger	1st
8.	150'1"	2016	Luke Doerger	1st
9.	146'3"	2012	Linden Ayoki	1st
10.	143'2"	2011	Jesse Back	3rd

High Jump

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	<u>Place</u>
1.	6'6"	2002	Chris Petit	3rd
	6'6"	2018	Cameron Willis	2ns
3.	6'4"	1993	Tommy Dodd	2nd
	6'4"	2004	Dareen Mansoor	4th
	6'4"	2010	Ray Claytor	2nd
6.	6'2"	2009	Ray Claytor	4th
7.	6'0"	1994	Tommy Dodd	2nd
	6'0"	1995	Tony Giordano	4th
	6'0"	2006	Isaac Green	5th
	6'0"	2008	Ray Claytor	4th
	6'0"	2009	Ryan Watts	7 th
	6'0"	2012	Tim Bell	1 st
	6'0"	2016	Cameron Willis	3rd

Pole Vault

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	<u>Place</u>
1.	15'1"	2006	Patrick Tenbrink	1st
2.	14'6"	2000	Kelly Tenbrinck	2nd
3.	14'3"	2004	Mike Chia	1st
4.	14'0"	2005	Patrick Tenbrink	2nd
	14'0"	2011	Andrew Silber	1st
6.	13'9"	2018	Josh Vidourek	1st
7.	13'6"	1993	Bryan Bosse	1st
	13'6"	1997	Alex Jones	2nd
	13'6"	2000	Brian Pierson	4th
	13'6"	2002	Aaron Dangel	6th
	13'6"	2001	Dan Albrinck	7th
	13'6"	2007	Andy Dittgen	4th
	13'6"	2009	Josh Dangel	1 st
	13'6"	2011	Tyler Vidourek	2 nd

Long Jump

1.	22'3¼"	2014	Tim Bell	1st
2.	21'9"	2002	Scott Hudepohl	2nd
3.	21'7½"	1995	Fred Kendall	3rd
4.	21'6"	1992	Ty Douthard	3rd
5.	21'2"	1997	Joe Nelson	2 nd
6.	20'9¾"	2012	Tim Bell	5th
7.	20'9"	2011	Tim Bell	6 th
8.	20'7"	2011	Rodriguez Coleman	8 th
9.	20'5"	2015	Avery Larkin	5 th
10.	19'11"	2018	Cameron Willis	3rd

Shuttle Hurdles Relay

1.	1:02.1	2000	6th
2.	1:03.20(FAT)	2008	3rd
3.	1:03.2	1994	3rd
4.	1:03.4	1997	3rd
5.	1:03.92(FAT)	2007	7th
6.	1:05.5	1998	5th
7.	1:06.18(FAT)	2009	3rd
8.	1:06.1	1995	3rd
9.	1:08.7	1993	5 th
10.	1:08.8	2006	8th

1600 Meter Medley (400-200-200-800) Relay

1.	3:31.96	2011	1st
2.	3:36.64	2007	3rd
3.	3:37.35	2005	6th
4.	3:40.0	1993	5th
5.	3:41.05	2006	4th
6.	3:41.3	1998	6th
7.	3:42.10	2010	4th
	3:42.10	2018	1st
9.	3:43.5	1995	6th
10.	3:45.94	2016	3 rd

4000 Meter Medley Relay (800-400-1200-1600)

1.	10:32.07	2007	2nd
2.	10:34.89	2003	1st
3.	10:38.42	2002	2nd
4.	10:46.70	2004	2nd
5.	10:47.7	1994	1st
6.	10:49.28	2001	3rd
7.	10:50.2	1993	2nd
8.	10:50.9	1995	1st
9.	10:53.97	2006	5th
10.	10:57.58	2011	1st

6400 Meter Relay

1.	18:36.1	1994	1st
2.	18:39.13	2006	1st
3.	18:42.17	2007	2nd
4.	18:44.9	1998	2nd
5.	18:45.68	2002	4th
6.	18:46.75	2001	4th
7.	18:50.4	1991	2nd
8.	18:52.2	1987	1st
9.	18:56.67	2003	5th
10.	19:05.95	2005	4th

ROOSEVELT MEMORIAL INVITATIONAL HONOR ROLL

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3200 Meter Relay

Rank	Time	Year	Place
1.	8:08.8	1996	1st
2.	8:10.6	1993	5th
3.	8:17.31	2016	2nd
4.	8:21.05	2015	2nd
5.	8:24.3	1995	5th
6.	8:26.3	1994	4th
7.	8:29.1	1997	3rd
8.	8:31.72	2014	3rd
9.	8:37.75	2018	3rd
10.	8:44.20	2017	4th

400 Meter Dash

1.	49.93	2006	Julian Posey	4th
2.	50.04	2007	Devier Posey	7th
3.	50.86	2015	Adam Franklin	7th
4.	51.15	2018	Cameron Willis	3rd
5.	51.57	2014	Adam Franklin	8th
6.	51.6	1997	John Ditullo	4th
7.	51.91	2010	Cameron Cole	5th
8.	52.27	2010	Jaleel Hytche	7th
9.	52.84	2016	Logan Montgomery	7th

1600 Meter Relay

1.	3:32.0	1997	1st
2.	3:33.7	1996	6th
3.	3:34.77	2018	4th

200 Meter Dash

1.	21.99	2008	Devier Posey	2nd
2.	22.80	2014	Tyler Harmon	4th
3.	23.27	2018	Cameron Willis	6th

110 Meter Hurdles

1.	15.03	1995	Fred Kendall	4th
2.	15.03	2011	Rodriguez Coleman	(p)
3.	15.42	2014	Darius Heis	3rd
4.	15.50	2018	Quinn Ealy	4th
5.	15.79	2008	Ricky Steele	4th
6.	15.97	2016	Quinn Ealy	6th
7.	16.02	2018	Darryl Hubbard	7th
8.	16.21	2014	Darius Heis	7th
9.	17.20	2017	Quinn Ealy	8th

800 Meter Relay

1.	1:30.5	2012	3rd
2.	1:31.46	2010	6th
3.	1:32.00	2009	6th
4.	1:33.27	2017	4th
5.	1:33.49	2018	4th

100 Meter Dash

1.	10.86	2017	Tyler Richardson	3rd
2.	11.02	2007	Kendall Owens	2nd
3.	11.19	1987	Lee Heath	5th
4.	11.71	2008	Kendall Owens	8th

2000 Meter Steeplechase

1.	6:16.00(FAT)	2006	Kyle Lang	1st
2.	6:17.80	2004	Bill Keckelis	1st
3.	6:21.44	2007	Kyle Lang	2nd
4.	6:24.92	2003	Bill Keckelis	1st
5.	6:27.90	2001	Garrett Grogan	2nd
6.	6:28.64	2002	Bill Keckelis	1st
7.	6:37.84	2001	Bill Keckelis	3rd
8.	6:42.1	1994	Tim Mohr	3rd
9.	6:43.05	2017	Andrew Bushman	1st
10.	6:43.56	2000	Mike Robbins	3rd

1600 Meter Run

1.	4:15.39	2001	Allen Bader	3rd
2.	4:18.42	2002	Allen Bader	4th
3.	4:19.5	1994	Doug Bockenstette	1st
4.	4:20.07	1995	Dean Fulmer	1st
5.	4:21.36	2007	Mitchell Heusmann	5th
6.	4:23.76	2003	Eric Mayhaus	5th
7.	4:23.99	2006	Kyle Lang	5th
8.	4:24.43	1993	Doug Bockenstette	1st
9.	4:25.35	2011	Travis Hawes	1st
10.	4:25.5	1987	Dan Fulmer	2nd

800 Meter Run

1.	1:55.65	2011	Ethan Bokeno	1st
2.	1:57.60	2011	Jaleel Hytche	3rd
3.	1:57.68	1998	Chris Hoeffer	3rd
4.	2:00.60	2010	Travis Hawes	1st
5.	2:00.65	2017	Jaylen Hasan	3rd
6.	2:01.38	1995	John Ditullio	6th
7.	2:02.77	2003	Dan Mink	8th
8.	2:03.2	1996	Chris Hoeffer	6th
9.	2:03.75	2018	David Williams	4th
10.	2:04.03	2016	Brad Anneken	7th

Triple Jump

1.	39'8 1/4"	2004	Robbie Lohbeck	5th
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ROOSEVELT MEMORIAL INVITATIONAL HONOR ROLL

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300 Meter Hurdles

1.	39.36	2011	Rodriguez Coleman	2nd
2.	39.38	2002	Scott Huedephl	5 th
3.	40.32	2010	Chris Fisbeck	3 rd
4.	40.68	2010	Rodriquez Coleman	4th
5.	41.11	2016	Quinn Ealy	6th
6.	41.14	2018	Quinn Ealy	5th
7.	41.47	2018	Darryl Hubbard	7th
8.	42.02	2009	Ricky Steele	6th
9.	42.29	2008	Andre Cole	6 th
10.	42.45	2015	Kevin Ferguson	pre.

3200 Meter Run

1.	8:56.92	2000	Steve Padgett	2nd
2.	9:05.33	2002	Allen Bader	3rd
3.	9:22.4	1995	Dean Fulmer	1st
4.	9:23.82	2003	Eric Mayhaus	6th
5.	9:25.59	2007	Jake Nusekabel	1st
6.	9:27.3	1998	Steve Padgett	3 rd
7.	9:27.4	1994	Doug Bockenstette	1 st
8.	9:28.41	2001	Allen Bader	2nd
9.	9:29.98	2006	Jake Nusekabel	2 nd
10.	9:30.0	1994	Dean Fulmer	2nd

400 Meter Relay

1.	43.63	2008	8 th
2.	44.72	2010	8 th
3.	45.02	2018	5th

800 Sprint Medley Relay

1.	1:33.84	2008	3 rd
2.	1:35.13	2014	3rd
3.	1:35.8	2012	5th
4.	1:37.03	2010	6 th
5.	1:37.10	2009	7 th
6.	1:37.37	2017	1st
7.	1:37.53	2015	6th
8.	1:40.34	2011	6 th
9.	1:40.94	2018	5th
9.	1:45.43	2016	8th

La Salle's GCL Honor Roll

"A Top Ten Ranking of La Salle's Scorers at the GCL Championships"

110 Meter High Hurdles

1.	14.81	Rodriguez Coleman	2011	1st
2.	14.84	Rodriquez Coleman	2010	1st
3.	14.8	Steve Hamilton	1999	1st
	14.8	Matt Knueven	2000	3rd
	14.8	Ricky Steele	2009	2nd
6.	14.90	Jonathan Campbell	2013	1st
7.	14.91	Darius Heis	2015	1sr
8.	14.9	Ryan Reardon	1995	1st
9.	15.03	Quinn Ealy	2018	2nd
10.	15.1	Jon Houchen	1997	1st
	15.1	Fred Kendall	1993	2nd
	15.1	Bill Thoman	1997	2nd

400 Meter Dash

1.	48.5	Devier Posey	2008	1st
2.	48.71	Jaleel Hytchye	2012	1st
3.	49.3	Devier Posey	2007	1st
4.	49.68	Jaylen Hasan	2017	1st
5.	49.6	Cameron Cole	2008	2nd
6.	50.08	Jaleel Hytchye	2011	1st
7.	50.14	Cameron Willis	2018	1st
8.	50.1	Julian Posey	2006	1st
	50.1	Cameron Cole	2009	1st
10.	50.2	John Ditullio	1996	1st

100 Meter Dash

1.	10.5	Kendall Owens	2008	pre.
2.	10.6	Dennis Fieglien	1998	2nd
3.	10.8	Lee Heath	1988	1st
4.	10.94	Tim Bell	2013	pre.
5.	11.10	Jaleel Hytchye	2012	1st
6.	11.14	Koy Beasley	2021	5th
6.	10.9	Lee Heath	1987	1st
	10.9	Devier Posey	2008	2nd
8.	11.0	Steve Kaiser	1980	1st
	11.0	Dennis Fieglien	1999	2nd
	11.0	Matt Knueven	2000	3rd
	11.0	Kendall Owens	2006	2 nd
	11.0	Vince Harris	2006	4th
	11.0	Kendall Owens	2007	1 st
	11.0	Devier Posey	2007	2nd

800 Meter Run

1.	1:55.5	Chris Hoeffer	1998	2nd
2.	1:56.08	Ethan Bokeno	2011	1st
3.	1:56.1	Doug Bockenstette	1994	1st
4.	1:57.5	Bill Keckieis	2004	2nd
5.	1:57.85	Ethan Bokeno	2010	1st
6.	1:58.4	Allen Bader	2001	1st
7.	1:58.5	Corey Spriggs	2007	2nd
8.	1:58.63	Jaylen Hasan	2016	1st
9.	1:58.9	Scott Sievering	1994	3rd
	1:58.9	Allen Bader	2002	2nd
	1:58.9	Eric Mayhaus	2002	3rd

200 Meter Dash

1.	21.7	Devier Posey	2008	1st
2.	22.0	Devier Posey	2007	1st
3.	22.12	Tyler Harmon	2013	pre.
4.	22.15	Adam Franklin	2013	pre.
5.	22.15	Tyler Harmon	2014	1st
6.	22.24	Jaleel Hytchye	2012	1st
7.	22.2	Lee Heath	1988	2nd
	22.2	Julian Posey	2006	1st
9.	22.3	Dennis Fieglien	1998	2nd
10.	22.46	Adam Franklin	2015	1st

1600 Meter Run

1.	4:16.0	Steve Padgett	2000	1st
2.	4:16.5	Allen Bader	2000	2nd
3.	4:17.0	Eric Mayhaus	2003	1st
4.	4:17.2	Allen Bader	2001	1st
5.	4:18.8	Dean Fulmer	1995	1st
6.	4:19.1	Doug Bockenstette	1993	1st
7.	4:20.5	Bill Keckieis	2004	2nd
8.	4:22.0	Bill Keckieis	2003	4th
9.	4:22.1	Rob Heckler	1991	2nd
10.	4:23.0	Steve Padgett	1998	1st
	4:23.0	Derrick Butler	1999	3rd

300 Meter Hurdles

1.	39.1	Scott Hudepohl	2002	1st
2.	39.2	Matt Knueven	2000	1st
3.	39.37	Chris Fisbeck	2010	2 nd
4.	39.54	Rodriquez Coleman	2010	3rd
5.	39.62	Quinn Ealy	2018	2nd
	39.62	Darryl Hubbard	2019	1st
7.	39.8	Chris Fisbeck	2009	3rd
8.	39.9	Garrett Scalia	2006	1st
9.	40.1	Bret Schnieber	1991	1st
10.	40.2	Bill Thoman	1997	1st

3200 Meter Run

1.	9:22.9	Jake Nusekabel	2007	1st
2.	9:24.3	Pat Rischmann	2001	1st
3.	9:24.5	Doug Bockenstette	1994	1st
4.	9:24.6	Dean Fulmer	1994	2nd
5.	9:27.1	Dean Fulmer	1993	1st
6.	9:32.1	Allen Bader	2000	2nd
7.	9:34.6	Eric Mayhaus	2003	1st
8.	9:35.3	Allen Bader	2002	1st
9.	9:35.5	Dean Fulmer	1995	1st
10.	9:36.9	Jake Nusekabel	2006	1st

La Salle's GCL Honor Roll

"A Top Ten Ranking of La Salle's Scorers at the GCL Championships"

400 Meter Relay

1.	43.00	Wyatt Jr, Smith, Howard, Williams	2019	2nd
2.	43.21	Hampton, Campbell, Franklin, Bell	2013	1st
3.	43.35	Scott, T.Nelson, Pankey, A.Nelson	2010	2nd
4.	43.45	Ross, Payne, Sanders, Beasley	2021	2nd
5.	43.58	Martin, Richardson, Campbell, Smith	2017	2nd
6.	43.74	Andrews, Richardson, Larkin, White	2016	1st
7.	43.6	Green, Jones, Volz, Owens	2007	1st
8.	43.9	Brown, Deyhe, Robinson, Owens	2008	2nd
9.	44.07	Steagall, Hampton, Franklin, Nelson	2012	1st
10.	44.0	Botts, Fieglien, Liston, Thomas	1999	1st

800 Meter Relay

1.	1:29.26	Wyatt Jr. Sanders, Ross, Jackson	2021	2nd
2.	1:29.66	T. Bell, Franklin, Hytchye, Nelson	2012	1st
3.	1:29.9	Green, Posey, Jones, Owens	2007	1st
4.	1:30.27	Scott,Nelson,Coleman,Fisbeck	2010	2nd
5.	1:30.37	Larkin, Hytchye, Franklin, Harmon	2013	1st
6.	1:30.60	Pankey, Hytchye,Nelson, Coleman	2011	1st
7.	1:30.78	Smith, Hildebrand, Wyatt, Willians	2018	2nd
8.	1:31.18	Wyatt Jr, Howard, Smith, Williams	2019	1st
9.	1:31.31	Willis, Swift, Campbell, Richardson	2017	2nd
10.	1:31.4	Green, Walker, Posey, Morton	2005	1st

1600 Meter Relay

1.	3:22.1	Cole, Posey, Deyhle, Malcom	2008	1st
2.	3:26.6	Ostendorf, Hopkins, Efkeman, Ditullio	1994	1st
3.	3:27.33	Williams, Stuckey, Willis, Ealy	2018	1st
4.	3:27.8	Posey, Gall, Thinnnes, Morton	2005	1st
5.	3:28.1	Houchen, Thoman, Ryan, Ditullio	1997	2nd
6.	3:28.6	Ryan, Jones, Liston, Hoeffer	1998	2nd
	3:28.6	Voeum, Liston, LaSita, Beck	1999	2nd
8.	3:29.23	Montgomery, Williams, Ealy, Hasan	2017	1st
9.	3:29.62	Andrews, Blair, Albrinck, Montgomery	2016	2nd
10.	3:29.7	Thoman, Cipriani, Efkeman,,Douthard	1992	1st
	3:29.7	Posey, Beck, Scalia, Posey	2006	2 nd

3200 Meter Relay

1.	7:51.31	Bokeno, Thiery, Kluesener, Hawes	2011	1st
2.	7:55.3	Keckeis,Mink,Mayhaus,Dragon	2003	2nd
3.	7:59.4	Heusmann, Lang, Lupp, Spriggs	2007	1st
4.	8:00.12	Montgomery, Williams, Bushman, Hasam	2017	1st
5.	8:00.95	Bokeno,Hawes,Thiery,Kluesener	2010	1st
6.	8:01.63	Hasan, Anneken, Wuestefeld, Pierce	2016	1st
7.	8:02.0	Bader, Keckeis,Mink, Mayhaus	2002	1st
8.	8:04.4	Padgett, Voeum, Lutz, Bader	2000	2nd
9.	8:04.78	Hasen, Anneken, Pierce, Campbell	2015	1st
10.	8:05.9	Sievering,Fulmer,Roller,Bockenstette	1994	1st

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High Jump

1.	6'8"	Steve Esterkamp	1998	2nd
2.	6'6"	Tommy Dodd	1993	1st
	6'6"	Tommy Dodd	1994	1st
	6'6"	Steve Esterkamp	1999	1st
	6'6"	Cameron Willis	2018	1st
6.	6'4"	Darren Mansoor	2003	1st
	6'4"	Ray Claytor	2008	2nd
	6'4"	Ray Claytor	2010	1st
	6'4"	Cameron Willis	2017	1st
10.	6'3"	Tim Bell	2012	1st

Long Jump

1.	23'4½"	Tim Bell	2013	1st
2.	22'8½"	Scott Hudepohl	2002	1st
3.	21'9"	Scott Huedpohl	2001	1st
4.	21'5½"	Scott Hudepohl	2000	2nd
5.	21'5"	Ty Douthard	1990	1st
6.	21'4½"	Isaac Green	2007	1st
7.	21'4"	Tim Bell	2012	1st
8.	21'3½"	Ty Douthard	1992	1st
9.	21'3"	Ty Douthard	1991	3rd
10.	21'2½"	Joe Nelson	1997	1st

Pole Vault

1.	15'0"	Andrew Silber	2010	1st
2.	14'9"	Andrew Silber	2011	1st
3.	14'6"	Dan Albrinck	2001	2nd
	14'6"	Andy Dittgen	2007	1st
5.	14'1"	Patrick Tenbrink	2006	1st
6.	14'0"	Bryan Bosse	1993	1st
	14'0"	Kelly Tenbrink	2000	2nd
	14'0"	Brian Pierson	2000	3rd
	14'0"	Aaron Dangel	2001	4th
	14'0"	Patrick Tenbrink	2005	1st
	14'0"	Josh Dangel	2009	1 st
	14'0"	Alex Murray	2013	1st

Shot Put

1.	58'10½"	Tim Berwanger	1995	1st
2.	58'2½"	Chandler Burden	2008	1st
3.	56'10½"	Jerry Siemer	1969	2nd
4.	56'0½"	Jordan Thompson	2015	1st
5.	55'5¾"	Mark Fischer	1993	1st
6.	54'2"	Paul Thaler	1997	2nd
	54'2"	Jabari Neal-Jackson	2019	2nd
8.	53'11"	Mike Schnieder	1975	1st
9.	53'9"	Geoff Ziegler	1999	2nd
10.	53'6"	Kevin Tumey	1968	2nd

Discus

1.	180'4"	Chandler Burden	2008	1st
2.	165'8"	Tim Berwanger	1995	1st
3.	162'6"	Chandler Burden	2007	1st
4.	161'6"	Jim Gibson	1993	1st
5.	161'3"	Frank Angst	1986	1st
6.	158'10"	Mike Berwanger	1988	1st
7.	158'6"	Tim Berwanger	1994	1st
8.	158'3"	Mike Schneider	1976	2nd
9.	157'2"	Lindon Ayoki	2011	1st
10.	156'11"	Mark Fischer	1993	2nd

La Salle's District Honor Roll

“An All Time Top Ten Ranking of La Salle’s Scorers at the District Championships”

110 Meter High Hurdle

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>
1.	14.69	Darryl Hubbard	2019	1st
2.	14.71	Rodriquez Coleman	2011	pre.
3.	14.7	Scott Hudepohl	2002	2nd
4.	14.86	Rodriquez Coleman	2010	2nd
5.	15.07	Darius Heis	2015	2nd
6.	15.0y	Tom Braun	1981	2nd
7.	15.0	Fred Kendall	1994	4th
8.	15.14	Ricky Steele	2007	3rd
9.	15.15	Jonathan Campbell	2013	2nd
10.	15.24	Ricky Steele	2009	5th

400 Meter Dash

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>
1.	48.50	Devier Posey	2008	1st
2.	48.77	Devier Posey	2007	1st
3.	48.99	Jaleel Hytchye	2012	2nd
4.	49.52	Julian Posey	2006	1st
5.	50.08	Cameron Cole	2008	3rd
6.	50.1	Eric Morton	2005	1st
7.	50.2	John Ditullio	1997	2nd
8.	50.44	Adam Franklin	2014	3rd
9.	50.45	Devier Posey	2006	4th
10.	50.55	Cameron Cole	2010	3rd

100 Meter Dash

1.	10.86	Kendall Owens	2008	1st
2.	10.95	Koy Beasley	2021	2nd
3.	10.8	Lee Heath	1987	2nd
4.	11.12	Kevin Howard	2019	5th
5.	10.94	Devier Posey	2008	pre.
6.	10.98	Devier Posey	2007	2 nd
7.	10.99	Jaleel Hytchye	2012	1st
8.	11.11	TreSean Smith	2017	2nd
9.	10.9	Lee Heath	1988	5th
10.	11.18	Tim Bell	2013	pre.

800 Meter Run

1.	1:53.2	Chris Hoeffer	1998	1st
2.	1:56.18	Ethan Bokeno	2011	1st
3.	1:56.37	Jaleel Hytchye	2011	2 nd
4.	1:56.54	Ethan Bokeno	2010	1st
5.	1:57.2	Doug Bockenstette	1994	2 nd
6.	1:57.5	Mike Thoman	1993	2 nd
7.	1:57.6	Chris Hoeffer	1997	4th
8.	1:57.7	Bill Keckeis	2004	4th
9.	1:58.0	Eric Mayhaus	2002	2 nd
10.	1:58.20	Jaylen Hasan	2017	1st
	1:58.2	Bill Feuchter	1985	2 nd

200 Meter Dash

1.	21.85	Devier Posey	2008	1st
2.	22.1	Lee Heath	1987	2nd
	22.1	Lee Heath	1988	2nd
4.	22.24	Jaleel Hytchye	2012	2nd
5.	22.32	Devier Posey	2007	1st
6.	22.34	Orlando Wyatt Jr.	2019	3rd
7.	22.42	Tyler Harmon	2014	pre.
8.	22.46	Tyler Harmon	2013	pre.
9.	22.5	Dennis Fieglien	1999	1st
10.	22.64	Julian Posey	2006	1st

1600 Meter Run

1.	4:14.1	Steve Padgett	2000	2nd
2.	4:15.1	Allen Bader	2000	4th
3.	4:16.9	Allen Bader	2001	2nd
4.	4:18.6	Dean Fulmer	1995	2nd
5.	4:20.0	Dan Fulmer	1986	2nd
6.	4:20.9	Doug Bockenstette	1994	1st
7.	4:22.9	Rob Heckler	1991	2nd
8.	4:23.3	Dave Gunn	1987	3rd
9.	4:23.6	Doug Bockenstette	1993	2nd
10.	4:24.28	Travis Hawes	2010	2nd

300 Meter Hurdles

1.	39.4	Scott Hudepohl	2002	2nd
2.	39.67	Darryl Hubbard	2019	1st
3.	39.74	Rodriquez Coleman	2011	1st
4.	39.8	Scott Hudepohl	2001	2nd
5.	39.98	Chris Fisbeck	2010	pre.
6.	40.01	Jonathan Campbell	2013	2nd
7.	40.17	Chris Fisbeck	2009	4th
8.	40.1	Matt Kneeven	2000	4th
9.	40.26	Rodriquez Coleman	2010	pre.
10.	40.48	Garrett Scalia	2006	2nd

3200 Meter Run

1.	9:12.5	Steve Padgett	2000	1st
2.	9:22.63	Jake Nusekabel	2007	2nd
3.	9:22.8	Allen Bader	2001	1st
4.	9:25.7	Pat Rischmann	2001	3rd
5.	9:26.0	Steve Padgett	1998	2nd
6.	9:26.4	Allen Bader	2002	1st
7.	9:29.0	Dean Fulmer	1994	1st
8.	9:30.8	Dean Fulmer	1995	1st
9.	9:31.2	Dan Fulmer	1987	2nd
10.	9:31.5	Allen Bader	2000	3rd

La Salle's District Honor Roll

"An All Time Top Ten Ranking of La Salle's Scorers at the District Championships"

400 Meter Relay

1.	42.18	Ross, Payne, Sanders, Beasley	2021	1st
2.	43.04	Hampton, Larkin, Franklin, Bell	2013	pre.
3.	43.34	Scott, T. Nelson, Pankey, A. Nelson	2010	pre.
4.	43.3	Green, Owens, Robinson, Harris	2006	1st
5.	43.58	Andrews, Mathes, Turner, Drammeh	2015	3rd
6.	43.6	Watson, Thomas, Nelson, White	1996	3rd
7.	43.82	Steagall, Hampton, Franklin, Nelson	2012	pre.
8.	44.05	Brown, Deyhle, Robinson, Owens	2008	6th
9.	44.1	Botts, Fieglien, Liston, Jones	1999	3rd
10.	44.3	Holthaus, Brown, Brinker, Hudepohl	2002	7th

800 Meter Relay

1.	1:28.17	Steagall, T. Bell, Nelson, Hytchye	2012	pre.
2.	1:28.55	Hytchye, Nelson, Bell, Coleman	2011	2nd
3.	1:28.64	Wyatt Jr. Sanders, Ross, Jackson	2021	1st
4.	1:28.89	Wyatt Jr, Howard, Smith, Williams	2019	1st
4.	1:29.31	Franklin, Bell, Harmon, Larkin	2013	1st
5.	1:29.67	Green, Posey, Cole, Owens	2007	1st
6.	1:29.75	Green, Posey, Harris, Posey	2006	1st
7.	1:30.19	Franklin, Harmon, Turner, Hunter	2014	3rd
8.	1:30.49	Scott, Nelson, Fisbeck, Coleman	2010	(p)
9.	1:31.43	Cole, Nelson, Coleman, Fisbeck	2009	5th
10.	1:32.0	Posey, Green, Scalia, Morton	2005	2nd

1600 Meter Relay

1.	3:21.62	Coleman, Hytchye, Seagall, Bokeno	2011	2nd
2.	3:23.92	Malcom, Deyhle, Posey, Cole	2008	pre.
3.	3:24.84	Scott, Hytchye, Cole, Fisbeck	2010	1st
4.	3:25.35	Montgomery, Ealy, Williams, Hasan	2017	
5.	3:25.3	Douthard, Cipriani, Reardon, Thoman	1992	3rd
6.	3:25.6	Ryan, Jones, Fieglien, Hoeffer	1998	2nd
7.	3:25.7	Houchen, Thoman, Ryan, Ditullio	1997	3rd
8.	3:26.2	Ostendorf, Schieber, Ditullio, Ditullio	1995	3rd
9.	3:26.5	Posey, Licht, Posey, Huesman	2006	3rd
10.	3:27.8	Douthard, Thoman, Cipriani, Schnieber	1991	4th

3200 Meter Relay

1.	7:54.68	Kluesener, Thiery, Bokeno, Hawes	2011	1st
2.	7:57.3	Mink, Beck, Mayhaus, Bader	2002	1st
3.	8:03.26	Bokeno, Hawes, Thiery, Kluesener	2010	2nd
4.	8:04.0	Padgett, Voeum, Lutz, Bader	2000	3rd
5.	8:05.7	Beck, Grogan, Mayhaus, Bader	2001	3rd
6.	8:06.23	Hasan, Anneken, Wuestefeld, Pierce	2016	1st
7.	8:08.50	Anneken, Pierce, Weyer, Hasen	2015	2nd
8.	8:08.9	Sievering, Fulmer, Roller, Bockenstette	1994	1st
9.	8:09.0	Sievering, Cipriani, Enneking, Thoman	1992	2nd
10.	8:09.98	Spriggs, Lang, Huesman, Nusekabel	2006	2nd

La Salle's District Honor Roll

"An All Time Top Ten Ranking of La Salle's Scorers at the District Championships"

Pole Vault

1.	15'0"	Andrew Silber	2010	1st
2.	14'11 $\frac{3}{4}$ "	Josh Dangel	2009	1st
3.	14'6"	Alex Jones	1995	1st
	14'6"	Brian Pierson	2000	1st
	14'6"	Dan Albrinck	2001	1st
	14'6"	Pat Tenbrinck	2005	1st
	14'6"	Andrew Silber	2009	3rd
8.	14'3"	Bryan Bosse	1993	1st
9.	14'0"	Patrick Tenbrink	2006	1 st
10.	13'9"	Patrick Greve	2006	2nd
	13'9"	Tyler Viourek	2011	1st

Long Jump

1.	23'11 $\frac{3}{4}$ "	Tim Bell	2014	2nd
2.	22'7 $\frac{1}{2}$ "	Scott Hudepohl	2002	1st
3.	22'7 $\frac{1}{4}$ "	Tim Bell	2013	1st
4.	22'1"	Scott Huedpohl	2001	2nd
5.	22'1 $\frac{1}{2}$ "	Darryl Eddings	1984	1st
6.	21'11 $\frac{3}{4}$ "	Isaac Green	2007	1st
7.	21'10 $\frac{3}{4}$ "	Orlando Wyatt Jr.	2021	3rd
8.	21'9"	Avery Larkin	2015	3rd
9.	21'7 $\frac{1}{4}$ "	Tim Bell	2012	4th
10.	21'6 $\frac{1}{2}$ "	GiBran Payne.	2021	5th

High Jump

1.	6'6"	Steve Esterkamp	1999	1st
	6'6"	Tommy Dodd	1994	3rd
3.	6'4"	Robbie Lohbeck	2004	5th
	6'4"	Cameron Willis	2018	1st
	6'4"	Justin Lovette	2021	1st
6.	6'3"	Tim Bell	2011	1st
7.	6'2"	Tommy Dodd	1993	2nd
	6'2"	Pat Garibay	1977	5th
	6'2"	Mike Schachleiter	2002	5th
	6'2"	Dareen Mansoor	2004	6th
	6'2"	Ryan Watts	2008	6th
	6'2"	Ray Claytor	2009	3 rd
	6'2"	Tim Bell	2012	1 st
	6'2"	Cameron Behanan	2019	3rd

Shot Put

1.	60'6 $\frac{1}{4}$ "	Chandler Burden	2008	1st
2.	58'5 $\frac{1}{4}$ "	Jordan Thompson	2015	1st
3.	56'7 $\frac{3}{4}$ "	Tim Berwanger	1995	1st
4.	55'5 $\frac{1}{2}$ "	Jabari Neal-Jackson	2019	1st
5.	55'1 $\frac{1}{2}$ "	Chandler Burden	2007	2nd
6.	55'0"	Mark Fischer	1993	1st
7.	54'6"	Jerry Siemer	1969	2nd
8.	54'2"	Paul Thaler	1997	1st
9.	53'8 $\frac{1}{2}$ "	Tim Berwanger	1994	1st
10.	53'7 $\frac{3}{4}$ "	Mike Berwanger	1989	2nd

Discus

1.	180'4"	Chandler Burden	2008	1st
2.	173'7"	Tim Berwanger	1995	1st
3.	166'6"	Chandler Burden	2007	1st
4.	165'3"	Jim Gibson	1993	1st
5.	164'1"	Mark Fischer	1993	2nd
6.	162'7"	Frank Angst	1986	2nd
7.	161'6"	Tim Berwanger	1994	1st
8.	160'5"	Mike Berwanger	1989	1st
9.	156'2"	Luke Doerger	2016	2nd
10.	155'10"	Jordan Thompson	2015	1st

La Salle's Regional Honor Roll

"An All Time Top Ten Ranking of La Salle's Scorers at the Regional Championships"

110 Meter Hurdles

1.	14.35	Rodriguez Coleman	2010	(p)	1.	4:11.36	Steve Padgett	2000	3rd
2.	14.64	Darryl Hubbard	2019	4th	2.	4:13.84	Allen Bader	2000	4th
3.	14.80	Rodriguez Coleman	2011	3rd	3.	4:16.30	Allen Bader	2002	1st
4.	14.95	Darius Heis	2014	8th	4.	4:16.87	Bill Keckeis	2004	3rd
5.	15.35	Jon Houchen	1997	6th	5.	4:17.69	Dean Fulmer	1995	2nd

100 Meter Dash

1.	10.69	Devier Posey	2008	(p)	7.	4:19.01	Doug Bockenstette	1994	1st
2.	10.78	Kendall Owens	2008	(p)	8.	4:19.49	Mitchell Heusmann	2007	2 nd
3.	10.79	Lee Heath	1988	3rd	9.	4:19.86	Ricky Lupp	2007	4th
4.	10.97	Lee Heath	1987	6th	10.	4:21.36	Jason Beck	2002	3rd
5.	11.09	Wiz White	1996	3 rd					
6.	11.14	Jaleel Hytchye	2012	(p)					
7.	11.28	Kendall Owens	2006	7th					

300 Meter Low Hurdles

1.	38.36	Keith Reganhard	1984	3rd	1.	9:07.00	Steve Padgett	2000	1st
					2.	9:19.05	Jake Nusekabel	2007	2nd
					3.	9:25.83	Doug Bockenstette	1994	1st
					4.	9:26.50	Dean Fulmer	1995	1st
					5.	9:26.78	Dean Fulmer	1994	2nd
					6.	9:28.10	Allen Bader	2002	1st
					7.	9:28.51	Kyle Dragan	2004	4th
					8.	9:29.10	Pat Rischmann	2001	4th
					9.	9:29.85	Dan Fulmer	1987	2 nd
					10.	9:30.07	Derrick Butler	1998	3rd

400 Meter Dash

1.	47.65	Devier Posey	2008	1st	1.	Pole Vault			
2.	47.81	Devier Posey	2007	2nd	1.	15'0"	Kelly Tenbrink	2000	1st
3.	48.99	Julian Posey	2006	5th		15'0"	Dan Albrinck	2001	3rd
4.	50.05	John Ditullio	1997	4th	3.	14'9"	Josh Dangel	2009	3rd
5.	50.46	John Ditullio	1996	2 nd	4.	14'6"	Bryan Bosse	1993	1st
6.	49.99	Eric Morton	2005	6 th		14'6"	Pat Tenbrink	2005	2nd
7.	50.65	Julian Posey	2005	8 th		14'6"	Pat Tenbrink	2006	2nd
8.	50.69	Adam Franklin	2014	8th	7.	14'3"	Mike Chia	2004	1st

800 Meter Run

1.	1:54.25	Ethan Bokeno	2011	1st	9.	14'0"	Mark Arlinghaus	1991	1st
2.	1:54.58	Chris Hoeffer	1998	2nd		14'0"	Brian Pierson	1999	4th
3.	1:54.55	Jaylen Hasan	2017	2nd		14'0"	Brian Pierson	2000	3rd
4.	1:56.88	Jaylen Hasan	2016	3rd		14'0"	Aaron Dangel	2001	8 th
5.	1:56.97	Ethan Bokeno	2010	4 th		14'0"	Ben Vidourex	2012	5 th
6.	2:00.74	David Williams	2018	8th		14'0"	Alex Murray	2013	3 rd

200 Meter Dash

1.	21.74	Devier Posey	2008	(p.)	1.	Long Jump			
2.	21.78	Devier Posey	2007	3 rd	2.	22'4"	Scott Hudepohl	2002	2nd
3.	22.14	Jaleel Hytchye	2012	(p)	3.	22'4"	Scott Huedpohl	2001	3 rd
4.	22.56	Orlando Wyatt Jr.	2019	8th	3.	22'3½"	Tim Bell	2012	5th

High Jump

1.	6'6"	Steve Esterkamp	1999	2nd	4.	21'11½"	Isaac Green	2007	5 th
	6'6"	Cameron Willis	2018	2nd	5.	22'3½"	Jeffrey Larkin	2013	5 th
3.	6'4"	Ray Claytor	2010	3rd	6.	21'5"	Orlando Wyatt Jr.	2021	7th
4.	6'3"	Cameron Willis	2016	5th	7.	21'3½"	Avery Larkin	2015	8th
5.	6'2"	Tommy Dodd	1994	4 th					
	6'2"	Cameron Willis	2017	6th					

La Salle's Regional Honor Roll

3200 Meter Relay

1.	7:54.44	Bokeno, Hawes, Thiery, Kluesener	2010	2nd
2.	7:58.10	Mink, Keckeis, Mayhaus, Bader	2002	1st
3.	7:58.64	Mink, Keckeis, Mayhaus, Dragon	2003	3 rd
4.	7:58.85	Kluesener, Thiery, Bokeno, Hawes	2011	1st
5.	7:59.57	Hasan, Anneken, Wuestefeld, Pierce	2016	2nd
6.	8:00.06	Lang, Huesman, Spriggs, Nusekabel	2006	4th
7.	8:00.6	Lang, Lupp, Spriggs, Nusekabel	2007	7th
8.	8:02.00	Keckeis, Devoe, Gall, Dargan	2004	6th
9.	8:02.53	Padgett, Voeum, Lutz, Bader	2000	2nd
10.	8:02.8	Sievering, Fulmer, Roller, Bockenstette	1994	1st

1600 Meter Relay

1.	3:20.35	Steagall, Bokeno, Hytchye, Coleman	2011	3rd
2.	3:22.69	Posey, Licht, Lang, Posey	2006	5th
3.	3:23.33	Scott, Hytchye, Cole, Fisbeck	2010	5th
4.	3:25.16	Malcom, Watts, Posey, Cole	2008	pre.
5.	3:25.54	Williams, Willis, Stuckey, Willis	2018	7th
6.	3:25.72	Ealy, Hasan, Montgomery, Williams	2017	6th
7.	3:31.64	Hudepohl, Mink, Keckesis, Braun	2002	8th

800 Meter Relay

1.	1:28.32	Wyatt, Sanders, Payne, Jackson	2021	(p)
2.	1:28.80	Steagall, T. Bell, Nelson, Hytchye	2012	6th
3.	1:28.83	Green, Posey, Jones, A.Cole	2007	(p)
4.	1:28.92	Hytchye, Nelson, Coleman, Steagall	2011	2nd
5.	1:29.1	Green, Posey, Harris, Posey	2006	5 th
6.	1:29.49	Bell, Harmon, Franklin, Hytchye	2013	(p)
7.	1:31.15	Smith, Hall, Wyatt, Williams	2018	7th

400 Meter Relay

1.	42.26	Ross, Sanders, Payne, Beasley	2021	(p)
2.	42.91	Scott, Pankey, T. Nelson, A. Nelson	2010	(p)
3.	43.36	Green, Owens, Robinson, Harris	2006	7 th
4.	43.07	Bell, Larkin, Franklin, Harmon	2013	(p).

Shot Put

1.	59'6"	Chandler Burden	2008	1st
2.	57'3 $\frac{3}{4}$ "	Tim Berwanger	1995	1st
3.	56'9"	Mark Fischer	1993	1st
4.	56'6 $\frac{1}{2}$ "	Chandler Burden	2007	3rd
5.	56'4 $\frac{1}{4}$ "	Jordan Thompson	2015	2nd
6.	55'5 $\frac{1}{4}$ "	Mike Berwanger	1989	3rd
7.	55'1 $\frac{3}{4}$ "	Geoff Ziegler	1998	3rd
8.	54'2"	Jim Gibson	1993	2nd
9.	54'1 $\frac{1}{2}$ "	Geoff Ziegler	1999	3 rd
10.	53'5 $\frac{1}{2}$ "	Jabari Neal-Jackson	2019	4th

Discus

1.	192'4"	Chandler Burden	2008	1st
2.	171'0"	Tim Berwanger	1995	1st
3.	170'9"	Jim Gibson	1993	1st
4.	162'9"	Mark Fischer	1993	2nd
5.	161'5"	Luke Doerger	2016	2nd
6.	159'8"	Chandler Burden	2007	3rd
7.	159'7"	Tim Berwanger	1994	1st
8.	158'11"	Mike Berwanger	1989	1st
9.	154'4"	Jim Gibson	1992	1st
10.	154'0"	Ryan Brodbeck	2008	6th

La Salle's State Honor Roll

"An All Time Top Ten Ranking of La Salle's Scorers at the State Championships"

110 Meter Hurdles

- | | | | | |
|----|-------|-------------------|------|-----|
| 1. | 14.62 | Rodriquez Coleman | 2011 | (p) |
| 2. | 14.69 | Rodriquez Coleman | 2010 | (p) |

Long Jump

- | | | | | |
|----|-------|----------------|------|-----|
| 1. | 22'6" | Scott Hudepohl | 2002 | 5th |
| 2. | 22'5" | Scott Huedpohl | 2001 | 7th |

100 Meter Dash

- | | | | | |
|----|-------|---------------|------|-----------------|
| 1. | 10.73 | Lee Heath | 1988 | 2 nd |
| 2. | 10.87 | Devier Posey | 2008 | 4 th |
| 3. | 11.14 | Kendall Owens | 2008 | 8 th |

200 Meter Dash

- | | | | | |
|----|-------|--------------|------|-----------------|
| 1. | 21.79 | Devier Posey | 2007 | 5 th |
| 2. | 21.86 | Devier Posey | 2008 | 4th |

1600 Meter Run

- | | | | | |
|----|---------|-------------------|------|-----------------|
| 1. | 4:10.14 | Doug Bockenstette | 1994 | 1st |
| 2. | 4:14.37 | Allen Bader | 2002 | 1st |
| 3. | 4:14.63 | Allen Bader | 2001 | 2nd |
| 4. | 4:15.33 | Dean Fulmer | 1995 | 1 st |
| 5. | 4:17.94 | Bill Keckelis | 2004 | 4th |
| 6. | 4:18.06 | Allen Bader | 2000 | 4th |
| 7. | 4:19.18 | Doug Bockenstette | 1993 | 3rd |

400 Meter Dash

- | | | | | |
|----|------------|--------------|------|-----------------|
| 1. | 47.71(FAT) | Devier Posey | 2008 | 1 st |
|----|------------|--------------|------|-----------------|

Two Mile Run

- | | | | | |
|----|--------|----------|------|-----|
| 1. | 9:26.5 | Jay Huey | 1976 | 6th |
|----|--------|----------|------|-----|

Pole Vault

- | | | | | |
|----|-------|------------------|------|-----------------|
| 1. | 15'6" | Josh Dangel | 2009 | 2 nd |
| 2. | 15'0" | Patrick Tenbrink | 2006 | 3rd |
| 3. | 14'9" | Bryan Bosse | 1993 | 1st |
| | 14'9" | Mike Chia | 2004 | 1st |
| 5. | 14'8" | Andrew Silber | 2010 | 8th |
| 6. | 14'6" | Mark Arlinghaus | 1991 | 1st |
| | 14'6" | Dan Albrinck | 2001 | 3rd |
| | 14'6" | Andrew Silber | 2011 | 7th |
| 9. | 14'0" | Alex Jones | 1996 | 6th |
| | 14'0" | Brian Pierson | 1999 | 7th |
| | 14'0" | Pat Tenbrink | 2005 | 8th |

3200 Meter Run

- | | | | | |
|-----|---------|-------------------|------|-----------------|
| 1. | 9:00.97 | Steve Padgett | 2000 | 1st |
| 2. | 9:07.50 | Doug Bockenstette | 1994 | 1st |
| 3. | 9:15.86 | Allen Bader | 2002 | 3rd |
| 4. | 9:16.84 | Jake Neuskabel | 2007 | 5 th |
| 5. | 9:19.12 | Eric Mayhaus | 2003 | 3rd |
| 6. | 9:24.85 | Dean Fulmer | 1994 | 5th |
| 7. | 9:27.52 | Dean Fulmer | 1995 | 6th |
| 8. | 9:26.3 | Eric Huey | 1980 | 5th |
| 9. | 9:28.79 | Pat Rischmann | 2001 | 3 rd |
| 10. | 9:30.22 | Dan Fulmer | 1987 | 6th |

Shot Put

- | | | | | |
|----|---------|-----------------|------|-----|
| 1. | 61'2½" | Chandler Burden | 2008 | 1st |
| 2. | 55'11¾" | Mark Fischer | 1993 | 5th |
| 3. | 55'0" | Chandler Burden | 2007 | 7th |
| 4. | 54'9¾" | Tim Berwanger | 1995 | 6th |

Discus

- | | | | | |
|----|--------|-----------------|------|-----------------|
| 1. | 187'6" | Chandler Burden | 2008 | 1st |
| 2. | 175'6" | Tim Berwanger | 1995 | 2nd |
| 3. | 165'0" | Mike Berwanger | 1989 | 4th |
| 4. | 161'7" | Jim Gibson | 1992 | 6 th |

800 Meter Run

- | | | | | |
|----|---------|--------------|------|-----|
| 1. | 1:54.05 | Jaylen Hasan | 2017 | 5th |
|----|---------|--------------|------|-----|

3200 Meter Relay

- | | | | | |
|----|---------|---|------|-----|
| 1. | 7:46.74 | Hawes, Hytchye, Kluesener, Bokeno | 2011 | 1st |
| 2. | 7:49.06 | Mink, Beck, Mayhaus, Keckelis | 2003 | 6th |
| 3. | 7:50.19 | Mink, Beck, Mayhaus, Bader | 2002 | 4th |
| 4. | 7:52.70 | Sievering, Fulmer, Roller, Bockenstette | 1994 | 4th |
| 5. | 7:52.87 | Bokeno, Hawes, Thiery, Kluesener | 2010 | 6th |
| 6. | 8:04.26 | Padgett, Voeum, Lutz, Bader | 2000 | 5th |

800 Meter Relay

- | | | | | |
|----|---------|------------------------------------|------|-----|
| 1. | 1:28.36 | Steagall, Nelson, Hytchye, Coleman | 2011 | (p) |
|----|---------|------------------------------------|------|-----|

1600 Meter Relay

- | | | | | |
|----|---------|------------------------------------|------|-----|
| 1. | 3:20.67 | Steagall, Hytchye, Coleman, Bokeno | 2011 | (p) |
|----|---------|------------------------------------|------|-----|

400 Meter Relay

- | | | | | |
|----|-------|--------------------------------|------|-----|
| 1. | 41.64 | Wyatt, Payne, Sanders, Beasley | 2021 | 1st |
|----|-------|--------------------------------|------|-----|

TRACK & FIELD SCHOOL RECORDS

<u>Event</u>	<u>Name</u>	<u>Mark</u>	<u>Year</u>
110 Meter High Hurdles	Rodriquez Coleman	14.35	2010
100 Meter Dash	Lee Heath	10.73	1988
	Jaleel Hytchye	10.73	2013
1600 Meter Run	Doug Bockenstette	4:10.14	1994
400 Meter Dash	Devier Posey	47.41	2008
300 Meters Int. Hurdles (36")	Rodriquez Coleman	38.46	2011
800 Meter Run	Ethan Bokeno	1:52.43	2011
200 Meter Dash	Jaleel Hytchye	21.51	2013
3200 Meter Run	Steve Padgett	8:54.90	2000
2000 Meter Steeplechase	Bill Keckeis	6:14.72	2004
High Jump	Steve Esterkamp	6'9"	1998
Long Jump	Tim Bell	23'11 $\frac{3}{4}$ "	2014
Pole Vault	Josh Dangel	15'6"	2009
Shot Put	Chandler Burden	61'2 $\frac{1}{2}$ "	2008
Discus Throw	Chandler Burden	192'4"	2008
Triple Jump	Robbie Lohbeck	39'8 $\frac{1}{4}$ "	2004
3200 Meter Relay (4 X 800 meters)	Travis Hawes, Jaleel Hytchye Kevin Kluesener, Ethan Bokeno	7:46.74	2011
1600 Meter Relay (4 X 400 meters)	Devon Steagall, Jaleel Hytchye	3:20.35	2011
400 Meter Relay (4 X 100 meters)	Rodriguez Coleman, Ethan Bokeno		
4600 Meter Relay (4 X 1600 meters)	Orlando Wyatt Jr., Tyreeq Sanders	41.64	2021
800 Meter Relay (4 X 200 meters)	GiBran Payne, Koy Beasley		
4000 Meter Distance Medley (800, 400, 1200, 1600 meters)	Eric Mayhaus, Dan Mink	17:45.19y	2003
3200 Meter Distance Medley (800, 400, 400, 1600 meters)	Kyle Dragon, Jason Beck		
800 Meter Sprint Medley (110, 110 ,200 ,400 meters)	Devon Steagall, Tim Bell	1:28.17	2012
1600 Meter Medley 400, 200, 200, 800 meters)	Antonio Nelson, Jaleel Hytchye		
440 Meter Shuttle Hurdles (4 X 110m I.H. 36")	Corey Spriggs, Cameron Cole	10:32.07	2007
Pole Vault Relay (2 man)	Mitch Heusman, Jake Nusekabel		
Discus Throw Relay (2 man)	Dan Jester, Dave Jester	8:16.4	1982
Shot Put Relay (2 man)	Andy Timme, Pat Doyle		
High Jump Relay (2 man)	Mike Deyhle, Kendall Owens,	1:33.84	2008
Long Jump Relay (2 man)	Cameron Cole, Devier Posey		
	Cam Pankey, Rodriguez Coleman,	3:31.96	2011
	Jaleel Hytchye, Ethan Bokeno		
	Matt Knueven, Scott Hudepohl	1:02.10	2000
	Rob Lindeman, Jeff Krechting		
	Kelly Tenbrink, Brian Pierson	28'6"	2000
	Mark Fischer, Jim Gibson	314'6"	1993
	Mike Stuabach, Tim Berwanger	105'1"	1995
	Steve Esterkamp, Vince La Sita	12'6"	1999
	Scott Hudepohl, Brian Holthaus	40'4"	2002

FRESHMEN SCHOOL RECORDS

<u>Event</u>	<u>Name(s)</u>	<u>Mark</u>	<u>Year</u>
6400 Meter Relay	Derrick Butler, Tony Ruberg Dave Erwin, Pete Carusone	20:11.6	1996
3200 Meter Relay	Ben Devoe, Bill Keckeis Kyle Dragon, Paul Calardo	8:45.0	2001
110 Meter Hurdles	Quinn Ealy	16.25	2015
100 Meter Dash	Koy Beasley	10.95	2021
1600 Meter Run	Jay Hummel	4:33.5	1995
400 Meter Relay	Issac Green, Billy Parker Vince Harris, Leandra Walker	46.2	2004
400 Meter dash	Jaleel Hytchye	50.79 (FAT)	2010
300 Meter Hurdles	Freddie Kendall Quinn Ealy	43.5 43.65	1992 2015
800 Meter Run	Joe Marshall	2:04.46	2018
200 Meter Dash	Antonio Nelson	22.8	2009
3200 Meter Run	Allen Bader	9:44.7	1999
1600 Meter Relay	Bob Wellbrock, Mike Schuster, Gary Manx, Mike Simpkins	3:45.8	1982
High Jump	Tim Bell	6'3"	2011
Pole Vault	Aaron Dangel Alex Murray	11'6" 11'6"	1999 2010
Long Jump	Nick Jones	21'4¼"	2014
Shot Put	Josh Lutts	47'1"	2004
Discus	Linden Ayoki	142'11"	2009
800 Meter Relay	Ty Taylor, Luke Bushman, Eddie Owsley Jeremy Larkin	1:37.41	2013
800 Meter Medley Relay	Dennis Fieglien, Andy Jones, Jason Thomas, Kevin McGowan	1:45.3	1996
1600 Meter Medley Relay	Rick Stark, Mike Stevens, Tom Demeropolis, Eric Mayhaus	4:06.8	2000
4000 Meter Medley Relay	Ben Ables, Pat Metz, Derrick Butler, Pete Caruson	11:50.0	1996
Discus Relay (2)	Joe Sillis, Mike Schachleiter	212'2"	1999
Shot Put Relay (2)	Josh Lutts, Garret Celek	80'9½"	2004
Pole Vault Relay (2)	Mike Albrinck, Steve Grome Aaron Dangel, Jim Jauch	18'0" 18'0"	1986 1999
High Jump Relay (2)	Bobby Austin, Ben Martin	11'6"	2004
Long Jump Relay (2)	Ben Martin, Leandra Walker	38'1¼"	2004

LAROSA'S TRACK CLASSIC DIVISION I BOYS MEET RECORDS

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
6400 Meter Relay		La Salle	17:51	2003
3200 Meter Relay		Moeller	8:02	2003
110 Meter Hurdles	Carlos Tipton	Winton Woods	14.3	2001
100 Meter Dash	Kendall Owens	La Salle	10.5	2007
800 Meter Relay	Adam Franklin, Tyler Harmon, Tim Bell, Jaleel Hytchye	La Salle	1:29.13	2013
1600 Meter Run	Mason Ward	Colerain	4:16	1998
400 Meter Relay	Tyran Thompson, Naisr Ahmad Middletown Marc Johnson, Darrell Hunter	Princeton	42.2	2002
			42.2	2005
400 Meter dash	Nasir Ahmad	Middletown	49.5	2002
300 Meter Hurdles	Michael Bode	Milford	38.6	2002
800 Meter Run	Travis Hawes	La Salle	1:58.04(FAT)	2010
200 Meter Dash	Tyler Harmon	La Salle	21.76	2013
3200 Meter Run	Jake Nusekabel	La Salle	9:24.2	2007
1600 Meter Relay		La Salle	3:23.7	2008
High Jump	Clint Planck	Middletown	6'9"	1998
Pole Vault	Bryan Bosse	La Salle	14'7"	1993
Long Jump	Kourtney Ward	Western Hills	22'10"	1998
Shot Put	Mack Tudor	Western Brown	62'3/4"	2012
Discus	Jim Gibson	La Salle	166'9 1/2"	1993

GCL CHAMPIONSHIP MEET RECORDS

<u>Event</u>	<u>Name(s)</u>	<u>School</u>	<u>Mark</u>	<u>Year</u>
3200 Meter Relay	Ethan Bokeno, Alex Thiery Kevin Kluesener, Travis Hawes	La Salle	7:51.31(FAT)	2011
110 Meter Hurdles	Jim Ramstetter Rodriguez Coleman	Elder La Salle	14.2 MT 14.81 (FAT)	2000 2011
100 Meter Dash	Henry Young III	St. Xavier	10.66 (FAT)	2018
800 Meter Relay	Tyler Goodall, Charles Kellom Eli Kirk, Nick Allman	St. Xavier	1:28.86	2021
1600 Meter Run	Steve Padgett Michael Vitucci	La Salle St. Xavier	4:16.0 MT 4:16.41 (FAT)	2000 2014
400 Meter Relay	Jacob Williams, Tennel Bryant Karell Davis, Brandon White	Moeller	41.79	2021
400 Meter Dash	Devier Posey Jaleel Hytchye	La Salle La Salle	48.5 MT 48.71 (FAT)	2008 2012
300 Meter Hurdles	Scott Hudepohl Cory Ochs	La Salle St. Xavier	39.1 MT 39.16 (FAT)	2002 2010
800 Meter Run	Nathan Mountain	St. Xavier	1:54.15	2021
200 Meter Dash	Devier Posey Tyrall Butler	La Salle Elder	21.7 MT 22.11 (FAT)	2008 2011
3200 Meter Run	Evan Stifel	St. Xavier	9:13.10 (FAT)	2014
1600 Meter Relay	Cameron Cole, Bruce Macolm Mike Deyhle, Devier Posey	La Salle	3:22.1 MT	2008
High Jump	Ryan Fitzpatrick	Moeller	6'10"	1998
Pole Vault	Tim Roa	Elder	15'10"	2003
Long Jump	Tim Bell	La Salle	23'4½"	2013
Shot Put	Dave Foley	Roger Bacon	62'1½"	1965
Discus	Chandler Burden	La Salle	180'4"	2008

GCL TEAM CHAMPIONS

<u>Year</u>	<u>School</u>	<u>Points</u>	<u>Year</u>	<u>School</u>	<u>Points</u>
1932	Roger Bacon	50 1/3	1976	St. Xavier	63
1933	Roger Bacon	57 3/5	1977	Purcell	56
1934	Roger Bacon	74	1978	Moeller	75
1935	Purcell	?	1979	Moeller	94
1936	Purcell	83½	1980	La Salle	120½
1937	Purcell	76½	1981	Moeller	111
1938	Purcell	68	1982	Elder	138
1939	Roger Bacon	58	1983	Elder	131
1940	Roger Bacon	48½	1984	Elder	143
1941	Purcell	60½	1985	Elder	144
1942	Purcell	70½	1986	Elder	161
1943	Roger Bacon	78½	1987	Elder	144
1944	Roger Bacon	63½	1988	St. Xavier	136½
1945	Roger Bacon	59	1989	St. Xavier	146 1/3
1946	Purcell	57½	1990	Elder	144½
1947	Roger Bacon	62	1991	St. Xavier	118
1948	Roger Bacon	?	1992	La Salle	147
1949	Purcell	72 2/3	1993	La Salle (South)	135
1950	Roger Bacon	81½	1994	La Salle (South)	128
1951	Roger Bacon	88	1995	La Salle (South)	152
1952	Roger Bacon	74½	1996	La Salle (South)	145
1953	Roger Bacon	72 2/3	1997	La Salle (South)	86
1954	Roger Bacon	74	1998	La Salle (South)	72
1955	Purcell	61½	1999	La Salle (South)	77
1956	Roger Bacon	74½	2000	La Salle (South)	77
1957	Roger Bacon	83½	2001	St. Xavier (South)	81½
1958	Roger Bacon	101	2002	La Salle (South)	88
1959	Roger Bacon	104	2003	Moeller (South)	78½
1960	Roger Bacon	?	2004	Moeller (South)	93
1961	Roger Bacon	?	2005	St. Xavier (South)	74
1962	Roger Bacon	80	2006	La Salle (South)	114
1963	Purcell	73	2007	La Salle (South)	109
1964	Roger Bacon	76	2008	La Salle (South)	85
1965	Roger Bacon	63½	2009	Elder (South)	90
1966	Roger Bacon, Purcell	64	2010	La Salle (South)	106
1967	Purcell	55½	2011	La Salle (South)	108
1968	Purcell	60 5/6	2012	La Salle (South)	84
1969	Elder	66	2013	La Salle	85
1970	Elder	52½	2014	Elder	86
1971	Roger Bacon	101	2015	La Salle	100
1972	Roger Bacon, Elder	68	2016	La Salle	99
1973	Purcell	60	2017	La Salle	103½
1974	Moeller	66½	2018	Moeller	71
1975	Moeller	66	2019	La Salle	87
			2021	St. Xavier	115½

GCL Team Championships by School

<u>Rank</u>	<u>School</u>	<u>Number</u>
1.	La Salle	22
2.	Elder	12
3.	Moeller	8
4.	St. Xavier	7

GCL RECORD SETTERS

"A listing of La Salle athletes who have held GCL Records (1963-2018)"

<u>Year</u>	<u>Name</u>	<u>Event</u>	<u>Mark</u>	<u>Years Held</u>
1965	Bob Marquet	Pole Vault	11'6"	2
1967	Joe Smith	Pole Vault	12'0"	1
1968	Joe Smith	Pole Vault	13'7"	23
1976	Kelly Kramer, Mike Jester Joe Schweke, Mark Kehl	Mile Relay	3:28.2	6
1979	Jim Payne, Bob Horton Dennis Ruhe, Jerry Hargis	440 Yard Relay	45.8	1
1980	Jim Payne, Tom Braun, Dennis Ruhe, Steve Kaiser	440 Yard Relay	44.6	2
1980	Tom Braun	300y low hurdles	38.7	3
1980	Steve Kaiser	100 Meter Dash	11.0	3
1988	Lee Heath	100 Meter Dash	10.8	4
1991	Mark Arlinghuas	Pole Vault	13'8"	2
1992	Scott Sievering, John Cipriani Mike Thoman, Noel Enneking	3200 Meter Relay	8:06.4	2
1993	Tommy Dodd	High Jump	6'6"	5
1993	Bryan Bosse	Pole Vault	14'0"	5
1993	Doug Bockenstette	1600 Meter Run	4:19.1	2
1994	Doug Bockenstette	3200 Meter Run	9:24.5	7
1994	Doug Bockenstette	800 Meter Run	1:56.1	2
1994	Scott Sievering, Dean Fulmer Brian Roller, Doug Bockenstette	3220m Relay	8:05.9	2
1995	Dean Fulmer	1600 Meter Run	4:18.8	5
1999	Steve Hamilton	110m Hurdles	14.5	1
2000	Steve Padgett	1600 Meter Run	4:16	Current
2001	Patrick Rischmann	3200 Meter Run	9:24.3	6
2002	Scott Hudepohl	300 Meter Hurdles	39.1	10
2002	Scott Hudepohl	Long Jump	22'8½"	10
2007	Jake Nusekabel	3200 Meter Run	9:22.9	7
2008	Devier Posey	400 Meter Dash	48.5	Current
2008	Chandler Burden	Discus	180'4"	Current
2008	Devier Posey	200 Meter Dash	21.7	Current
2008	Cameron Cole, Bruce Macolm Mike Deyhle, Devier Posey	1600 Meter Relay	3:22.1	Current
2011	Ethan Bokeno, Alex Thiery Kevin Kluesener, Travis Hawes	3200 Meter Relay	7:51.31 (FAT)	Current
2011	Rodriguez Coleman	110 Meter Hurdles	14.81 (FAT)	Current
2012	Tim Bell, Adam Franklin Jaleel Hytchye, Antonio Nelson	800 Meter Relay	1:29.66 (FAT)	Current
2012	Jaleel Hytchye	400 Meter Dash	48.71 (FAT)	Current
2013	Tim Bell	Long Jump	23'4½"	Current

La Salle's Notable GCL Facts

GCL Champions:	356 athletes in 106 events
GCL Record Holders:	57 athletes in 33 events
Current GCL Record Holders:	10 events
Longest GCL Record Holder	24 years by Joe Smith in the Pole Vault
Longest Event Record Held By One School:	Pole Vault for 35 years (La Salle)

GCL Athlete(s) of the Year

1974	Bob Jennings
1979	Eric Huey
1980	Eric Huey
1981	Steve Kaiser
1986	Dan Fulmer
1993	Doug Bockenstette
1994	Doug Bockenstette
1995	Dean Fulmer (Running)
1995	Tim Berwanger (Field)
2000	Steve Padgett
2001	Scott Hudepohl
2002	Scott Hudepohl (Field)
2002	Allen Bader (Running)
2003	Eric Mayhaus
2006	Julian Posey (Running)
2006	Patrick Tenbrink (Field)
2007	Devier Posey (Running)
2007	Chandler Burden (Field)
2008	Chandler Burden (Field)
2008	Devier Posey (Runing)
2010	Andrew Silber (Field)
2010	Travis Hawes (Runing)
2011	Rodriguez Coleman
2012	Jaleel Hytchye (Running)
2012	Tim Bell (Field)
2013	Tim Bell (Field)
2014	Tyler Harmon (Running)
2015	Adam Franklin (Running)
2015	Jordan Thompson (Field)
2016	Robbie Oswald (Field)
2016	Frank Pierce (Running)
2017	Cameron Willis (Field)
2017	Tyler Richardson (Running)
2018	Ryan Smith (Field)
2018	Jack Lowry (Running)

STADIUM RECORDS

3200 Meter Relay		La Salle	7:51.31	2011
110 Meter Hurdles	Malik Beverly	Northwest	14.09	2016
100 Meter Dash	Henry Young III	St. Xavier	10.66	2018
800 Meter Relay		Withrow	1:28.60	2016
1600 Meter Run	Mason Ward	Colerain	4:16.0	1998
	Steve Padgett	La Salle	4:16.0	2000
400 Meter Relay		Moeller	41.79	2021
400 Meter dash	Devier Posey	La Salle	48.5	2008
300 Meter Hurdles	Beandys Green	Lawrence North	38.1	2003
800 Meter Run	Nathan Mountain	St. Xavier	1:54.15	2021
200 Meter Dash	Tyler Harmon	La Salle	21.76	2013
3200 Meter Run	Evan Stifel	St. Xavier	9:13.10	2014
1600 Meter Relay		La Salle	3:22.1	2008
High Jump	Ryan Fitzpatrick	Moeller	6'10"	1998
Pole Vault	Tim Roa	Elder	15'10"	2003
Long Jump	Tim Bell	La Salle	23'4½"	2013
Shot Put	Mack Tudor	Western Brown	62'¾"	2012
Discus	Chandler Burden	La Salle	180'4"	2008

CINCINNATI DISTRICT SCHOOLS CITY RECORDS

100 Meter Dash	Mario Allmon	Princeton	10.48	1990
200 Meter Dash	Mario Allman	Princeton	21.08	1990
400 Meter dash	Cedric Powell	Roger Bacon	47.24	2002
800 Meter Run	Dustin Horter	Lakota East	1:50.73	2018
1600 Meter Run	Dustin Horter	Lakota East	4:03.40	2018
3200 Meter Run	Dustin Horter	Lakota East	8:48.62	2018
110 Meter Hurdles	Glenn Terry	Sycamore	13.48	1989
300 Meter Hurdles	Glenn Terry	Sycamore	36.38	1988
400 Meter Relay	Dominic Williams, Miles Baldwin DeVohn Jackson, Jamiel Trimble	Northwest	41.28	2013
800 Meters Relay	Rashaun O'Neal, Aaron Shannon, Jamario Scott, Kymari Gates	Withrow	1:26.02	2015
1600 Meter Relay	Corey Blake, Joe Booker, Bryon Toran, Maurice Norman	Winton Woods	3:15.42	2007
3200 Meter Relay	Michael Hall, Brad Eagan Evan Stifel, Michael Vitucci	St. Xavier	7:36.33	2014
High Jump	Jeff Ross	Lakota	7½"	1979
Pole Vault	Robbie Oswald	Elder	16'9"	2016
Long Jump	Calvin Bostic	Forest Park	24'2¾"	1989
Shot Put	Jess Adamson	Georgetown	63'5¾"	2013
Discus	Mack Tudor	Western Brown	206'4"	2012

GREATER CINCINNATI ALL CITY TRACK & FIELD AWARDS

COACH OF THE YEAR AWARD

1980	Mike Page
1992	Frank Russo
1993	Frank Russo
1994	Frank Russo
1995	Frank Russo
2008	Frank Russo
2011	Frank Russo

ATHLETE OF THE YEAR AWARD

1991	Mark Arlinghaus
1994	Doug Bockenstette
1995	Dean Fulmer
2000	Steve Padgett
2008	Chandler Burden
2011	Rodriguez Coleman, Ethan Bokeno

FIRST TEAM ALL CITY SELECTION

1976	Jay Huey	Two Mile Run
1980	Eric Huey	1600 Meter Run
1980	Eric Huey	3200 Meter Run
1984	Keith Reganhard	300 Meter Hurdles
1988	Lee Heath	100 Meter Dash
1989	Mike Albrinck	Pole Vault
1989	Mike Berwanger	Discus Throw
1991	Mark Arlinghaus	Pole Vault
1993	Jim Gibson	Discus Throw
1993	Mark Fischer	Shot Put
1993	Bryan Bosse	Pole Vault
1993	Doug Bockenstette	1600 Meter Run
1994	Doug Bockenstette	1600 Meter Run
1994	Doug Bockenstette	3200 Meter Run
1994	Scott Sievering	3200 Meter Relay
1994	Dean Fulmer	3200 Meter Relay
1994	Brian Roller	3200 Meter Relay
1994	Doug Bockenstette	3200 Meter Relay
1995	Tim Berwanger	Discus Throw
1995	Tim Berwanger	Shot Put
1997	John Ditullio	400 Meter Dash
1998	Derrick Butler	3200 Meter Run
1998	Geoff Ziegler	Shot Put
2000	Steve Padgett	3200 Meter Run
2001	Dan Albrinck	Pole Vault
2001	Patrick Rischmann	3200 Meter Run
2002	Allen Bader	1600 Meter Run
2002	Dan Mink	3200 Meter Relay
2002	Allen Bader	3200 Meter Run
2002	Jason Beck	3200 Meter Relay
2002	Alen Bader	3200 Meter Relay
2002	Eric Mayhaus	3200 Meter Relay
2003	Eric Mayhaus	3200 Meter Run

SECOND TEAM ALL CITY SELECTION

1973	Joe Jester	440 Yard Dash
1993	Doug Bockenstette	3200 Meter Run
1993	Jim Gibson	Shot Put
1993	Mark Fischer	Discus Throw

2003	Eric Mayhaus	3200 Meter Relay
2003	Dan Mink	3200 Meter Relay
2003	Jason Beck	3200 Meter Relay
2003	Bill Keckeis	3200 Meter Relay
2004	Mike Chia	Pole Vault
2004	Bill Keckeis	1600 Meter Run
2006	Patrick Tenbrink	Pole Vault
2007	Devier Posey	200 Meter Dash
2007	Jake Nusekabel	3200 Meter Run
2008	Devier Posey	400 Meter Dash
2008	Devier Posey	200 Meter Dash
2008	Devier Posey	100 Meter Dash
2009	Josh Dangel	Pole Vault
2010	Rodriquez Coleman	110 hurdles
2010	Andrew Silber	Pole Vault
2011	Travis Hawes	3200 Meter Relay
2011	Jaleel Hytchye	3200 Meter Relay
2011	Kevin Kluesener	3200 Meter Relay
2011	Andrew Silber	Pole Vault
2012	Jaleel Hytchye	200 Meter Dash
2012	Pole Vault	Ben Vidourek
2012	Jaleel Hytchye	100 Meter Dash
2015	Jordan Thompson	Shot Put
2017	Jaylen Hasan	800 Meter Run
2018	Cameron Willis	High Jump
2019	Darryl Hubbard	110 Meter Hurdles
2021	Orlando Wyatt Jr	800 Meter Relay
2021	Tyreeq Sanders	800 Meter Relay
2021	B. J. Ross	800 Meter Relay
2021	Timiko Jackson	800 Meter Relay
2021	Orlando Wyatt Jr.	400 Meter Relay
2021	GiBran Payne	400 Meter Relay
2021	Tyreeq Sanders	400 Meter Relay
2021	Koy Beasley	400 Meter Relay

SECOND TEAM ALL CITY SELECTION

1994	Dean Fulmer	3200 Meter Run
1994	Tommy Dodd	High Jump
1995	Alex Jones	Pole Vault
2016	Quinn Ealy	300 Meter Hurdles

GREATER CINCINNATI ALL CITY TRACK & FIELD AWARDS
HONORABLE MENTION ALL CITY

1973	Gary Schwartz	Mile Relay	1988	Rob Roellig	3200 Meter Relay
1973	Mike Page	Mile Relay	1988	Keith Jester	3200 Meter Relay
1973	Joe Jester	Mile Relay	1989	Mike Berwanger	Shot Put
1974	Bob Jennings	220 Yard Dash	1990	Rob Heckler	1600 Meter Run
1975	Mike Schneider	Shot Put	1990	Rob Heckler	3200 Meter Run
1975	Mark Brown	Mile Relay	1990	Mark Arlinghaus	Pole Vault
1975	Kelly Cramer	Mile Relay	1991	Jim Gibson	Discus Throw
1975	Tom Wirth	Mile Relay	1991	Rob Heckler	1600 Meter Run
1975	Bill Holt	Mile Relay	1991	Ty Douthard	1600 Meter Relay
1979	Eric Huey	Mile Run	1991	Mike Thoman	1600 Meter Relay
1979	Eric Huey	Two Mile Run	1991	John Cipriani	1600 Meter Relay
1980	Steve Kaiser	200 Meter Dash	1991	Bret Schnieber	1600 Meter Relay
1980	Tom Braun	300 Meter Hurdles	1992	Jim Gibson	Shot Put
1980	Eric Huey	800 Meter Run	1992	Mark Fischer	Discus
1981	Tom Braun	300 Meter Hurdles	1992	Jim Gibson	Discus
1981	Tom Braun	110 Meter Hurdles	1992	Bryan Bosse	Pole Vault
1981	Steve Kaiser	200 Meter Dash	1992	Mike Thoman	800 Meter Run
1984	Rob Pfeifer	3200 M. Relay	1992	Doug Bockenstette	1600 Meter Run
1984	Tim Pfeifer	3200 M. Relay	1992	Dave Padgett	3200 Meter Run
1984	Bill Feuchter	3200 M. Relay	1993	Mike Thoman	400 Meter Dash
1984	Jerry Kombrinck	3200 M. Relay	1993	Scott Sievering	1600 Meter Run
1981	Dan Jester	800 Meter Run	1993	Dave Padgett	3200 Meter Run
1983	Dan Jester	3200 Meter Relay	1993	Dean Fulmer	3200 Meter Run
1983	Steve Findley	3200 Meter Relay	1993	Tim Berwanger	Shot Put
1983	Rob Pfeifer	3200 Meter Relay	1993	Tommy Dodd	High Jump
1984	Darryl Eddings	Long Jump	1993	Doug Bockenstette	3200 Meter Relay
1985	Bill Feuchter	800 Meter Run	1993	Scott Sievering	3200 Meter Run
1985	Greg Hancock	Shot Put	1993	Dean Fulmer	3200 Meter Relay
1985	Jim Herrmann	Pole Vault	1993	Mike Thoman	3200 Meter Relay
1985	Bill Feuchter	3200 Meter Relay	1994	Tim Berwanger	Shot Put
1985	Kevin Honold	3200 Meter Relay	1994	Tim Berwanger	Discus
1985	Dan Fulmer	3200 Meter Relay	1994	Scott Sievering	800 Meter Run
1985	Jerry Kombrinck	3200 Mete Run	1994	Doug Bockenstette	800 Meter Run
1986	Dan Fulmer	1600 Meter Run	1996	John Ditullio	400 Meter Dash
1986	Dan Fulmer	3200 Meter Run	1996	Mike Harmeyer	3200 Meter Relay
1986	Frank Angst	Discus Throw	1996	Derrick Jackson	3200 Meter Relay
1987	Lee Heath	100 Meter Dash	1996	Chris Hoeffer	3200 Meter Relay
1987	Lee Heath	200 Meter Dash	1996	John Ditullio	3200 Meter Relay
1987	David Gunn	1600 Meter Run	1996	Alex Jones	Pole Vault
1987	Dan Fulmer	1600 Meter Run	1996	Wiz White	100 Meter Dash
1987	Dan Fulmer	3200 Meter Run	1997	Jason Angst	Discus
1987	Scott Fearn	3200 Meter Relay	1998	Chris Hoeffer	800 Meter Run
1987	Chris Lienhart	3200 Meter Relay	1999	Steve Esterkamp	High Jump
1987	Rob Roellig	3200 Meter Relay	1999	Geoff Ziegler	Shot Put
1987	Keith Jester	3200 Meter Run	2000	Brian Pierson	Pole Vault
1988	Chris Lienhart	1600 Meter Run	2000	Kelly Tenbrink	Pole Vault
1988	Mike Albrinck	Pole Vault	2000	Allen Bader	1600 Meter Run
1988	Scott Fearn	3200 Meter Relay	2000	Steve Padgett	3200 Meter Relay
1988	Chris Lienhart	3200 Meter Relay	2000	Joe Lutz	3200 Meter Relay

GREATER CINCINNATI ALL CITY TRACK & FIELD AWARDS
HONORABLE MENTION ALL CITY

2000	Nala Voeum	3200 Meter Relay	2008	Devier Posey	1600 Meter Relay
2000	Allen Bader	3200 Meter Relay	2008	Cameron Cole	1600 Meter Relay
2001	Scott Hudepohl	Long Jump	2008	Josh Dangel	Pole Vault
2001	Allen Bader	1600 Meter Run	2008	Ryan Brodbeck	Shot Put
2002	Jason Beck	1600 Meter Run	2008	Ryan Brodbeck	Discus
2002	Scott Huedpohl	Long Jump	2010	Ethan Bokeno	3200 Meter Relay
2003	Eric Mayhaus	1600 Meter Run	2010	Travis Hawes	3200 Meter Relay
2003	Kyle Dragan	3200 Meter Relay	2010	Alex Thiery	3200 Meter Relay
2004	Kyle Dragan	3200 Meter Run	2010	Kevin Kluesener	3200 Meter Relay
2005	Pat Tenbrink	Pole Vault	2010	Travis Hawes	1600 Meter Run
2006	Julian Posey	200 Meter Dash	2010	Ethan Bokeno	800 Meter Run
2006	Julian Posey	400 Meter Dash	2011	Devon Steagall	800 Meter Relay
2006	Mitchell Huesman	1600 Meter Run	2011	Antonio Nelson	800 Meter Relay
2006	Kyle Lang	1600 Meter Run	2011	Jeleel Hytchye	800 Meter Relay
2006	Jake Nueskabel	3200 Meter Run	2011	Rodriguez Coleman	800 Meter Relay
2006	Isaac Green	400 Meter Relay	2011	Travis Hawes	1600 Meter Run
2006	Kendall Owens	400 Meter Relay	2011	Davon Steagall	1600 Meter Relay
2006	LeMar Robinson	400 Meter Relay	2011	Jaleel Hytchye	1600 Meter Relay
2006	Vince Harris	400 Meter Relay	2011	Rodriguez Coleman	1600 Meter Relay
2006	Isaac Green	800 Meter Relay	2011	Ethan Bokeno	1600 Meter Relay
2006	Devier Posey	800 Meter Relay	2012	Tim Bell	High Jump
2006	Vince Harris	800 Meter Relay	2013	Tyler Harmon	800 Meter Relay
2006	Julian Posey	800 Meter Relay	2013	Jeremy Larkin	800 Meter Relay
2006	Garrett Celek	Discus	2013	Tim Bell	800 Meter Relay
2006	Isaac Green	Long Jump	2013	Adam Franklin	800 Meter Relay
2006	Patrick Tenbrink	Pole Vault	2013	Tim Bell	Long Jump
2007	Ricky Steele	110 Meter Hurdles	2013	Alex Murray	Pole Vault
2007	Mitchell Heusmann	1600 Meter Run	2014	Zach Allaben	Discus
2007	Ricky Lupp	1600 Meter Run	2015	Jordan Thompson	Discus
2007	Devier Posey	400 Meter Dash	2016	Jaylen Hasan	3200 Meter Relay
2007	Corey Spriggs	800 Meter Run	2016	Brad Anneken	3200 Meter Relay
2007	Devier Posey	200 Meter Dash	2016	Nick Wuestefeld	3200 Meter Relay
2007	Kyle Lang	3200 Meter Run	2016	Frank Pierce	3200 Meter Relay
2007	Chandler Burden	Discus	2016	Jaylen Hasan	800 Meter Run
2007	Ryan Brodbeck	Discus	2016	Luke Doerger	Discus
2007	Isaac Green	Long Jump	2017	Cameron Willis	High Jump
2007	Chandler Burden	Shot Put	2017	Quinn Ealy	300 Meter Hurdles
2007	Kevin Kluener	Pole Vault	2017	Quinn Ealy	1600 Meter Relay
2007	Andy Dittgen	Pole Vault	2017	Jaylen Hasan	1600 Meter Relay
2007	Devier Posey	800 Meter Relay	2017	Logan Montgomery	1600 Meter Relay
2007	Andre Cole	800 Meter Relay	2017	David Williams	1600 Meter Relay
2007	Nate Jones	800 Meter Relay	2018	Nick Vogt	1600 Meter Run
2007	Isaac Green	800 Meter Relay	2018	Darryl Hubbard	300 Meter Hurdles
2008	Kendall Owens	100 Meter Dash	2018	David Williams	800 Meter Run
2008	Sean Comer	1600 Meter Run	2019	Jabari Neal-Jackson	Shot Put
2008	Bruce Malcom	1600 Meter Relay			
2008	Ryan Watts	1600 Meter Relay			

PRE SEASON HONORS

Nike Indoor Classic

1999 Steve Padgett	2 mile run 4th 9:22.51	2001 Allen Bader 4 mile relay 3rd 18:13.86
2000 Steve Padgett	2 mile run 5th 9:10.97	Kevin Wright, Garrett Grogan, Pat Rischman

National Scholastic Indoor Championships

2002 4 mile relay	3rd 18:03.61	Jason Beck, Eric Mayhaus, Kyle Dragon, Allen Bader
2003 4 mile relay	5 th 18:04.82	Eric Mayhaus, Kyle Dragan, Dan Heister, Bill Keckeis

POST SEASON HONORS

Midwest Meet of Champion

1993 Bryan Bosse Pole Vault	5th 14'6"	1995 Dean Fulmer 3200m run 3rd 9:24.0
1994 Doug Bockenstette 3200m run	1 st 9:03.25	2002 Allen Bader 1600m run 1st 4:15.35

National Scholastic Outdoor Track & Field Championship

1995 Dean Fulmer Two Mile	6th 9:07.78	2003 4 Mile Relay 5 th 17:45.19 Jason Beck,
1995 Tim Berwanger Discus	4th 170'0"	Kyle Dragan, Dan Mink, Eric Mayhaus
1995 Tim Berwanger Shot Put	5th 56'10 $\frac{1}{4}$ "	2004 Bill Keckeis 2000 Steeplechase 8 th 6:14.72
1995 Dean Fulmer Mile Run	6th 4:20	2007 Jake Nusekabel 5,000 Meter Run 7 th 15:05.93

Golden West Invitational

2000 Steve Padgett 3200m run	3rd 8:54.90
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USATF Junior National Outdoor Track & Field Championships

1994 Doug Bockenstette 5000m run	3rd 14:44.72	1995 Dean Fulmer 5000m run 3rd 14:59.04
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Nationally Ranked Marks (Top 25 only)

1994 Doug Bockenstette 3200m run	9:03.25 8th	1995 Dean Fulmer 5000m run 14:59.04 1st
1994 Doug Bockenstette 1600m run	4:10.14 17th	2000 Steve Padgett 3200m run 8:54.90 7th
1994 Doug Bockenstette 3200 relay	7:52.70 19th	2002 Allen Bader 3200 relay 7:50.19 18th
S. Sievering, D. Fulmer, B. Roller		Dan.Mink, Jason Beck, Eric Mayhaus
1994 Doug Bockenstette 5000m run	14:44.72 1st	

Division I College Financial Aid Recipients

1980	Eric Huey	Bradley	2001	Dan Albrinck	Cincinnati
1985	Bill Feuchter	Louisville	2002	Allen Bader	North Carolina State
1987	Dan Fulmer	Bowling Green	2002	Scott Hudepohl	Miami
1988	Lee Heath	Tennessee	2003	Eric Mayhaus	Cincinnati
1989	Mike Albrinck	Cincinnati	2003	Jason Beck	Air Force
1989	Mike Berwsnger	Miami	2004	Kyle Dragan	Cincinnati
1993	Bryan Bosse	Miami	2004	Bill Keckeis	Cincinnati
1993	Dave Padgett	Miami	2005	Dan Heister	Xavier
1993	Mike Thoman	Miami	2006	Pat Tenbrink	Duke
1994	Doug Bockenstette	Tennessee	2007	Kyle Lang	Cincinnati
1994	Scott Sievering	Cincinnati	2007	Ricky Lupp	Cincinnati
1995	Dean Fulmer	Alabama	2007	Mitchell Heusmann	Miami
1995	Tim Berwanger	Cincinnati	2008	Chandler Burden	Kentucky
1998	Chris Hoeffer	Cincinnati	2009	Josh Dangel	Eastern Michigan
1999	Geoff Ziegler	Bowling Green	2011	Travis Hawes	Xavier
1999	Dennis Fieglien	Cincinnati	2011	Kevin Kluesener	Dayton
2000	Steve Padgett	Michigan State	2011	Alex Thiery	Miami
2000	Kelly Tenbrink	Miami	2014	Tim Bell	Kent State
2000	Pat Rischmann	Xavier			
2000	Brian Pierson	Cincinnati			

NCAA Finalists (La Salle graduates who have qualified to the finals of NCAA Division I Track & Field)

Mike Berwanger	Miami University	Discus	Sixth Place	187'6"	1994
Mike Albrinck	University of Cincinnati	Pole Vault	Thirteenth Place	17'3/4"	1994
Josh Dangel	University of Cincinnati	Pole Vault	Seventh Place	17'8 1/2"	2013

Nike Web Nationals-Nike Track Nationals

In 2008, La Salle participated in the Nike Web Nationals, an event designed to compare teams from around the United States. The Lancers finished second in the Midwest Regional behind Warren Central and tenth in the country in the National Ranking won by Desert Vista, Arizona. In 2010, Nike decided to take the eight regional winners and four at-large teams to Portland to compete for a national title. La Salle finished 27th in the National rankings in 2010 with 7704 points.

How did it work? Well, each team's best mark in the following events was accepted: 100m, 400m, 100/110m hurdles, mile/1500/1600, 2 mile/3000m/3200m, pole vault, high jump, long jump, shot put, and discus throw. Each mark was tallied for an overall point total, which is comparable to any team across the country.

Was it "like a decathlon?" Only in the sense that there are 10 events and a rough maximum of 1,000 points per event, but the calculation of values is unique to NWN.

Decathlon scoring is based on a theoretical calculation of degree of effort to achieve different performance levels. The NWN point table is built in reference to the national record and the DyeStat Elite cutoff for an event. The national record at the start of NWN (2005) is given a value of 1,000 points. The Dye Stat Elite cutoff in 2005 is assigned a value of 700. All other performances are interpolated by calculating the value of an inch or a second in the 300 point difference between the national record and the DyeStat Elite cutoff. An average performance tends to settle in the 400-500 point range, but it varies somewhat for different events. The 1000-point and 700-point performance levels are not changed from the initial values due to the value of having year-to-year comparisons. Thus, if someone beats the national record that existed in 2005, they would get more than 1,000 points.

Here were the top three for the Midwest Region:

<u>Rank</u>	<u>School</u>	<u>State</u>	<u>Points</u>	<u>National Ranking</u>
1.	Warren Central	Indiana	7869	7th
2.	Cincinnati La Salle	Ohio	7828	10th
3.	East Kentwood	Michigan	7804	12 th

Here were the top ten nationally:

<u>Rank</u>	<u>School</u>	<u>State</u>	<u>Points</u>
1.	Desert Vista	Arizona	8430
2.	Los Gatos	California	8190
3.	Vista Murrieta	California	8107
4.	Mision Viejo	California	7921
5.	Davis	Utah	7893
6.	Dana Hills	California	7881
7.	Warren Central	Indiana	7869
8.	Altoona	Pennsylvania	7841
9.	Mooreville	North Carolina	7835
10.	La Salle	Ohio	7828

GCL PIONEERS

“A Listing of La Salle’s First GCL Champions in Each Event”

<u>Event</u>	<u>Name</u>	<u>Year</u>	<u>Mark</u>
High Jump	John Hasselbeck	1971	5'8"
Pole Vault	Jim Catanzaro	1964	10'9"
Long Jump	Tom Brown	1980	20'3"
Shot Put	Ed Mayer	1963	47'8"
Discus	Jerry Slageter	1984	143'5"
3200 Meter Relay	Scott Fearn, Rob Roellig	1987	8:17.9
	Chris Lienhart, Keith Jester		
120 Yard High Hurdles	Tom Braun	1981	15.3
110 Meter High Hurdles	Bret Schnieber	1991	15.6
100 Yard Dash	Frank Weisgerber	1964	10.6
100 Meter Dash	Steve Kaiser	1980	11.0
Mile Run	Lou Marquet	1963	4:42.5
1600 Meter Run	Dan Fulmer	1986	4:26.9
440 Yard Relay	Jim Payne, Bob Horton	1979	45.8
	Dennis Ruhe, Jerry Hargis		
400 Meter Relay	Christian Botts, Dennis Fieglien	1999	44.0
	Robbie Liston, Jason Thomas		
440 Yard Dash	Joe Jester	1973	52.3
400 Meter Dash	Mike Thoman	1993	50.4
300 Yard Low Hurdles	Tom Braun	1980	38.7
300 Meter Low Hurdles	Dave Jester	1982	39.4
300 Meter Intermediate Hurdles	Bret Schnieber	1991	40.1
880 Yard Run	Eric Huey	1979	2:02.3
800 Meter Run	Bill Feuchtner	1985	2:00.2
220 Yard Dash	Mike Kramer	1963	23.3
200 Meter Dash	Lee Heath	1987	22.9
Two Mile Run	Mike Martin	1971	9:42.4
3200 Meter Run	Dan Fulmer	1986	9:53.1
Mile Relay	Greg Tedesco, Rick Davis	1963	3:40.9
	Jim Kesse, Paul Arzsman		
1600 Meter Relay	Mike Thoman, John Cipriani,	1992	3:29.7
	Ty Douthard, Todd Efkeman		

REGIONAL PIONEERS

“A Listing of La Salle’s First Regional Champions By Event”

<u>Event</u>	<u>Name</u>	<u>Year</u>	<u>Mark</u>
1600 Meter Run	Doug Bockenstette	1994	4:17.89
3200 Meter Run	Dan Fulmer	1986	9:32.73
3200 Meter Relay	Doug Bockenstette, Dean Fulmer	1993	8:05.6
	Scott Sievering, Mike Thoman		
Discus	Mike Berwanger	1989	158'11"
Shot Put	Mark Fischer	1993	56'9"
Pole Vault	Mark Arlinghaus	1991	14'0"

STATE PIONEERS

“A Listing of La Salle’s First State Champions By Event”

<u>Event</u>	<u>Name</u>	<u>Year</u>	<u>Mark</u>
1600 Meter Run	Doug Bockenstette	1994	4:10.14
3200 Meter Run	Doug Bockenstette	1994	9:07.50
Pole Vault	Mark Arlinghaus	1991	14'6"
4 X 800 Relay (Travis Hawes, Jaleel Hythyne, Kevin Kluesener, Ethan Bokeno)	2011		7:46.74

DISTRICT PIONEERS

“A Listing of La Salle’s First District Champions By Event”

<u>Event</u>	<u>Name</u>	<u>Year</u>	<u>Mark</u>
Pole Vault	Joe Smith	1968	12'6"
Long Jump	Darryl Eddings	1984	22½"
High Jump	Steve Esterkamp	1999	6'6"
Shot Put	Dave La Fary	1973	52'5¼"
Discus	Jerry Slageter	1984	149'4"
3200 Meter Relay	Bill Feuchter, Dan Jester, Rob Pfeifer, Dave Jester	1983	8:14.8
100 Meter Dash	Lee Heath	1988	10.9
Mile Run	Mike Martin	1971	4:27.8
1600 Meter Run	Eric Huey	1980	4:26.5
440 Yard Dash	Joe Jester	1973	50.2
400 Meter Dash	Christian Beck	1999	50.7
800 Meter Run	Bill Feuchter	1985	1:58.2
220 Yard Dash	Bob Jennings	1974	22.8
200 Meter Dash	Lee Heath	1988	22.1
Two Mile Run	Eric Huey	1978	9:48.5
3200 Meter Run	Eric Huey	1980	9:37.7
Mile Relay	Stan Wellbrock, Mike Page Gary Schwartz, Joe Jester	1973	3:23.9

HISTORIC FIRSTS REGIONAL

First Athlete to Qualify for Regionals	John Bosse	Shot Put	1966	
First Running Event to Qualify to Regionals	Bob Heim	880 Yard Run	1967	
First Relay Team to Qualify to Regionals	Tom Wirth	Mile Relay	1975	
Kelly Kramer, Bill Holt, Mark Brown				
First Field Event to Qualify for Regional	John Bosse	Shot Put	1966	
First Athlete to Score at Regional	Jay Huey	Two Mile Run	1975	6 th
First Field Event to Score at Regional	Tom Marquet	Pole Vault	1971	5th
First Relay Team to Score at Regionals		Mile Relay	1970	6th
Bob Conrad, Bill Frederick, Greg Moore, Mike Young				
First Running Event to Score at Regional	Mike Martin	Two Mile Run	1970	2nd
First Athlete to Win a Regional Title	Dan Fulmer	3200 Meter Run	1986	
First Field Event Regional Champion	Mike Berwanger	Discus	1989	
First Relay Regional Champions		3200 Meter Relay	1993	
Doug Bockenstette, Dean Fulmer, Scott Sievering, Mike Thomas				
First Running Event Regional Champion	Dan Fulmer	3200 Meter Run	1986	

STATE

First Athlete to Qualify to State	Mike Martin	Two Mile Run	1970	
First Field Event to Qualify to State	Jerry Slageter	Discus	1984	
First Relay Team to Qualify to State		Mile Relay	1975	
Kelly Cramer, Bill Holt, Mark Brown, Tom Wirth				
First Running Event to Qualify to State	Mike Martin	Two Mile Run	1970	
First Athlete to Score at State	Jay Huey	Two Mile Run	1976	6th
First Field Event to Score at State	Mike Berwanger	Discus	1989	4 th
First Relay Team to Score at State		3200 Meter Relay	1994	4th
Brian Roller, Dean Fulmer, Scott Sievering, Doug Bockenstette				
First Running Event to Score at State	Jay Huey	Two Mile Run	1976	6th
First Athlete to Win a State Title	Mark Arlinghaus	Pole Vault	1991	
First State Title in a Running Event	Doug Bockenstette	1600 Meter Run	1994	

SCHOOL RECORD PIONEERS

"La Salle's First Known (Verified) Varsity School Records"

120 Yard High Hurdles	Barry Driscoll	16.8	1964
100 Yard Dash	Mike Kramer	10.7	1963
Mile Run	Lou Marquet	4:41.1	1963
880 Yard Relay	Mike Kramer, Jim Kesse, Rich Rodenburg, Frank Weisgerber	1:36.7	1963
440 Yard Dash	Paul Arzsman	54.9	1963
180 Yard Low Hurdles	Tom Herrmann	23.1	1963
880 Yard Run	Bob Hafer	2:16	1963
220 Yard Dash	Mike Kramer	23.3	1963
Mile Relay	Greg Tedesco, Dick Davis, Jim Kesse, Paul Arzsman	3:38.8	1963
High Jump	Rick Schrand	5'9"	1963
Long Jump	Paul Arzsman	18'10"	1963
Discus	Jerry Grier	130'0"	1963
Pole Vault	Jim Catanzaro	10'0"	1963
Two Mile Run	Steve Schmutte	10:38	1966
330 Yard Low Hurdles	Jeff Hoelker	40.9	1978
440 Yard Relay	Jim Payne, Bob Horton, Dennis Ruhe, Jerry Hargis	44.6	1979
110 Meter High Hurdles	Eric Klein	15.9	1980
100 Meter Dash	Steve Kaiser	11.0	1980
1600 Meter Run	Eric Huey	4:26.5	1980
400 Meter Relay	Jim Payne, Tom Braun, Dennis Ruhe, Steve Kaiser	44.7	1980
400 Meter Dash	Dan Jester	51.5	1981
800 Meter Run	Dan Jester	1:58.4	1981
300 Yard Low Hurdles	Andy Kennedy	41.8	1979
300 Meter Low Hurdles	Tom Braun	38.7	1980
300 Meter Intermediate Hurdles	Jason Zanitsch	43.2	1987
200 Meter Dash	Steve Kaiser	22.5	1980
3200 Meter Run	Eric Huey	9:24.6	1980
1600 Meter Relay	Tom Braun, Tom Brown, Eric Huey, Steve Kaiser	3:33.3	1980
3200 Meter Relay	Pat Doyle, Andy Timme, Jeff Braun, Dan Jester	8:14.6	1982

SCHOOL RECORDS IN YARDS

"La Salle's School Records in Events No Longer Contested in Regular Season Competition"

120 Yard High Hurdles	Greg Schrenker	15.2	1976
100 Yard Dash	Steve Brown	10.0	1978
Mile Run	Eric Huey	4:18.1	1980
880 Yard Relay	Mark Brown, George Walton, Steve Brown, Jerry Bonvallain	1:31.9	1976
440 Yard Relay	Jim Payne, Bob Horton. Dennis Ruhe, Jerry Hargis	44.6	1979
440 Yard Dash	Joe Jester	50.2	1973
180 Yard Low Hurdles	Jerry Bonvallain	20.5	1976
330 Yard Low Hurdles	Jeff Hoelker	40.9	1978
300 Yard Low Hurdles	Andy Kennedy	41.8	1979
300 Meter Low Hurdles	Keith Reganhard	38.36	1984
880 Yard Run	Eric Huey	1:58.9	1980
220 Yard Dash	Mark Brown	22.5	1976
Two Mile Run	Eric Huey	9:23.4	1979
Mile Relay	Stan Wellbrock, Mike Page, Gry Schwartz, Joe Jester	3:23.9	1973

All Time Top Ten Career Best Event Rankings in Yards

120 Yard High Hurdles

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>
1.	15.2	1976	Greg Schrenker
2.	15.2	1978	Bob Straus
3.	15.4	1980	Eric Klein
4.	15.8	1967	Gary Nabor
5.	16.0	1967	Dave Truax
	16.0	1977	Pat Garibey
7.	16.1	1979	Dave Klem
	16.1	1974	Mike Schroeck
9.	16.7	1968	Dan Meyer
10.	16.7	1975	Mark Hartinger
	16.7	1975	Tom Hasselbeck

440 Yard Dash

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	
1.	50.2	1973	Joe Jester	DIS 1st
2.	50.5	1977	Mark Kehl	SEC 2nd
3.	50.6	1981	Steve Kaiser	GCL 1st
4.	50.8	1976	Mike Jester	CHR 1st
5.	50.9	1975	Kelly Cramer	LBB
6.	51.7	1980	Tom Brown	GCL 1st
7.	52.0	1978	Jeff Hoelker	SEC 3rd
	52.1	1970	Mike Young	VSR
	52.1	1971	Bill Frederick	DIS (p)
10.	52.5	1973	Stan Wellbrock	BES 4th
	52.5	1975	Mark Brown	STR 6th
	52.5	1975	Bill Holt	SEC 4th

100 Yard Dash

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>
1.	10.0	1977	Steve Brown
2.	10.1	1974	Bob Jennings
	10.1	1976	George Walton
4.	10.2	1965	Frank Weisgerber
	10.2	1971	Bill Frederick
	10.2	1976	Mark Brown
	10.2	1975	Dale Schibi
8.	10.3	1975	Tom Worth
	10.3	1976	Jerry Bonvallain
	10.3	1977	Chris CAssen
	10.3	1964	Mike Kramer

880 Yard Dash

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>	
1.	1:58.9	1980	Eric Huey	CHR 1st
2.	1:59.5	1978	Tim Breen	SEC 3rd
3.	2:00.1	1976	Tom Wagner	STR 3rd
4.	2:02.0	1971	Mike Martin	WHT 1st
5.	2:02.1	1971	Mark Young	SEC 3rd
6.	2:03.2	1970	Russ Martin	VSR
7.	2:03.6	1967	Bob Heim	DIS 2nd
8.	2:04.5	1965	Mike Kraft	VSR

220 Yard Dash

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>
1.	22.6	1974	Mark Brown
2.	22.7	1974	Bob Jennings
3.	22.8	1976	George Walton
	22.8	1978	Steve Brown
5.	23.0	1973	Joe Jester
	23.0	1974	Tom Wirth
7.	23.2	1977	Mark Kehl
	23.2	1980	Tom Brown
9.	23.3	1963	Mike Kramer
	23.3	1965	Mike Murphy
	23.3	1975	Dale Schibi

Mile Run

1.	4:18.1	1980	Eric Huey
2.	4:22.0	1971	Mike Martin
3.	4:22.62(FAT)	2002	Allen Bader
4.	4:29.5	1971	Russ Martin
5.	4:30.4	1976	Jay Huey
6.	4:33.7	1978	Steve Groh
7.	4:35.6	1973	Jim Roy
8.	4:35.9	1980	Henry Mazella
9.	4:36.0	1976	Tom Wagner

180 Yard Low Hurdles

<u>Rank</u>	<u>Mark</u>	<u>Year</u>	<u>Athlete</u>
1.	20.6	1975	Mark Hartinger
2.	20.8	1976	Jerry Bonvallain
3.	21.0	1975	Rick Reckner
4.	21.7	1974	Mike Schroeck
5.	22.2	1977	Pat Garibay
6.	22.3	1975	Greg Schrenker
7.	22.5	1965	Dan Louder
8.	22.9	1975	Mike Carr
	22.9	1977	Andy Kennedy
10.	23.1	1963	John Hermann

Two Mile Run

1.	9:07.78 (FAT)	1995	Dean Fulmer
2.	9:10.97(FAT)	2000	Steve Padgett
2.	9:23.6	1979	Eric Huey
3.	9:26.4	1976	Jay Huey
4.	9:38.0	1971	Russ Martin
5.	9:39.8	1970	Mike Martin
6.	9:55.0	1977	Steve Groh
7.	10:03.9	1977	Rob Schweitzer
8.	10:16.0	1979	Tom Cucinotta
9.	10:26.0	1977	Mike Heckler
	10:26.9	1978	Henry Mazella

All Time Top Ten Career Best Event Rankings in Yards

440 Yard Relay (4 X 110y)

1.	44.5	1976	Steve Brown, George Walton, Mark Brown, Jerry Bonvallain	VSR	
2.	44.6	1979	Jimmy Payne, Bob Horton, Dennis Ruhe, Jerry Hargis	SEC	2nd
	44.6	1980	Jimmy Payne, Tom Braun, Dennis Ruhe, Steve Kaiser	GCL	1st
4.	44.9	1975	Rick Reckner, Mark Brown, Dale Schibi, Tom Wirth	BES	1st
5.	45.1	1974	Rick Reckner, Mark Brown, Bob Jennings, Tom Wirth	OTN	4-14
6.	45.2	1981	Tom Braun, Chris Smith, Paul Burger, Steve Kaiser	OTN	4-12
7.	45.8	1978	Steve Brown, Bob Horton, Jim Schmidt, Jerry Hargis	BES	3 rd
8.	46.0	1977	Steve Brown, George Walton, Chris Cassan, Bob Horton	BES	5 th
9.	46.2	1971	Steve Schmidt, Doug Gutherie, Dan LeBar, Bill Frederick	OTN	4-10
	46.2	1978	Dennis Ruhe, Rick Stark, Tom La Rosa, Jim Payne	RSR	

880 Yard Relay (4 X 220y)

1.	1:31.9	1976	Mark Brown, George Walton, Steve Brown, Jerry Bonvallain	DIS	Pre.
2.	1:32.9	1975	Mark Brown, Rick Reckner, Bill Holt, Dale Schibi	SEC	1st
3.	1:33.0	1973	Mike Page, Tom Wirth, Schwartz, Ricke	SEC	2nd
4.	1:33.0	1974	Rick Reckner, Bill Holt, Tom Wirth, Mike Schroock	SEC	3rd
5.	1:33.4	1975	Dale Schibi, Tom Wirth, , Mark Brown, Bill Holt	GCL	2nd
6.					
7.					
8.					
9.					
10.					

Mile Relay (4 X 440y)

1.	3:23.9	1973	Stan Wellbrock, Mike Page, Gary Schwartz, Joe Jester	SEC	1st
2.	3:26.4	1975	Kelly Cramer, Bill Holt, Mark Brown, Tom Wirth	DIS	4th
3.	3:27.2	1976	Kelly Cramer, Mike Jester, Joe Schwencke, Mark Kehl	CHR	1st
4.	3:27.4	1974	Bill Holt, Mark Brown, Tom Wirth, Kelly Cramer	SEC	2nd
5.	3:28.6	1976	Mark Brown, Steve Brown, George Walton, Jerry Bonvallain	SEC	Prelims
6.	3:29.1	1977	Jeff Hoelker, Mark Kehl, Jim Flemming, Steve Brown	OTN	5-23
7.	3:30.2	1970	Bob Conrad, Bill Frederick, Greg Moore, Mike Young	DIS	4th
8.	3:32.2	1975	Bill Holt, Mark Brown, Tom Wirth, Kelly Cramer	STR	5 th
9.	3:36.5	1978	Mark Kehl, Jeff Hoelker, Jim Flemming, Steve Brown	BES	2 nd
10.	3:37.6	1967	Rick Jones, Kevin Suder, Ken Barlag, Bob Heim	CAV	DNS

2019 Meet Schedule/Results

Date	Meet	Teams Entered	Meet Record	Points	Season Record
3/23/2019	Legends Classic	13	12-0	110	12-0
3/27/2019	Skyline Open	9	7-1	126½	19-1
4/6/2019	Coaches Classic (Ross)	12	10-1	79½	29-2
4/12/2019	Harrison Invitational	15	14-0	112	43-2
4/16/2019	Vince Mercure Colerain Invitational	11	10-0	172	53-2
4/26/2019	Ross Invitational	14	13-0	109	66-2
5/3/2019	Rod Russell Mason Invitational	27	21-5	51	87-7
5/8-10//2019	GCLS Championships	4	3-0	87	90-7
<u>5/15-17/2019</u>	<u>District Championships</u>	14	13-0	111	<u>103-7</u>
5/22-24//2021	Regional Championships	37	15th	16	103-7
5/30-31/2021	State Championships	78	0-0	0	103-7

2021 Meet Schedule/Results

Date	Meet	Teams Entered	Meet Record	Points	Season Record
3/27/2021	Legends Classic	19	17-1	89	17-1
3/31/2021	Skyline Open	10	7-2	70	24-3
4/10/2021	Spurlock Princeton Inv.	8	6-1	85	30-4
4/16/2021	Greg Zuleger Harrison Invitational	15	7-7	40 $\frac{3}{4}$	37-11
4/20/2021	Vince Mercure Colerain Invitational	7	5-1	131	42-6
4/23-20/21	Golden Baton Relays	6	2-3	93	44-9
4/30/2021	Ross Invitational	14	11-2	81	55-11
5/6/2021	Best of the West	13	7-5	73 $\frac{1}{2}$	62-16
5/12-14//2021	GCLS Championships	4	0-3	27	62-19
<u>5/19-21/2021</u>	<u>District Championships</u>	<u>16</u>	<u>11-4</u>	<u>64</u>	<u>73-23</u>
5/26-28//2021	Regional Championships	44	12 th	15	73-23
6/4-5/2021	State Championships	84	16th	10	73-23